

2026-2027 Highlands Middle School Co-Curricular Activities

Unlocking the unique potential of each student everyday

✦ HIGHLANDS MIDDLE SCHOOL CLUB FAIR ✦

HIGHLANDS PRIDE & ALLY CLUB

A space to be yourself ♡

EVERYONE IS WELCOME — ALLIES ENCOURAGED! 🌈

- ♡ BUILDING FRIENDSHIPS & KINDNESS PROJECTS
- ★ HONEST, SUPPORTIVE CONVERSATIONS
- ✿ FUN COMMUNITY ACTIVITIES TOGETHER
- ☀ YOU DON'T HAVE TO IDENTIFY AS LGBTQ+ TO JOIN!



Baking Club





Do you love to bake?

Do you have recipes you'd like to try?

Do you want to serve the community with your tasty treats?





Come out to the Interest Meeting

DATE : 9/24

Auditorium 2:30-4:15

See Mrs. Irlen or Ms. Russo with questions

BAKING CLUB

Sign up to the course with the Schoology Code Below:

JSTT-FK5Z-97XXQ



Baking Time!







Baking "Cookie Sales"

You MUST fill out the FORM in the Schoology Course to attend the interest meeting on Sept. 24th. The first 100 students to join the course and fill out the form will be admitted into the meeting!

Come out to the Interest Meeting
See Mrs. Irlen room 329 or Ms. Russo room 315
with questions.









2nd Place in Robot Game 2022

Technology & Coding Club

Contact Ms. Pascal with any questions

inapascal@wpcsd.k12.ny.us

Schoology Code:
XPZD-KGHV-464M6

Why should you join?: Join our Computer Science Club where YOU have a voice in deciding what we explore. Whether you're a beginner or a tech enthusiast, there's something for everyone!

- **Where: Room 6 –** Ms. Pascal's Classroom
- **Day:**
- **Time:** 2:35 – 4:15



What We Offer:

- 🔧 **LEGO Robotics**
  - Build and program your own LEGO robots.

  Amazon Technology
  Music, Sports, and fulfillment Center.
- 💻 🌐 **Web Development**
  - **HTML/CSS:** Design and build stunning webpages.
- 🤖 **Artificial Intelligence**
  - Understand AI concepts and learn how to implement them.
- 🚁 **Drone Programming**
  - Program drones for various applications and fun projects.
- 🤖 **VEX Robotics**
  - Dive deeper into advanced robotics with VEX kits.
- 🎥 **Video Production**
  - Make and edit videos for projects or personal interests.
- 🖨️ **3D Printing**
  - Design and print your own 3D models.
- 🎨 **And More!**
  - Whatever you're passionate about in the realm of
  - computer science.

Community Service Club

Make a Difference. Serve Our Community. 💙

- Join the **Community Service Club** and help make a positive impact at Highlands Middle School and in our local community!
- We'll meet **bi-weekly** and work together on a variety of service projects and community needs, including:
- 🥫 Supporting the **local food pantry**
- 🤝 Helping with community service efforts
- 💙 Supporting families and community members in need
- 🌟 Exploring new ways to give back and make a difference
- **Club Advisor:** Nisse Varghese

Come be part of something meaningful!
Together, small acts of service can make a big difference.

Community Service Club – Helping Hands, Stronger Community

JOIN THE COURIER

THE COURIER

HIGHLANDS MIDDLE SCHOOL NEWSPAPER

The longest running middle school newspaper in the country!



HOW TO GET INVOLVED

Reach out to Mrs. Bellinzoni & Ms. Wissman on Schoology or via Email for more information!

The Courier Schoology Access Code:

C53S-79P2-NFMCT

WHEN IS IT?

Four quarterly editions for you to get involved in each marking period.

Meetings will take place **every other Tuesday** after school in **Room 341**

WHAT IS IT?

A place to report on school & local events

- Take photos & interview teachers, staff and students on events
- Write your opinion about topics of your choice!

YOUR VOICE. YOUR STORIES. YOUR SCHOOL.

JOIN

DAC

DIGITAL ART CLUB



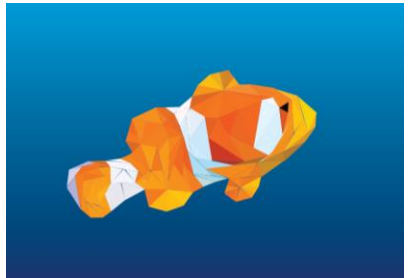
Do you love art and technology?

