Breakfast Menu

Dawnwood Middle School

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Homemade Muffins Fresh Blueberries Fresh Apple	2 Whole Grain French Toast Slices With Syrup Fresh Orange Fresh Pear
5 Fresh Whole Wheat Bagel With Cream Cheese Strawberries Fresh Apple 	6 WW Honey Bun Fresh Orange Fresh Banana 	7 Sausage, Egg and Cheese Sandwich Apple Slices Fresh Banana	8 Whole Grain French Toast Slices Syrup Fresh Apple Fresh Orange	9 Homemade Muffins Fresh Orange Fresh Grapes
12 SCHOOL CLOSED TODAY	13 Mini Confetti Pancakes Strawberries Fresh Orange	14 Fruity Granola Parfait Fresh Apple Fresh Pear	15 Homemade Muffins Fresh Orange Fresh Pear	16 Fresh Whole Wheat Bagel Cream Cheese Mixed Fruit Fresh Orange
19 WW Honey Bun Strawberries Fresh Orange 	20 Fresh Whole Wheat Bagel Cream Cheese Strawberries Fresh Banana	21 Bacon, Egg and Cheese Breakfast Sandwich Mixed Fruit Fresh Apple	22 Fruity Granola Parfait *Low fat vanilla yogurt layered with fruit and granola* Strawberries Fresh Banana	23 Whole Grain French Toast Slices With Syrup Apple Slices Fresh Orange
26 Homemade Muffins Strawberries Fresh Pear	27 Mini Cinnamon Pull Apart Roll Fresh Orange Fresh Pear	28 Sausage, Egg and Cheese Sandwich Fresh Apple Fresh Pear	29 Fresh Whole Wheat Bagel Cream Cheese Mixed Fruit Fresh Banana	30 WW Honey Bun Strawberries Apple Slices

SY26-27, all students can receive one NO Cost Breakfast and Lunch Meal daily in School.

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Available Daily
Whole grain bagel
Yogurt Parfait
Assorted Variety Muffins
Assorted RS WG Cereals
100% Juices and
Fresh Fruit

Breakfast Meals Free for 2026-2027 School Year
Breakfast includes 2 grains or
1 grain and 1 meat/meat alternative
2 fruit choices
Milk choice of 1%, lactose free, or
fat free white milk
Assorted condiments available

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients