

Elementary Menu - HPE/GWF

DAILY OFFERINGS

Choice/Alternate Sandwich
Garden Salad
Peanut Butter & Jelly
Assorted Fresh Fruit
Assorted Canned Fruit
Fresh Carrots & Celery
Assorted Fresh NYS Milk

October 2026

Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

DAILY BREAKFAST OFFERINGS

Assorted Cereals
Fresh Fruit/Fruit Juice
Yogurt
String Cheese
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Choice/Alternate Sandwich Days</u> Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad			1 (Day 2)	2 (Day 3)
			Cheeseburger on a bun Vegetarian Baked Beans <u>Breakfast</u> French Toast Sticks	Ham & Cheese Croissants Jolly Green Beans <u>Breakfast</u> Mini Waffles
5 (Day 4)	6 (Day 5)	7 (Day 6)	8 (Day 1)	9
Meatball Sub w/mozzarella Whole Kernel Corn <u>Breakfast</u> Mini Cinni	Creamy Cavattapi Rosa Crazy Carrot Coins <u>Breakfast</u> Cheese Omelet	Chicken Patty on a bun Tiny Broccoli Trees <u>Breakfast</u> Apple Frudel	Pizza Day! Cheese/Garlic/Pepperoni Vegetarian Baked Beans <u>Breakfast</u> French Toast Sticks	SUPERINTENDENT'S CONFERENCE DAY NO SCHOOL
12	13 (Day 2)	14 (Day 3)	15 (Day 4)	16 (Day 5)
NO SCHOOL 	Macaroni and Cheese Crazy Carrot Coins <u>Breakfast</u> Cheese Omelet	Chicken Nuggets w/dipping sauces Whole Kernel Corn <u>Breakfast</u> Apple Frudel	Tangerine Chicken w/rice Tiny Broccoli Trees <u>Breakfast</u> French Toast Sticks	Mozzarella Sticks w/marinara sauce Sweet Green Peas <u>Breakfast</u> Mini Waffles
19 (Day 6)	20 (Day 1)	21 (Day 2)	22 (Day 3)	23 (Day 4)
Mini Corn Dogs Whole Kernel Corn <u>Breakfast</u> Mini Cinni	Rotini Pasta w/meatballs Crazy Carrot Coins <u>Breakfast</u> Cheese Omelet	Chicken Tender Wrap w/lettuce & mozz cheese Tiny Broccoli Trees <u>Breakfast</u> Apple Frudel	Pizza Day! Cheese/Garlic/Pepperoni Vegetarian Baked Beans <u>Breakfast</u> French Toast Sticks	Grilled Cheese w/Tomato Soup Jolly Green Beans <u>Breakfast</u> Mini Waffles
26 (Day 5)	27 (Day 6)	28 (Day 1)	29 (Day 2)	30 (Day 3)
Pork BBQ Rib Patty Sandwich Crazy Carrot Coins <u>Breakfast</u> Mini Cinni	Macho Nachos w/Tostitos Chips Black Beans <u>Breakfast</u> Cheese Omelet	Popcorn Chicken Smackers Whole Kernel Corn <u>Breakfast</u> Apple Frudel	Chicken Teriyaki over rice Tiny Broccoli Trees <u>Breakfast</u> French Toast Sticks	Pizza Crunchers Jolly Green Beans <u>Breakfast</u> Mini Waffles

For nutritional information please visit www.hpschools.org or email ccasab@hpschools.org

Menu subject to change