JOIN Digital Art Club to make new friends and learn how to create in:

- ADOBE PHOTOSHOP
- ADOBE ILLUSTRATOR
- VIDEO EDITING
- and more!

Schoology Course Code to be Announced

Message Mrs. Thornton with any questions.







welcome to the CLUB





English Language Learning Lounge

Join an after-school language practice club designed to offer a fun and interactive environment where students can not only learn a new language but also participate in games, socialize with peers, and develop important skills such as teamwork and executive functioning.

Únete a un club de práctica de idiomas después de clases, diseñado para ofrecer un ambiente divertido e interactivo donde los estudiantes no solo puedan aprender un nuevo idioma, sino también participar en juegos, socializar con sus compañeros y desarrollar habilidades importantes como el trabajo en equipo y las funciones ejecutivas.



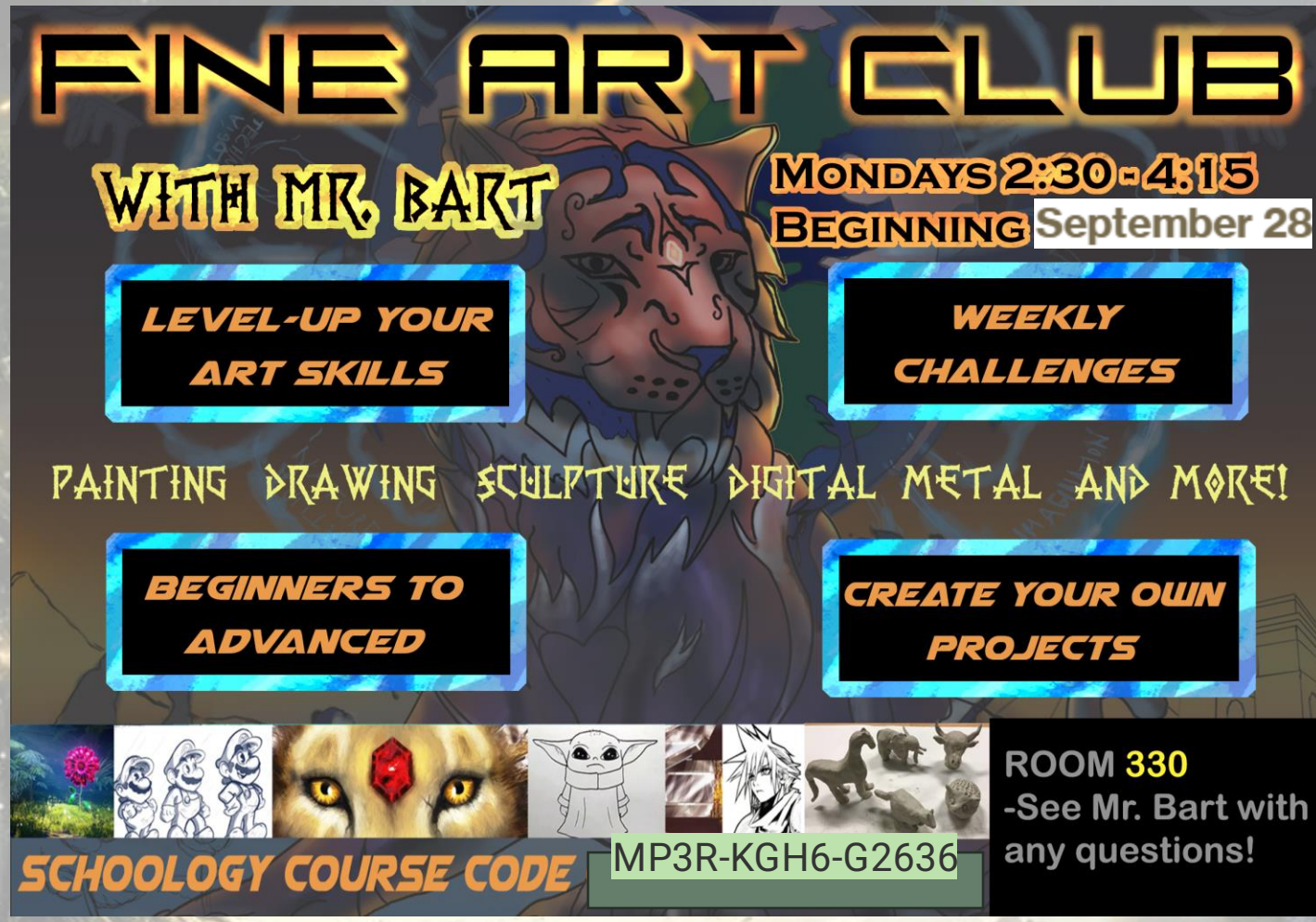
Mrs. Ramos-Guerrero
Schoology code- JFP6-9262-4PN4T
Contact- carolinaramos@wpcsd.k12.ny

