

5th Grade		A	B
	90	Period 1: 8-930	Block 1
			Block 4
	45	Period 2Y: 9:35-10:20	PE (or Band)
			PE (or Band)
	45	Period 3Y: 10:25-11:10	Elective (PE, if in Band)
			Elective (PE, if in Band)
	90	Period 4: 11:15-12:45	Block 2
6th Grade	30	Period 5Y: 12:49 - 1:19	Lunch
			Lunch
	30	Period 6Y: 1:21 - 1:51	Recess
			Recess
	90	Period 7: 1:55-3:25	Block 3
			Block 6
	5	3:25-3:30	Dismissal
			Dismissal

6th Grade		A	B
	90	Period 1: 8-930	Block 1
			Block 4
	45	Period 2Y: 9:35-10:20	Elective (PE, if in Orchestra)
			Elective (PE, if in Orchestra)
	45	Period 3Y: 10:25-11:10	PE (or Orchestra)
			PE (or Orchestra)
	90	Period 4: 11:15-12:45	Block 2
7th Grade	30	Period 5Y: 12:49 - 1:19	Recess
			Recess
	30	Period 6Y: 1:21 - 1:51	Lunch
			Lunch
	90	Period 7: 1:55-3:25	Block 3
			Block 6
	5	3:25-3:30	Dismissal
			Dismissal

7th Grade		A	B
	90	Period 1: 8-930	Block 1
			Block 4
	90	Period 2: 9:35-11:05	Block 2
			Block 5
		Period 3O: 11:09-11:39	Lunch
			Lunch
	60	Period 4O: 11:41-12:11	Recess
8th Grade			Recess
	45	Period 5O: 12:15-1:00	PE (or Band)
			PE (or Band)
	45	Period 6O: 1:05-1:50	Elective (or PE, if in band)
			Elective (or PE, if in band)
	90	Period 7: 1:55-3:25	Block 3
			Block 6
	5	3:25-3:30	Dismissal

8th Grade		A	B
	90	Period 1: 8-930	Block 1
			Block 4
	90	Period 2: 9:35-11:05	Block 2
			Block 5
		Period 3O: 11:09-11:39	Recess
			Recess
	60	Period 4O: 11:41-12:11	Lunch
9th Grade			Lunch
	45	Period 5O: 12:15-1:00	Elective (or PE, if in Orchestra)
			Elective (or PE, if in Orchestra)
	45	Period 6O: 1:05-1:50	PE (or Orchestra)
			PE (or Orchestra)
	90	Period 7: 1:55-3:25	Block 3
			Block 6
	5	3:25-3:30	Dismissal

Block Courses:	Focus:
ELA	Through rich novel studies, students master learning standards in literature, writing, grammar, and vocabulary.
Communication Arts	5th/6th: Creative Writing, Speech, & Drama using both digital and print media to produce and publish 7th/8th: Broadcast & Print Journalism using both digital and print media to produce and publish
Ventures	Combining Kolb's Experiential Learning model (Experiencing, Thinking, Acting, Reflecting) and the design thinking process, students will engage in project-based learning
Science	In addition to hands-on learning around the NGSS, students will also build towards mastery of Nonfiction literacy standards
Social Studies	In addition to hands-on learning around the C3 standards, students will also build towards mastery of Nonfiction literacy standards
Math	Through discourse, problem-solving, and small group instruction, students will build mastery of mathematical concepts, supporting unfinished learning, grade-level learning, and/or accelerated learning.



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Block scheduling replaces a fragmented school day with longer class periods, providing middle schoolers with the stability and focus crucial for early adolescent development. Research demonstrates that these extended instructional blocks allow teachers to move beyond traditional lecturing toward hands-on, cooperative learning that fosters deeper understanding (Zepeda & Mayers, 2006). Additionally, minimizing daily class transitions creates a calmer school environment where educators can build meaningful, individual connections with their students.

Zepeda, S. J., & Mayers, R. S. (2006). An analysis of research on block scheduling. Review of Educational Research, 76(1), 137-170. <https://doi.org/10.3102/00346543076001137>