EDDINGTON SCHOOL NEWS

CALENDAR

ANNOUNCEMENTS

LUNCH MENU



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BIRTHDAYS



PRINCIPAL`S CORNER

Newsletter Incentive

September 25, 2026

🦅 Week 4: Growing, Planning & Looking Ahead!

What another great week at Eddington Elementary! Our students and staff continue to settle into routines, build relationships, and make great progress as we move through the school year. It has been wonderful to see so much learning, laughter, and Eagle Pride throughout our school!

📊 SRSS Assessments

Our SRSS (Student Risk Screening Scale) assessments are wrapping up! Staff are finishing these assessments now, with the process scheduled to be completed by Friday, October 2. This information will help us better understand student needs and identify ways we can provide support early and effectively.

📚 Book Fair & 🎶 Winter Concerts

We are also beginning to make plans for some exciting events later this year! A school book fair is in the works, and we are starting to look ahead at dates and logistics for our winter concerts. More information will be shared with families as plans are finalized.

🎃 PreK Field Trip on October 13

We are excited for our upcoming field trip to Country Pumpkins in Corinth on Tuesday, October 13! PreK students will have an opportunity to enjoy a fun fall experience with their classmates and teachers. Additional details regarding schedule, transportation, and what students should bring were recently shared with families. Please remember to return your completed form to your child's teacher.

📅 Pre-K Schedule Reminder

Please note that there will be no Pre-K classes on Thursday, October 1, or Friday, October 2, due to Safety Care training sessions for staff. We appreciate our Pre-K families making alternate arrangements for these two days and thank you for your understanding and flexibility.

🦅 Eagle Stickers

A limited number of Eagle Stickers are awarded each week and students who receive a sticker are entered into a weekly prize drawing. If your child brings home an Eagle Sticker, please help us celebrate them by asking them how they earned it! The winner of this weeks' drawing is: Isabel Robertson.

Thank you to our students, staff, and families for another wonderful week. We appreciate everything you do to make Eddington Elementary such a positive place to learn and grow!

Go Eagles! 🦅💜

Matthew Zavala
Principal
Eddington Elementary School

Newsletter word of the week: apple

Curriculum Corner



Back to School Tips for Success!

Dear Families,

As we start another new school year together, we are so excited to have everyone back, and to welcome our new students and families. The classrooms are busy, and the students are engaged and interacting with the teachers and one another. To help our students and families have the most successful year possible; we have provided a few useful tips here:

Set Goals Together:
Encourage your child to set personal and academic goals. Maybe establish a small reward plan, like a sticker a day, and a week's worth of stickers earns a little treat. This can foster a sense of ownership over the course of their learning journey.

Create a Home Study Space:
Designate a quiet, well-lit area for homework and studying. This can be a fun space to decorate together. A dedicated home learning space can enhance focus and productivity and help build student confidence for completing tasks in a timely manner.

Establish a Routine:
Create a consistent daily schedule that includes time for homework, independent reading, and play time with friends and siblings. Routine helps students feel organized and helps them keep tasks manageable.

Stay Engaged:
As parents/guardians, ask your student(s) about their day, attend school events, participate in parent-teacher meetings, and communicate regularly with your child(ren)'s teacher to stay informed and hear all the great things happening during the school day.

Together let's make it a great year!

Sheila Caldwell
Superintendent of Schools
Director of Curriculum and Instruction

Dear Families,

As we settle back into our school routines, we are beginning our district and state assessments. These assessments help us better understand student learning, inform our instruction, and identify students who may benefit from additional support.

i-Ready Inform District Assessments

Students will first complete their i-Ready Inform district assessments in Reading and Math. These assessments will be administered from **September 8 – 22, 2026**. While we have a longer testing window to make sure every student has enough time to complete the assessments, each assessment typically takes 1–2 class periods/sessions to complete.

NWEA and Maine Through Year Assessments

- **Grades K–2**: Students will complete their NWEA assessments.
- **Grades 3–8**: Students will complete their Maine Through Year state assessments.

These assessments will take place between **September 14 – October 23, 2026**. The extended testing window allows us time to provide make-up opportunities for students who are absent. These assessments typically take 1–2 class periods/sessions to complete.

How Can You Help at Home?

You can help your child feel prepared and confident by:

- Making sure they get a good night's sleep.
- Encouraging them to eat a healthy breakfast.
- Reminding them to take their time and carefully read each question.
- Offering positive encouragement and reminding them to simply do their best.

These assessments are just one piece of the larger picture of your child's learning. Your encouragement and support at home can make a big difference!

Thank you for your continued partnership and support. We are excited to see how much our students have grown and look forward to celebrating their progress!



Dodie's Corner

Hello RSU #63 Families!

During Eagle Time this week, we read Have You Filled a Bucket Today? By Carol McCloud. This is a wonderful book that teaches children about kindness. We learned that when we are kind to others, we fill their invisible buckets. When we do this we also fill our own buckets. Giving is better than receiving. We practiced our bucket-filling skills and colored a picture together.

We finished our time together with a Rabbit Turtle Rodeo, Danny GO movement break, and GO Noodle Melting Exercise. As always, I have attached the book, movement break, and calm down activity. I hope you enjoyed this first glorious week of fall!

Sincerely,

Ms. Dodie, LCSW

🪣 Have You Filled a Bucket Today? ✨(kids books read aloud) Bucket filler
"Rabbit Turtle Rodeo!" 🐰🐢 Fast or Slow Dance Game | Danny Go! Songs for Kids
Melting Exercise - Learn To Destress | Guided Meditation For Kids | Breathing Exercises | GoNoodle





A Note from Your New School Nurse



Hello, Families!

My name is Julianna Page, and I am excited to introduce myself as your new school nurse! I have been a school nurse for the past four years, and I truly love working with students and being part of a school community. I look forward to getting to know your children and working with all of you throughout the school year!

I wanted to share a few important health reminders to help keep our students and staff healthy:

When Should Your Child Stay Home?
Please keep your child home from school until they are:

- Fever-free (100°F or below) for 24 hours without the use of fever-reducing medication.
- Free from vomiting or diarrhea for 24 hours without medication.

These guidelines help prevent the spread of illness and allow students the time they need to fully recover before returning to school.

Medication at School
For the safety of all students, children may not transport medications to or from school themselves. Any medication that needs to be kept or administered at school must be brought to the school office by an adult and given directly to me (Julianna Page) or Mrs. Smith.

Thank you for helping us keep our school community healthy and safe! Please don't hesitate to reach out if you have any questions or concerns. I am looking forward to a wonderful school year with all of you!

Warmly,
Julianna Page, RN
School Nurse



SEPTEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 First Day of School for First Grade	2 First day of School for Kindergarten	3	4	5
6	7 Labor Day NO SCHOOL	8 PreK First Day of School	9 PTG Mtg at Holden School at 7:00 pm	10	11	12
13	14	15	16	17	18	19 PTG Fall Frolic at Holden School 11:00 am
20	21	22	23	24	25	26
27	28 Eddington School Closure Info. Session at Holden 5:30 pm School Board Mtg at Holden 6:30 pm	29	30 STUDENT ASSEMBLY 9:00 AM			



HOME



OCTOBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 SCHOOL FUNDRAISER ASSEMBLY 1:15 PM	2	3
4	5	6	7	8	9	10
11	12 HOLIDAY NO SCHOOL	13  PreK Field Trip 9:45-12:00	14 PTG Mtg at Holden School at 7:00 pm	15	16	17
18	19	20	21	22 School Picture Day 	23	24  PTG TRUNK OR TREAT AT HOLDEN SCHOOL 3:30 PM
25	26 School Board Mtg at Eddington 6:30 pm	27	28	29	30  Dental Clinic	31 





HOME

LUNCH

EDDINGTON ELEMENTARY SCHOOL
SEPTEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Emoji Waffles, Sausage Patty, Vege. Baked Beans, Fruit, Milk	2 Chicken Nuggets, Potato Stars, Corn, Fruit, Milk	3 Cheese Pizza, Carrot Sticks, Fruit, Milk	4 Turkey & Cheese WG Wrap, Cucumbers, Fruit, Milk
7 **Holiday** **No School**	8 Pancakes, Bacon, Vege. Baked Beans, Fruit, Milk	9 BBQ Chicken & Cheese WG Wrap, Corn, Fruit, Milk	10 Cheese Pizza, Salad with Spinach, Tomatoes, Cucumbers, Fruit, Milk	11 Cheeseburger, Smiley Fries, Fruit, Milk
14 French Toast Sticks, Sausage Patty, Vege. Baked Beans, Fruit, Milk	15 Grilled Cheese, Tomato Soup, Goldfish, Fruit, Milk	16 Soft Tacos with Beef, Cheese, Salsa, Spinach, Fruit, Milk	17 Cheese Pizza, Carrot Sticks, Fruit, Milk	18 Ham & Cheese on WG Bread, Chips, Fruit, Milk
21 Ham, Egg & Cheese Breakfast Wrap, Vege. Baked Beans, Fruit, Milk	22 Fish Sticks, Potato Wedges, Fruit, Milk	23 Cheesy Chicken & Rice Bowl, Corn, Fruit, Milk	24 Cheese Pizza, Salad with Spinach, Tomatoes, Cucumbers, Fruit, Milk	25 Chicken Corn Dogs, Potato Stars, Fruit, Milk
28 Pancakes, Sausage, Vege. Baked Beans, Fruit, Milk	29 BBQ Chicken & Cheese Bowl with Mashed Potato, Fruit, Milk	30 Macaroni & Cheese, Hot Dog, Broccoli, Fruit, Milk		

Breakfast and Lunch meals are free for all students. Lowfat white milk is served with all meals. Entrée may be substituted for SunButter Sandwich.
Snack Milk or Milk for cold lunch is .50 cents/each.
WG = Whole Grain
Menu is subject to change without notification.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

LUNCH

EDDINGTON ELEMENTARY SCHOOL
OCTOBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheese Pizza, Cucumbers, Fruit, Milk	2 Fish Sticks, Potato Smiles, Fruit, Milk
5 Emoji Waffles, Sausage Patty, Vege. Baked Beans, Fruit, Milk	6 Grilled Cheese, Tomato Soup, Goldfish, Fruit, Milk	7 Cheeseburger, Smiley Fries, Fruit, Milk	8 Cheese Pizza, Carrot Sticks, Fruit, Milk	9 Chicken Nuggets, Potato Stars, Fruit, Milk
12 **Holiday** **No School**	13 SunButter, Jelly and Fruit Roll Ups, Gold Fish, Carrot Sticks, Fruit, Milk	14 Chicken Corn Dogs, Potato Stars, Fruit, Milk	15 Cheese Pizza, Spinach, Cucumber and Tomato Salad, Fruit, Milk	16 Chicken Patty on WG Bun, Cucumbers, Fruit, Milk
19 French Toast Sticks, Bacon, Vege. Baked Beans, Fruit, Milk	20 Chicken Nuggets, Corn, Fruit, Milk	21 Fish Sticks, Potato Stars, Fruit, Milk	22 Cheese Pizza, Carrot Sticks, Fruit, Milk	23 Ham & Cheese Sandwich, Chips, Fruit, Milk
26 Pancakes, Sausage Patty, Vege. Baked Beans, Fruit, Milk	27 Grilled Cheese, Tomato Soup, Goldfish, Fruit, Milk	28 Macaroni & Cheese, Hot Dog, Broccoli, Fruit, Milk	29 Cheese Pizza, Carrot Sticks, Fruit, Milk	30 Cheeseburger, Chips, Fruit, Milk

Breakfast and Lunch meals are free for all students. Lowfat white milk is served with all meals. Entrée may be substituted for SunButter Sandwich.
Snack Milk or Milk for cold lunch is .50 cents/each.
WG = Whole Grain
Menu is subject to change without notification.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

EDDINGTON ELEMENTARY
WEEKLY BREAKFAST MENU 2025-2026

MONDAY
MUFFIN OR CEREAL
FRUIT
MILK

TUESDAY
BAGEL OR CEREAL
JUICE
FRUIT
MILK

WEDNESDAY
BREAKFAST BAR
OR CEREAL
FRUIT
MILK

THURSDAY
YOGURT OR CEREAL
FRUIT
MILK

FRIDAY
BAGEL OR CEREAL
JUICE
FRUIT
MILK

myschoolbucks.com
View Current Balances
Receive low balance email alerts
Add money to your student accounts
Set It & Forget It... automatic payments
Register for your FREE account today!
A service of Heartland Payment Systems, Inc. A service fee is charged only when a payment is made.

HAPPY BIRTHDAY

September

Carsyn Cormier	Sept. 4	Kindergarten
Archer Sirois	Sept. 4	Kindergarten
Zoey Whitmore	Sept. 6	Kindergarten
Eliott Watters	Sept. 6	First Grade
Kit Maniscalco	Sept. 23	PreK
Link Maniscalco	Sept. 23	PreK
Jaxon Woodard	Sept. 28	Kindergarten

HOME

NEWSLETTER INCENTIVE

Last weeks' incentive winner drawing is Bodhi Maskay from Mrs. DeRoche's class.

DON'T FORGET TO CLICK THE INCENTIVE LINK IN THE PRINCIPAL'S CORNER TO ENTER.

