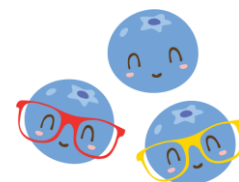


HAMPTON TOWNSHIP SCHOOL DISTRICT ELEMENTARY BREAKFAST MENU

October 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28

Mini Maple Pancakes

29

Breakfast Pizza

30

Egg, Bacon & Cheese
on an English Muffin

1

Chocolate Chip
French Toast

2

Apple Strudel

5

Mini Cinni Rolls

6

Breakfast Pizza

7

Breakfast Stick
Pancake Batter Wrapped
Turkey Sausage

8

French Toast Sticks
with Syrup

9

Breakfast Banana Split

12

NO SCHOOL



13

Breakfast Pizza

14

Egg & Cheese Croissant

15

Chocolate Chip
French Toast

16

Mini Pretzels
with Cream Cheese

19

Glazed Dunkin Sticks

20

Breakfast Pizza

21

Hot Honey Chicken & Biscuit

22

French Toast Sticks
with Syrup

23

Dutch Waffle

26

Mini Confetti Pancakes

27

Breakfast Pizza

28

Egg, Sausage & Cheese
Maple Flatbread

29

Cinnamon Mini Waffles

30

Yogurt Parfait

MAKE IT A MEAL!

Choose at least **3** of **4** meal components for the school breakfast price:

Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student FREE
Adult \$2.50

Available Daily

Assorted cereals or cereal bar served with *graham crackers*
Assorted Muffins & Loafs served with *graham crackers*
Assorted Donuts
Assorted Pop-Tarts

Fruit Selection

Seasonal Fresh Fruit | Assorted Canned Fruit | 100% Fruit Juice

Students may choose two ½ cup servings.

Milk Selection

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Your Dining Services Team

Nan Guy
General Manager
(412) 492-6390
nan.guy@metzcorp.com
metz@ht-sd.org

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

