October

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast: Biscuit & Gravy Lunch: Hot Dog Bar, Chili beans, Macaroni Salad, Fruit & Vegetable	2 Breakfast: Cook's Choice Lunch: Pizza or Cook's Choice, Fruit & Veggie Bar
5 Breakfast: Cereal or Breakfast Muffin Lunch: Mini Corn Dogs, Baked Beans, Fruit & Vegetable	6 Breakfast: Benefit Bar Lunch: Lasagna, French Bread Garden Salad, Fruit	7 Breakfast: Sausage & Cheese Biscuit Lunch: Chicken Sandwich, Funfetti Fries, Coleslaw, Fruit	8 Breakfast: Fruit & Yogurt Parfait Lunch: Sandwich or Wrap, Chips, Fruit, Broccoli Salad	9 Breakfast: Concha Lunch: Pizza or Cook's Choice, Fruit & Veggie Bar
12 Breakfast: Cereal or Breakfast Muffin Lunch: Chicken Drumstick, Cheesy Potatoes, Corn, Roll, Fruit	13 Breakfast: Omelet & English Muffin Lunch: Teriyaki Chicken, Rice, Broccoli, Spring Roll, Fruit, Fortune Cookie	14 Breakfast: French Toast Sticks & Sausage Lunch: Grilled Cheese & Soup, Garden Salad w/garbanzo beans, Fruit	15 Breakfast: Ham & Cheese Croissant Lunch: Cowboy Cheeseburger, Potato Wedges, Fruit & Veggie Bar	16 Breakfast: Donut Lunch: Bosco Stick or Pizza, Fruit & Veggie Bar
19 Breakfast: Cereal or Breakfast Muffin Lunch: Brunch for Lunch	20 Breakfast: Bagel & Cream Cheese Lunch: Chicken Alfredo, French Bread, Broccoli, Fruit	21 Breakfast: Egg & Cheese English Muffin Lunch: Sloppy Joe or Rib Sandwich, Fries, Green Beans, Fruit	22 Breakfast: Biscuit & Gravy or Breakfast Bowl Lunch: Orange Chicken, Rice, Broccoli, Edamame, Fruit, Fortune Cookie	23 Breakfast: Cook's Choice Lunch: Pizza or Cook's Choice, Fruit & Veggie Bar
26 Breakfast: Cereal or Oatmeal Bar Lunch: Bat Nuggets, Tots, 3-Bean Salad, Fruit	27 Breakfast: WG Twin Bar Lunch: Taco or Fish Sticks, Refried Beans, Spanish Rice, Salsa, Fruit	28 Breakfast: Fruit Bread Lunch: Mummy Dogs, Chips, Graveyard Green Beans, Applesauce	29 Breakfast: Breakfast Muffin Lunch: Sandwich, Soup, Vegetable, Fruit	30 Breakfast: Cook's Choice Lunch: Pizza or Cook's Choice, Fruit & Veggie Ba

Daily Breakfast choices include:

Milk, Cereal and Fruit or Juice

Daily Lunch choices include:

Milk, Fruit and Vegetables

