



MS/HS Strafford R-VI School District

October 2026 Lunch Menu



Mon	Tue	Wed	Thu	Fri
MENU SUBJECT TO CHANGE MILK SERVED WITH EVERY MEAL			1 Chicken tenders Curly fries Carrots Peaches	2 Country fried steak Mashed potatoes and gravy Green beans Hot rolls/Fruit cup
5 Chicken waffle sandwich Chips Peas Apple slices/caramel	6 Burrito Chips and cheese dip Pinto beans Pears	7 Hot dog Tater tots Corn Whole fruit cup/brownie	8 Pizza Salad Green beans Cutie orange	9 Cheeseburger Pork n beans Chips Applesauce
12 Corn dog Carrots and dip Tropical fruit Ice cream sandwich	13 Crispito Chips and salsa Mixed veggies Churro	14 Chicken nuggets Mashed potatoes and gravy Corn Fruit cup	15 Rib sandwich Tater squares Peas Grapes	16 Pancakes and syrup Hashbrown Sausage Fresh fruit cup
19 Cheeseburger Chips Baked beans Apple	20 Frito pie Corn Fruit cup S'mores cookie	21 Oriental chicken Rice Eggroll Pineapple/fortune cookie	22 Chicken pot pie Green beans Mixed fruit Hot roll	23 Chili dog Fries Peas Applesauce/cookie
26 NO SCHOOL	27 Soft taco Lettuce and cheese Mixed veggies Fruit cup/Oreo pudding	28 Chicken bacon sandwich Pork n beans Chips Mixed fruit	29 Toasted ravioli Salad Peaches Halloween cake	30 NO SCHOOL