



NORTHGATE ELEMENTARY LUNCH

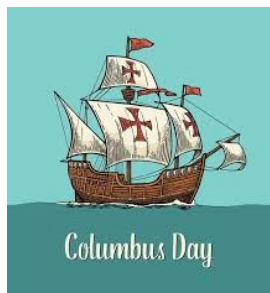
ALL STUDENT MEALS ARE FREE

OCTOBER 2026



MEAL REQUIREMENTS

Must select at least 3 of the 5 offered components: Meat/Meat Alternative; Grain; Veggie; Fruit; Milk
ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!



1

- 1) Teriyaki Chicken
- 2) Vegetable Dumplings
Fried Rice
- 3) Turkey & Cheese Sub
- 4) PB & J Sandwich

2

- 1) Pepperoni Pizza
- 2) Cheese Pizza
Hot Vegetable
- 3) Peppi Salad
w/Flatbread
- 4) PB & J Sandwich
JUICE

5

- 1) Hot Dog
- 2) Vegetarian Texas
Chili/Chips
Fries
- 3) Grilled Chicken Wrap
- 4) PB & J Sandwich

6

- 1) Cheese Pizza
- 2) Chicken Patty
Hot Vegetable
- 3) Crispy Chicken
Salad/Roll
- 4) PB & J Sandwich
JUICE

7

- 1) Bosco Sticks
w/Dipping Sauce
- 2) Hummus/Vegetable
Flatbread
Fries
- 3) Grilled Chicken Wrap
- 4) PB & J Sandwich

8

- 1) Walking Taco
- 2) Pasta w/Tomato Sauce
Roll
Hot Vegetable
- 3) Ham/Cheese Sandwich
- 4) PB & J Sandwich

9

- 1) Pepperoni Pizza
- 2) Cheese Pizza
Hot Vegetable
- 3) Crispy Chicken
Salad w/Roll
- 4) PB & J Sandwich
JUICE

12

NO
SCHOOL

13

- 1) Mini Corn Dogs
- 2) Cheese Pizza
Fries
- 3) Chef Salad/Flatbread
- 4) PB & J Sandwich
JUICE

14

- 1) Chicken & Waffles
- 2) Huli Huli Chicken
Hot Vegetable
- 3) Hummus/Flatbread
- 4) PB & J Sandwich

15

- 1) Chicken Patty
- 2) Indian Butter Chicken
Hot Vegetable
- 3) Turkey & Cheese Sub
- 4) PB & J Sandwich

16

- 1) Pepperoni Pizza
- 2) Cheese Pizza
Roasted Potatoes
- 3) Chef Salad/Flatbread
- 4) PB & J Sandwich
JUICE

19

- 1) Chicken Tenders/Roll
- 2) Vegetarian Texas
Chili
Fries
- 3) Turkey & Cheese
Sandwich
- 4) PB & J Sandwich

20

- 1) Creamy Mac-N-Cheese
w/Roll
- 2) Cheese Pizza
Hot Vegetable
- 3) Grilled Chicken Wrap
- 4) PB & J Sandwich
JUICE

21

- 1) Breakfast For Lunch
Pancakes & Cheesy Eggs
- 2) Channa Masala
Sweet Potatoes
- 3) Hummus/Vegetables
Flatbread
- 4) PB & J Sandwich

22

- 1) Popcorn Chicken w/Roll
- 2) Vegetable Dumplings
Hot Vegetable
- 3) Turkey & Cheese Sub
- 4) PB & J Sandwich

23

- 1) Pepperoni Pizza
- 2) Cheese Pizza
Hot Vegetable
- 3) Crispy Chicken Salad
w/Roll
- 4) PB & J Sandwich
JUICE

26

- 1) Beef Nachos
w/Chips
- 2) Vegetarian Crumble
w/Chips
Rice
- 3) Ham/Cheese
Sandwich
- 4) PB & J Sandwich

27

- 1) Chicken Drumsticks/Roll
- 2) Cheese Pizza
Mashed Potatoes
- 3) Garden Salad
w/Flatbread
- 4) PB & J Sandwich
JUICE

28

- 1) Grilled Cheese
- 2) Huli Huli Sweet
Chicken
Sweet Potato Fries
- 3) Hummus/Vegetables
Flatbread
- 4) PB & J Sandwich

29

- 1) Cheeseburger
- 2) Chicken Curry/Roll
Hot Vegetable
- 3) Garden Salad/Flatbread
- 4) PB & J Sandwich

30

- 1) Pepperoni Pizza
- 2) Cheese Pizza
Hot Vegetable
- 3) Egg Salad Sandwich
- 4) PB & J Sandwich
JUICE