



Hopkinton HS Menu: October 2026



Every student is entitled to one reimbursable breakfast and one reimbursable lunch each school day. Please note that additional items—including extra entrees, a la carte snacks, individual milks, non-reimbursable meals, and adult meals—are not included in the Universal Free Meal Program and will be billed separately.

For any food allergies, please ensure documentation is on file with both the school nurse and the School Nutrition Director, mcondakes@hopkinton.k12.ma.us

Pricing: Student Reimbursable Breakfast/Lunch: Free

Milk Only: \$0.75

Non-reimbursable Meal: \$3.50

Adult Breakfast: \$2.00; Adult Lunch: \$5.50

Available Daily: Pizza Station, Salad Bar, Pre-Made Salads/Wraps/Sandwiches(Grab n Go), Hot Slide Items **(View Alternative Meal Menu for Weekly Selections)**

Please regularly view menus on [MealViewer](#) for updates, nutritional information and allergy alerts

Alternate Menu Week #	Monday	Tuesday	Wednesday	Thursday	Friday
#1	Harvest of the Month: Pears 			1. North Shore Beef Sandwich Spicy Curly Fries	2. Homemade NY Pizza Cheese, Super Veggie Spicy Carrot Salad
VG				Garden Griller Burger	Cheese or Veggie Pizza
GF				North Shore Beef on GF Bun	GF Pizza
#2	5. “NY Deli” Italian, Turkey, Buffalo Chicken Lettuce, Tomato, Onion, Pickle Crudite w/ Hummus, Lay’s Chip	6. Chicken Fajitas Bowl Fajita Vegetables Gallo Pinto (Rice n’ Beans) Sour Cream/ Guac	7. Pasta Bar Meat Sauce or Vegetable Primavera Cheese Filled Breadstick Side Caesar Salad	8. Crispy Chicken BLT Seasoned Sidewinder Fries Broccoli Salad	9. Homemade NY Pizza Cheese, BBQ Chicken Pear Roasted Vegetable Orzo Salad
VG	Caprese Sandwich	Fajita Veggie Tofu Bowl	Vegetable Primavera	Plant Based “Chic” Patty Sand.	Cheese Pizza
GF	GF Deli Sandwich	Main Entree	GF Pasta Entree w/ GF Roll	GF Grilled Chicken BLT	GF Pizza
#3	12. No School Columbus day	13. Lasagna Roll Up Chicken Meatballs Side Greek Salad Texas Toast	14. Steak and Cheese Sub Roasted Carrot Fries Warm Pear Crisp	15. General Tso Chicken Vegetable Lo Mein Chinese Style Vegetables Fortune Cookie	16. Homemade NY Pizza Cheese or Margherita Pumpkin Pie Hummus w/ Scooby Grahams Side Garden Salad w/ Italian
VG		Entree w. veg Meatballs	Spicy Black Bean Burger	Honey Garlic Tofu	Cheese or Veggie Pizza
GF		GF Pasta w/ Meatballs	GF Steak and Cheese	Honey Garlic Tofu w/ brown rice	GF Pizza
#1	19. Breakfast for Lunch Dutch Waffle w/ Berry Sauce Western Frittata Tater Tots	20. Grilled Chicken Caesar Salad Plain or Buffalo Garlic Knot	21. Beef Nachos Mexican Corn and Black Beans Jalapeno Cheddar Cornbread Sour Cream/ Guac/ Fresh Pico	22. Popcorn Chicken Bowl Fresh Dinner Roll	23. Homemade NY Pizza Cheese, Pepperoni Roasted Seasonal Squash
VG	Entree w/ Veg Frittata	Caesar Salad w/ Veg. “Chic” Patty	Black Bean Nachos	Veggie Nugget Bowl	Cheese or Veggie Pizza
GF	GF Pancakes w/ Frittata	GF Entree w/ GF Roll	Main Entree	GF Tenders	GF Pizza
#2	26. “Fried” Chicken Drumsticks Herbed Stuffing Corn on the Cob	27. Grilled Cheese Minestrone Soup Pear Mandarin Spinach Salad	28. Mac and Cheese Veggie Mac or Plain Garlic Green Beans	29. Burger Bar Sweet Potato Fries Cucumber & Tomato Salad	30. Homemade NY Pizza Cheese, Spinach and Feta Chickpea Salad Chocolate Cake w. Frosting
VG	Plant Based “Chic” Patty Sand	Main Entree	Main Entree	Cauliflower Burger	Cheese or Veggie Pizza
GF	GF Roasted Drumstick	GF Grilled Cheese w. GF soup	GF Pasta w/ Cheese Sauce	GF Burger Bar	GF Pizza

This institution is an equal opportunity provider.