Where- Room 106
Times- 2:45-4:15

Please come and see Mrs. Ramos-Guerrero if you have any questions

Fine Arts Club
with Mr. Bart

- For Beginner to Advanced Artists
- Meet fellow artists, build your skills, snack, and upgrade your creative powers!
- Meets Mondays beginning **September 28** with Mr. Bart in Room 330
- Explore many art materials: drawing, painting, sculpture, metal, digital, and more
- Planned TRIP to visit Metropolitan Museum of Art in NYC
- Weekly challenges or bring your own art projects



See Mr. Bart in room 330 with questions!

the Sprout Society

Highlands *Official* Garden Club!

🌻 ***Sere • Mete • Orna*** 🌻

Ready to get your hands dirty and make Highlands bloom?
Join **Garden Club with Mr. Peeples** and help us turn our school courtyard and surroundings into a beautiful, thriving green space!

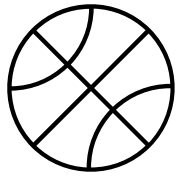
🍓 **What We Do:**
🌱 **Plant** flowers, vegetables, herbs & more
🥕 **Harvest** what we grow
🌸 **Beautify** our courtyard and school grounds to create spaces that welcome pollinators and wildlife!

***Schoology Code*: HGP8-BGPH-NMZ5F**

🌿 Learn, explore, and have fun outdoors! 🐝
No Experience Required!



Intramural sports







What does intramurals mean?

- Intramurals are for EVERYONE – no experience required!
- You do not need a physical to participate in intramural sports
- You play with the people who attend
- Attendance is not mandatory – come as much as you can!

What sports are available?

- Badminton (co-ed) – Coach Morelli
- Boys' Basketball – Coach Muigai
- Girls' Basketball – Coach Georgio
- Flag Football (co-ed) – Coach Muigai
- Boys' Lacrosse – Coach Peeples
- Soccer (co-ed) - Coach King
- Stick Sports (co-ed) - Coach Veeder
- Volleyball (co-ed) - Coach Sawyer
- Wrestling – Coach Iasiello & Coach Taino

Badminton (Boys & Girls)



🏸 Intramural Badminton 🏸

Looking for a fun, fast-paced sport where everyone can play?

Come join **intramural badminton**!

Whether you're a total beginner or already a shuttle-smashing pro- this is your chance to meet new friends, learn new skills, and have a blast

No tryouts, no pressure – just fun, friendly competition and plenty of laughs.

Grab a racket and join the fun!

🕓 **When:** November

📍 **Where:** Highlands North Gym

🎉 **Who:** All skill levels welcome, Boys & Girls

🏅 **Why:** Because badminton is awesome!

See Coach Morelli for more info :)

Schoology Code D64D-ZZBJ-7FWQ8

The YEARBOOK Club

You get to see it before everyone else!

You get snacks and candy every week!







JOIN THE YEARBOOK CLUB WITH US!

You can add in photos

It's really fun

We meet Wednesdays in room 314



The Yearbook Club!



Join the Yearbook!

No experience necessary & all creativity welcome!



YEARBOOK CLUB





Do you like?

- Graphic design
- Photoshop
- Photography
- Writing
- Making friends



The yearbook is for you! Come to room 113 or 343 with any questions.

Schoology Course Code: W8P5-6MGZ-R5XM7

Meeting Dates: Wednesdays

- September 30th
- October 14th
- October 28th
- November 4th
- November 18th
- December 10th
- January 13th
- January 27th
- February 10th
- March 3rd
- March 17th
- April 7th
- April 14th
- June 9th

Intramural GIRLS Basketball

- No prior skills required
- Learn new skills, drills, and game play
- Get ready for the modified season starting on November 30th!
- Schoology code: K5HQ-3D3P-FXKX6

Please see Coach Georgio with any questions



Starting in November, dates to follow!

HIGHLANDS MIDDLE SCHOOL

INTRAMURAL BOYS BASKETBALL



OPEN TO ALL BOYS
REGARDLESS OF SKILL LEVEL

GRADES 7 & 8 | WHITE PLAINS, NY

COME DEVELOP & GROW YOUR GAME!

Build confidence, work hard, and have fun in a supportive and competitive environment.

