RSU No. 5 Durham ~ Freeport ~ Pownal
Athletic Trainer Job Description

QUALIFICATIONS:

1. National Athletic Trainers' Association Certification
2. Valid Maine State Athletic Trainers License
3. Bachelor's degree

REPORTS TO: Athletic Director and School Nurse

JOB GOAL:
To implement a comprehensive student athletic health care system which includes the recognition, evaluation and immediate care of injuries and illnesses, and the rehabilitation and reconditioning of these injuries and illnesses.

PERFORMANCE AREAS:

1. To assist and advise coaching staff regarding the prevention, recognition and treatment of injuries, the planning and implementation of conditioning programs, the selection, care and fitting of protective equipment, and nutritional matters.
2. To counsel and advise student athletes on matters pertaining to injuries, physical conditioning, training, nutrition, and other health concerns.
3. To supervise the athletic training room that includes maintaining adequate records (i.e., injury reports & assessments, medical forms, referrals, and daily treatment logs, etc.).
4. To implement appropriate treatment protocols as directed by the student athlete's physician concerning injury, rehabilitation, and the individual's specific health needs.
5. To develop and supervise appropriate rehabilitation programs and determine return to play criteria.
6. To work together with supplemental healthcare professionals, including but not limited to physicians, emergency medical technicians, physical therapists, district school nurses, and other certified athletic trainers.
7. To coordinate Neurocognitive or Concussion (ImPACT) testing when needed, and assist nursing staff for management of academic stages, return to play protocols, and doctor communication.
8. To provide athletic training coverage for all home interscholastic contests at the first team, junior varsity, and varsity levels as well as away varsity football contests, and all tournament contests unless coverage is otherwise provided by another certified athletic trainer.
9. To provide athletic training coverage throughout each sport season, including weekend, holidays, and school vacations when necessary.
10. To provide athletic training coverage for visiting teams on campus when needed.
11. To distribute, inspect, and stock emergency first aid kits for each team.
12. To maintain a schedule to ensure that the greatest percentages of student athletes have access to the athletic trainer daily.
13. To assist the Athletic Director in preparing the athletic training supplies budget, requisitioning and storage of appropriate supplies and equipment.
14. To provide CPR/First Aid/AED instruction and certification for high school coaching staff.
15. To assist the athletic administrative assistant and school nurse with pre-participation physical examinations (PPE's), and concussion documentation record keeping.

16. To communicate with student athletes and parents regarding any missing or outdated documentation.
17. To assist with data entry (schedules, MPA forms, rosters, etc.).
18. To ensure that all members of the high school coaching staff meet the MPA coaching requirements.
19. To perform other duties as assigned by the Athletic Director.

Between Seasons

20. Assist coaches, fitness center supervisors, and student athletes with the development of conditioning, preventative, and rehabilitative programs -addressing injuries occurred during the previous season and preparing them for the upcoming season.
21. Provide speed and agility clinics integrating injury prevention programs for high school athletes – including ACL injury prevention.
22. Continue to work with student athletes who are injured or concussed - conducting daily assessments and communicating with parents and medical personnel.

LEGAL AND ETHICAL DUTIES:

1. Maintains confidentiality about all aspects of the work.
2. Follows health and safety procedures established by the system.
3. Demonstrates dependability, integrity, and other ethical standards.
4. Observes Policies adopted by the Board of Directors.
5. Meets and follows all State and Federal laws and regulations.

TERMS OF EMPLOYMENT:
Regular school year, plus as needed in August. Salary and benefits to be established by the RSU No. 5 Board of Directors.

EVALUATION: Evaluated annually by the Athletic Director.

NOTE: The above job description reflects the general requirements necessary to describe the principal functions and responsibilities of the job identified and shall not be interpreted as a detailed description of all work requirements that may be inherent in the job, either at present or in the future.

To perform successfully in this position, an individual must perform each duty and responsibility satisfactorily. The requirements are representative of the knowledge, skill, and ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. I have read and understand the terms and conditions of this position.

Employee Name Printed: _____

Employee's Signature:_____ Date:_____

Created: 5.24.23