Announcements & Events

Dismissal:
Please notify the office and your child's teacher of any dismissal changes BEFORE 2:00 pm (except in cases of emergencies). This helps us get everyone home safely!

Parents:
It is imperative that you send a change of clothing in your child's backpack. Children get wet or need to change clothes for a variety of reasons and we currently don't have many extra clothes in the office. Thank you.

Parent Volunteer Application

Parents who are interested in volunteering in the classroom, chaperoning field trips or joining us for our end of the year field day must fill out the volunteer form every school year. Please click on the link below to access the application. Please note a background check will be completed and you must be approved before volunteering. Return completed forms to Kelly in the office.

CLICK HERE

School Visitors

For safety purposes, any visitor must report to the office immediately upon entry into the building. They will need to sign the visitor log binder, and they will receive a visitor tag. The visitor tag must be worn and visible at all times while they are in the building. When they leave, the visitor must return the visitor tag to the secretary and sign out in the binder. Thank you for helping keep our school safe!

Morning Arrival

If kindergarten or first grade students are dropped off before 8:15 am, they need to be walked down to the outside playground. They may be dropped off at the front door ONLY if they are getting a school breakfast.

Parent/Student Handbook

The handbook can be found on our District website or by using the following link:

2026-2027 Handbook

IMPORTANT NOTICE

SCHOOL BUS

NO SCHOOL FOR PREK

On Thursday, October 1st and Friday, October 2nd there will be NO SCHOOL for just the PreK students. The PreK team: Ms. Leland, Mrs. Davis, Mrs. Soucy and Miss Morghan, will be getting Safety Care trained on these 2 days.

Please plan accordingly!

RSU 63 PTG

EDDINGTON EAGLES · HOLDEN PANTHERS · HOLBROOK RED DEVILS

RSU #63 Parent Teacher Group supports our schools through fundraising, family-friendly events, and community-building activities that bring students, families, teachers, and our community together.

Our goal is to help make our schools an even more engaging and connected place for everyone!

Find out what we're up to

Volunteers welcome

RSU 63 PTG 2026-2027 EVENTS

- Aug 27 — School Supply Drive @ Open House
- Sept 9 — 1st PTG Meeting - Holden Library @ 7pm
- Sept 19 — Fall Frolic - Holden School @ 11am
- Oct 14 — PTG Meeting - Holden @ 7pm
- Oct 24 — Trunk-or-Treat - Holden @ 3:30pm
- Nov 3 — Election Day Bake Sale - Town Office
- Nov 9 — Fundraiser @ Miguel's @ 5pm
- Nov 18 — PTG Meeting - Holden @ 7pm
- Dec 11 — Holiday Family Dance - Holden @ 5pm
- Jan 13 — PTG Meeting - ZOOM
- Jan 28 — Bogey's Fundraiser @ 3-9pm
- Feb 10 — PTG Meeting - Holden @ 7pm
- Mar 8 — Mason's Fundraiser @ 5-9pm
- Mar 10 — PTG Meeting - Holden @ 7pm
- Apr 3 — Family Glow Dance - Holden @ 4-5:30pm
- Apr 14 — PTG Meeting - Holden @ 7pm
- May 3 — Teacher Appreciation Week

Join our RSU #63 PTG Facebook Group

Join Us For Our 2026 Annual RSU #63 PTG

Trunk or Treat

SATURDAY OCT. 24TH

TRUNK OR TREAT

CANDY !

HOLDEN ELEMENTARY SCHOOL

590 MAIN RD., HOLDEN

3:30PM - 5:00PM

FUNDRAISER FOR THE

Holden Garden Club

Join us at the Holden Fall Frolic on Saturday, September 19th or shop online at HoldenGardenClub.square.site

Scan here to shop

Scan here to check out our Facebook page

HOLBROOK REC SOCCER

PRE-K TO K · INFO · 1ST TO 6TH GRADE

SATURDAYS — WEDNESDAYS & SATURDAYS

FALL 2026 SEASON

SEPTEMBER 5TH TO OCTOBER 17TH, 2026

TIMES: TBD

HOLBROOK MIDDLE SCHOOL FIELDS

SIGN UPS ARE OPEN!!!

Sign up at www.holbrookrec.com

For more info, call or email Brent at 207-949-6703 or brentmcguirefarm@gmail.com

NO EXPERIENCE NEEDED · LOOKING FOR VOLUNTEER COACHES

FOLLOW HOLBROOK REC ON FACEBOOK FOR UPDATES!

