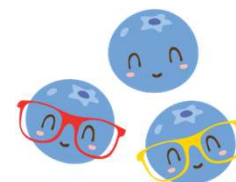


Estell Manor School
Pre-K BREAKFAST MENU
October 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			Maple Waffles 1	Cinnamon Chex 2
Cinnamon Toast Crunch 5	Yogurt & Graham Crackers 6	Apple Cinnamon Cheerios 7	Maple Waffles 8	Cinnamon Chex 9
No School 12	Yogurt & Graham Crackers 13	Apple Cinnamon Cheerios 14	Maple Waffles 15	Cinnamon Chex 16
Cinnamon Toast Crunch 19	Yogurt & Graham Crackers 20	Apple Cinnamon Cheerios 21	Maple Waffles 22	Cinnamon Chex 23
Cinnamon Toast Crunch 26	Yogurt & Graham Crackers 27	Apple Cinnamon Cheerios 28	Maple Waffles 29	Cinnamon Chex 30

WHAT MAKES IT A MEAL!

Pre-K students are served the three following components for school breakfast.

- Whole Grain
- Fresh Fruit or Cupped
- 1% White Milk

Fruit Selection

Fresh or Cupped Fruit

Milk Selection

1% White Milk

Rachel Adams
Food Service Director
(609) 476-2267 ext. 6
est@nsfm.com

Breakfast Prices

Student \$1.90
Adult \$2.35

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz