

HAMPTON TOWNSHIP SCHOOL DISTRICT HIGH SCHOOL BREAKFAST MENU

October 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28

Sausage, Egg & Cheese on a Bagel, Breakfast Pizza, Pancake on a Stick, Dutch Waffle, French Toast Sticks, Mini Pancakes, Mini Waffles, Strawberry Filled Bagel

29

Sausage, Egg & Cheese on a Bagel, Breakfast Pizza, Pancake on a Stick, Dutch Waffle, French Toast Sticks, Mini Pancakes, Mini Waffles, Strawberry Filled Bagel

30

Sausage, Egg & Cheese on a Bagel, Breakfast Pizza, Pancake on a Stick, Dutch Waffle, French Toast Sticks, Mini Pancakes, Mini Waffles, Strawberry Filled Bagel

1

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2

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9

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NO SCHOOL

12



13

Sausage, Egg & Cheese on a Bagel, Breakfast Pizza, Pancake on a Stick, Dutch Waffle, French Toast Sticks, Mini Pancakes, Mini Waffles, Strawberry Filled Bagel

14

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MAKE IT A MEAL!

Choose at least 3 of 4 meal components for the school breakfast price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student Free
Adult \$2.50

Available Daily

Assorted cereals or cereal bar served with graham crackers
Assorted Muffins & Loafs served with graham crackers
Assorted Donuts
Assorted Pop-Tarts
Assorted Greek Yogurt

Fruit Selection

Seasonal Fresh Fruit | Assorted
Canned Fruit | 100% Fruit Juice

Students may choose two ½ cup servings.

Your Dining Services Team

Nan Guy
General Manager
(412) 492-6390
nan.guy@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Milk Selections

1% white, fat-free white, fat-free

