

OCTOBER 2026

Lunch \$0.00 Reduced \$0.00 Extra Milk \$1.05 Extra Entrée \$2.00 Adult \$5.50

Kinawa Middle School menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1 Fish sticks
Meatless chicken nuggets
Baked Beans
Tater tots

2 Chicken Quesadilla
Cheese Quesadilla
Salsa cup

5 Grilled Chicken Breast
Veggie Nuggets
Mash potatoes
Mixed Veggie

6 Pasta with meat sauce
Marinara
Breadstick

7 Waffles
Turkey Sausage
Veggie sausage
Hash Brown rounds

8 Tangerine chicken
Fried Rice
Oriental Veggies

9 Grilled Cheese
Tomato soup

12 Ham and Cheese
Croissant
Veggie sausage patties
Biscuits
Tater tots

13 Chicken nuggets
Veggie nuggets
Mash potatoes
Gravy

14 Penne Pasta
Alferdo sauce
Steamed Broccoli
Chicken
Dinner roll

15 Chicken Gyros
Tzatziki sauce
Veggie nuggets
Cucumbers

16 1/2
Day
K-8

19 Mimi pizza breakfast
Bagels
Sausage
Veggie Sausage
Hash brown rounds

20 Spaghetti with
Meatballs and Marinara
Garlic bread
Green beans

21 Turkey Hot dogs
Veggie hot dogs
Fries

22 1/2
Day

23 NO
SCHOOL

26 Walking Taco
Refired beans
Mexican shredded cheese
Diced tomatoes

27 Philly Cheesesteak
Twister fries
Snap peas

28 Cheese Calzone
Pepperoni calzone
Fiesta beans
Marinara cup

29 Mac and Cheese
Steamed peas
Dinner roll

30 Sausage Gravy
Bites
Tater tots
Steamed Broccoli

News

****Due to supply chain issues the menu is subject to change****

Breakfast is served daily
Cost- \$ 0.00

Meal Assistance Applications are available online at www.familyportal.com or Paper copies are available in all our schools. The information provided is confidential as is approval.

To view or deposit money into your student's meal account please go to familyportal.cloud. (fees apply) You may also send a check or cash to school.

Fun lunch is offered daily as an alternative to hot lunch. This includes a choice of 2 whole grains items in addition to yogurt or cheese stick

Nutrition Bar is offered daily with an assortment of fruits and vegetables. A half cup of fruit or vegetable must be taken with each meal.

1% white milk or Fat free chocolate milk is included in each meal