HOME

bruins academy

learn to play

presented by PURE HOCKEY

For a registration fee of $225, the program includes:

- A full set of equipment to keep. Valued at $550 retail.
- A professional personalized fitting led by Pure Hockey's fit experts.
- Four weeks of on-ice instruction led by certified coaches.

Please note, players must have some prior skating experience before the start of the Boston Bruins Learn to Play program.

This program is intended to help players learn the fundamentals of ice hockey in order to participate in a Boston Bruins Learn to Play before. Players must be kids ages 5-8 at the time of registration.

Your set of equipment includes:

- Elbow Pads
- Neck Guard
- Equipment Bag
- Shin Guards
- Hockey Gloves
- Shoulder Pads
- Hockey Pants
- Skates
- Ice Hockey Helmet w/ cage
- Socks
- Stick
- Jersey

LEARN TO SKATE/LEARN TO PLAY SESSION 1

Brewer Youth Hockey

INFERNO EMBERS

2026-27

LEARN TO SKATE & LEARN TO PLAY

Maine Inferno Girls Hockey

www.maineinfernohockey.org

Arrival / Dismissal Procedures 2026-2027

Arrival

For Kindergarten and 1st Grade students arriving between 8:00-8:15 am

- Drop off in the morning will be at 8:00 am. When students arrive at school they are to go directly to the playground behind the school unless there's inclement weather. Please dress your child appropriately for the existing weather conditions. If there is inside recess there will be a sign outside by the front door indicating inside recess and therefore students may be dropped off through the front door.

For Prek students arriving between 8:00-8:30 am

- Drop off your student at the front door where Ms. Leland and Mrs. Davis will greet them.

Any student arriving after the stated times above should enter through the front door and check in with Mrs. Smith.

Dismissal

Pick up by vehicle (or parents walking)

- Park your vehicle in our parking lot in front of the School. Walk up to the front door and your child will be brought out to you. Students will be released at 2:30 pm. Please be extremely careful when driving out of the parking lot as many children and parents will be walking to their cars.

School Bus Safety Reminder for Parents & Students

Please remember that the **school bus danger zone** is the area **within 12 feet of the bus**, where drivers may not always be able to see children clearly.

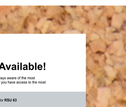
Parents, please review these important safety rules with your children:

- ✓ Stay at least **5 giant steps** away from the bus
- ✓ **Make eye contact** with the driver before crossing
- ✓ **Wait for the driver's signal** before crossing the road **You always need thumbs up!**
- ✓ **Never play on sawmbanks or near the roadway**
- ✓ **Never pick up dropped items** — tell the driver instead

! Important Reminder for Families of Students in Grade 3 and Below:
While **parent or guardian presence is required for bus drop-off,** we **strongly encourage parents to also be present at bus pick-up** whenever possible. Younger students are especially vulnerable to hazards such as sawmbanks, icy footing, and traffic visibility issues.

Staying alert, following bus safety rules, and working together helps keep every child safe.

Safety starts with awareness and teamwork — thank you for helping us keep our students safe!



RSU 63 App Now Available!

Download the **RSU 63** app today to ensure you are always aware of the most important news, announcements, calendar events, and you have access to the most current community directory.

Go to the Apple App Store or Google Play and search for **RSU 63**

App Store · Google Play

CONTACT INFORMATION

EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM`S FAMILY WEBPAGE!

PRE-K KINDERGARTEN 1ST GRADE

Seesaw Seesaw ClassDojo

STAFF EMAILS

Front Office
Principal Zavala: mzavala@rsu63.org
Mrs. Smith: kjsmith@rsu63.org
Nurse Page: jpage@rsu63.org

Classroom Teachers
Pre-K:
Ms. Leland: aleland@rsu63.org
Mrs. Davis: kdavis@rsu63.org

Kindergarten:
Mrs. Alley: jalley@rsu63.org
Mrs. DeRoche: bderoche@rsu63.org

First Grade:
Mrs. Saucier: hsaucier@rsu63.org
Mr. Seip: jseip@rsu63.org

Additional Services
Special Services: dfarrell@rsu63.0rg
Speech Therapy: kkaram@rsu63.org
Occupational Therapy: rhiggins@rsu63.org
Literacy Intervention: gmalm@rsu63.org

Specialists
Art: mireland@rsu63.org
PE: msagehorn@rsu63.org
Music Enrichment: nkavin@rsu63.org
Library: nkavin@rsu63.org
School Counselor: dsmith@rsu63.org

HOME