

September 28th	September 29th	September 30th	October 1st	October 2nd
Featured Menu Gluten-Free Grilled Cheese Sandwich* Grilled Cheese Sandwich Tomato Soup 1% Milk Chocolate Milk Grill Bosco Sticks Breaded Chicken Sandwich Cheeseburger Chicken Nuggets Hamburger Spicy Chicken Sandwich Curly Fries Waffle Fries Quest Chocolate Chip Cookie Cinnamon Roll Ketchup Cup Sauce Buffalo Wing	Featured Menu Cheese Quesadilla Chicken Tacos Supreme Cilantro Lime Rice Orange Wedges Pico de Gallo Shredded Lettuce Grill Bosco Sticks Breaded Chicken Sandwich Cheeseburger Chicken Nuggets Hamburger Spicy Chicken Sandwich Curly Fries Waffle Fries Quest Chocolate Chip Cookie Cinnamon Roll Ketchup Cup Sauce Buffalo Wing	Featured Menu Spaghetti & Meat Sauce Spaghetti Marinara Roasted Zucchini & Yellow Squash Apple Slices Cantaloupe Grill Bosco Sticks Breaded Chicken Sandwich Cheeseburger Chicken Nuggets Hamburger Spicy Chicken Sandwich Curly Fries Waffle Fries Quest Chocolate Chip Cookie Cinnamon Roll Ketchup Cup Sauce Buffalo Wing	Featured Menu Beyond Chicken Tenders Chicken Tenders Hot & Spicy Breaded Chicken Tenders Seasoned Corn	Featured Menu BBQ Cheese Pizza Cheese Pizza Garden Salad - Side
October 5th	October 6th	October 7th	October 8th	October 9th
Featured Menu Buttered Penne Pasta Chicken Alfredo Pasta Whole Grain Sweet Wheat Rolls Steamed Broccoli	Featured Menu Pancakes Vegetarian Breakfast Sausage Patty Chicken Sausage Patty Banana Blueberries, Fresh (MTO) Whole Strawberries Syrup Sliced Green Peppers	Featured Menu Crispy Chicken Salad Garlic Parmesan Bosco Stick with Marinara Steamed Broccoli Mini Soft Pretzel	Featured Menu Beef Taco Bowl Cheese Quesadilla Homemade Spanish Rice Pico de Gallo	Featured Menu Cheese Pizza Vegetable Pizza Ranch Roasted Broccoli Orange Wedges
October 12th	October 13th	October 14th	October 15th	October 16th
Featured Menu Hot Dog on a Gluten Free Bun* All Beef Hot Dog Vegetable, Pita & Hummus Snack Pack Roasted Sweet Potatoes Sweet Potato Fries	Featured Menu French Toast Vanilla Yogurt Hash Brown Triangles Sliced Green Peppers Banana Whole Strawberries Syrup	Featured Menu Penne Marinara Cheesy Garlic Breadstick Seasoned Green Beans Sugar Cookies	Featured Menu Chicken Parmesan Bowl Cheesy Garlic Breadstick Plain Pasta California Vegetable Blend Cantaloupe Chunks	Featured Menu Cheese Pizza Cheese Pizza Slice Pepperoni & Jalapeno Pizza Pepperoni Pizza Seasoned Green Beans Banana Orange Wedges

Menus are subject to change. View complete school menus including allergen and nutrition information at <https://myschoolquest.com/field-middle-school>

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, EGGS OR UNPASTEURIZED MILK MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

This program follows USDA School Nutrition guidelines. Our institution is an equal opportunity provider.

October 19th	October 20th	October 21st	October 22nd	October 23rd
Featured Menu Hamburger Pizza Burger Veggie Burger Maple Roasted Carrots Sliced Yellow Onion Tomato Slices	Featured Menu Strawberry Waffles Sunbutter & Jelly Sandwich Seasoned Breakfast Potatoes Banana	Featured Menu Cheesy Beef Nachos Cheese Nachos Pico de Gallo Seasoned Black Beans Pineapple & Mango Salsa Salsa Shredded Lettuce	Featured Menu Orange Chicken Bowl Sunbutter & Jelly Sandwich Vegetable Fried Rice Roasted Cabbage & Peppers Fortune Cookie	Featured Menu Caesar Salad Cheese Pizza Cheese Pizza Slice Hawaiian Pizza Orange Wedges Pineapple

October 26th	October 27th	October 28th	October 29th	October 30th
Featured Menu Cheesy Meatball Sub (K-8) Bosco Stick Steamed Green Beans Marinara Sauce	Featured Menu Bacon, Egg & Cheese English Muffin Egg & Cheese English Muffin Sunbutter & Jelly Sandwich Tater Tots	Featured Menu Macaroni & Cheese Ranch Roasted Broccoli Whole Apple	Featured Menu Cheese Pizza Cheese Pizza Slice Pepperoni & Jalapeno Pizza Pepperoni Pizza Seasoned Green Beans Banana Orange Wedges	