LUNCH

OCTOBER 2026

Birchwood

All meals are Free for the 2026 – 2027 School Year.



Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast Sticks Turkey Sausage Baby Carrots or Tater Tots Fresh Fruit	2 Cheese Pizza or Pepperoni Pizza Broccoli or Baby Carrots Fresh Fruit & Milk
5 Popcorn Chicken Dinner Roll Baked Beans or Baby Carrots Fresh Fruit & Milk	6 Beef Tacos / Cheese and Salsa Brown Rice Black Beans or Baby Carrots Fresh Fruit & Milk	7 Whole Wheat Pasta & Meatballs Green Beans or Baby Carrots Fresh Fruit & Milk	8 Pancakes Turkey Sausage Baby Carrots or Tater Tots Fresh Fruit	9 Cheese Pizza or Pepperoni Pizza Broccoli or Baby Carrots Fresh Fruit & Milk
12 School Closed	13 Whole Wheat Chicken Nuggets Brown Rice Tater Tots or Baby Carrots Fresh Fruit & Milk	14 Mac & Cheese Green Beans or Baby Carrots Fresh Fruit & Milk	15 Egg and Cheese Sandwich Turkey Sausage Baby Carrots or Tater Tots Fresh Fruit	16 Cheese Pizza or Pepperoni Pizza Broccoli or Baby Carrots Fresh Fruit & Milk
19 Popcorn Chicken Dinner Roll Baked Beans or Baby Carrots Fresh Fruit & Milk	20 Beef Tacos / Cheese and Salsa Brown Rice Black Beans or Baby Carrots Fresh Fruit & Milk	21 Whole Wheat Pasta & Meatballs Green Beans or Baby Carrots Fresh Fruit & Milk	22 Cheese Steak Sandwich Tater Tots or Baby Carrots Fresh Fruit & Milk	23 Cheese Pizza or Pepperoni Pizza Broccoli or Baby Carrots Fresh Fruit & Milk
26 Whole Wheat Chicken Nuggets Brown Rice Baked Beans or Baby Carrots Fresh Fruit & Milk	27 Mozzarella Sticks Tater Tots or Baby Carrots Fresh fruit & Milk	28 Mac & Cheese Green Beans or Baby Carrots Fresh Fruit & Milk	29 Chicken Teriyaki with Brown Rice or Chicken Patty Sandwich Baby Carrots or Broccoli Fresh Fruit & Milk	30 Cheese Pizza or Pepperoni Pizza Broccoli or Baby Carrots Fresh Fruit & Milk

Milk Selections:
Fat Free and Low-Fat Milk
Fat Free Chocolate Milk
Fresh Fruit Offered Daily

Gluten Free Items Available Upon Request
If you have questions about food allergens, please contact the Food Service Department

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com