

SHAC MEETING MINUTES

Date: 4-30-26

Members Present:	Dr. Jamila Thomas	Co Chair	Zoom	Dr. Michael Gipson (guest)
	Dr. Shirley Heitzman	Co Chair/Student Health		Dr. Tien Nguyen (guest)
	Greg Mozley	Security & Ops		
	Kiara Santana	Parent		
	Ruth Gaspard	Nutrition		

Convened 3:13 PM

Committee approved the minutes from last meeting. GM Moved JT second.

Old Business TEA Health Survey draft completed. Committee approved and Heitzman will submit for final.

SHAC Meeting dates are set for next school year. 9-24-26 11-12-26 2-18-27 4-29-27

GM moved to change the meeting times to 2:30 and hold them on OC campus to increase parent participation.

New salad option in HS café is very popular. Planning more healthy choices for next year.

Changes in Campus Safety Since Last Meeting Made plans for installing bollards at front door of Wax Main Bldg.

What have we done since the last meeting to:

Review Wellness Policy

Reviewed outside food practices regarding the LWP.

Increase Physical Activity

Increase Nutrition Awareness

Texas Health Survey was completed.

Improve School Health Services

Promote a Safe Environment

including: guidance on bullying prevention, 22 Immunizations were completed. 191 physicals were done. mental health and well-being,

substance abuse prevention

July 28 will be a second chance physicals. Info will be posted.

Promote School Safety & Security

Inspected 30 AED boxes including both campuses.

Parent and Family Engagement

New Business: SH introduced guest speakers Michael Gipson and Tien Nguyen who spoke about FFA Health Curriculum.

- Committed to the whole child philosophy.

- K8 instruction includes classroom learning plus activity

- Follows Texas Health TEKS

- 9-12 instruction includes continued health support services, wellness instruction and physical activity

- PE is required for lower grades and supported and encouraged for all grades.

- Skyward is used to track and record health initiatives and training.

- A multi-tiered approach is catered to support each students needs. Three tiers:

Character expectations

School Culture

Mentoring

- Curriculum includes staff training such as threat assessments and recognizing early signs of student behaviors indicating threats of self harm or violence or other mental health concerns.

- Much of the health curriculum is incorporated into classroom instruction with bell-ringers and mini



lessons.

SH presented the CERP for review and input. SHAC approved a list of proposed team members who will be presented to the school board for next school year.

CERP provides a plan and persons responsible for quick responses to cardiac emergencies and younger throughout our community and to our students attending Eagle Flight School

RG reported that FFA will serve summer meals. Breakfast and Lunch will be available to all 18 year olds and younger throughout our community and to our students attending Eagle Flight School

SH reported that CPR training will be held in summer. Info will be provided. Max participation needed.

Action Items
For Next
Meeting:

Post next year's SHAC dates on website and social media.

Who:

Heitzman

Who:

Who:

Who:

Who:

Meeting adjourned: 3:35 GM moved. JT second.

SHAC Secretary