DRIBBLING | SHOOTING | DRILLS | GAMES



FIND ALL INFO, SCHEDULES & UPDATES ON **SCHOOLOGY**

ACCESS CODE: VDBV-XQJQ-QNJV6

QUESTIONS? CONTACT: Coach Muigai (Room 9) EMAIL: KennethMuigai@wpcsd.k12.ny.us

FLAG FOOTBALL

(CO-ED)

★ JOIN CO-ED INTRAMURAL FLAG FOOTBALL AT HIGHLANDS MIDDLE SCHOOL! ★



READY TO RUN, PASS, CATCH, AND SCORE? Come play **flag football** – a fun, fast, and action-packed game where everyone gets in on the play! No tackling, no pressure – just teamwork, friendly competition, and tons of fun. All skill levels are welcome, so bring your friends and join the squad!



SCHOOLOGY CODE: BBX6-JD29-XWGQJ



WHEN: After school Spring: March - May



WHERE: Highlands Field



WHO: Co-ed & open to all skill levels



WHY: Because flag football is fun and YOU belong on the field!





GET IN THE GAME – DON'T MISS OUT!

QUESTIONS? CONTACT: Coach Muigai (Room 9) EMAIL: KennethMuigai@wpcsd.k12.ny.us

Intramural Soccer

Who is it for: Pick-up soccer games open to all students and all skill levels.

When: Beginning in Spring. Games are usually once per week, with 8th grade one week and then 7th grade the next.

Where: Meet Mr. King in Room 1B on the Garden Level. Games will take place outside on grass.

Equipment: None needed but bring sneakers and cleats if you have them.

Contact: damienking@wpcsd.k12.ny.us

Schoology Course Code: PJZ4-5D85-B2K54



Intramural Wrestling



- Intramural Wrestling Club is a chance for all students to experience the great sport of wrestling. Whether you are new to the sport or an experienced wrestler, the club is geared for everyone. Fundamentals of wrestling will be taught including various techniques, positioning, rules, along with various fitness and games. Practice takes place from 2:30- 4:15. The club meets for half of its sessions in November (pre-season). Then, the final sessions will take place in March (post-season). (15 meeting dates)
- Access Code: XNBN-J83K-CCK79
- Contact: micaheltaino@wpcsd.k12.ny.us or anthonyiasiello@wpcsd.k12.ny.us

Intramural Volleyball



Interested in working on your volleyball skills?

Join us for Intramural Volleyball in the North Gym!

All are welcome!

- No experience required
- No physical required
- Come when you can!



Our Schoology Course will be posted soon!

Meetings will begin after the Modified Basketball season ENDS (late Feb/early March)

Check our Schoology page to see specific dates closer to the start date in the Spring.

Any other questions, please see Coach Sawyer in room 214.

ALL INSTRUMENTS WELCOME!!

HAVE FUN PLAYING JAZZ, ROCK, POP, AND OTHER AWESOME MUSIC!

Jazz Band







Jazz Band Members

Ameer Ahmed: Keyboard
Luke Anselmo: Clarinet
Abraham Beals: Alto Sax
Luke Bellantoni: Euphonium
Charles Bowman: Clarinet
Vincent Cerilli: Trumpet
Stephanie Charro Gil: Clarinet
Kai Chen: French Horn
Enzo Cruz: Clarinet
Cristina Damato: Clarinet
Evan Daniele: Drums
Adin Dardashti-Weisz: Trumpet
Arin Diaz Lawson: Trumpet
Dominic Flora: Drums
Samantha Hudson: Trombone
Stella Khachetoorian: Keyboard
Ryan Kinzler: Clarinet
Aadi Kumar: Clarinet
Dylan Lemere: Drums
Mary Magneson: Flute
William Marin Godoy: Trumpet
Dianna Marin Godoy: Flute
Julian McDermott: Flute
Roman Range: Drums

Sophia Rivera Chavez: Clarinet
Ariel Rojas: Drums
Emilie Roldan: Flute
Yvette Sadler: Trombone
Ava Sanchez: Bass Clarinet









PLAY AT THE ST. PATTY'S DAY PARADE!!

Schoology code:
BH92-8PXP-KPNVZ

Living History Club









Open to all Highlands Students!
Objective is to provide a hands-on, in-depth, experiential learning environment which focuses on the American Revolutionary and Civil War periods aimed at making history come alive for students.

Mr. Iasiello
October through May after school 15 sessions 2:40-4:15
Room 317/Outdoor activities

D989-NQD3-2MBT9

Students will be immersed in the daily life of a revolutionary war and civil war soldier by reading primary source documents, cooking food, making uniforms and regimental flags, and reenacting historical events.



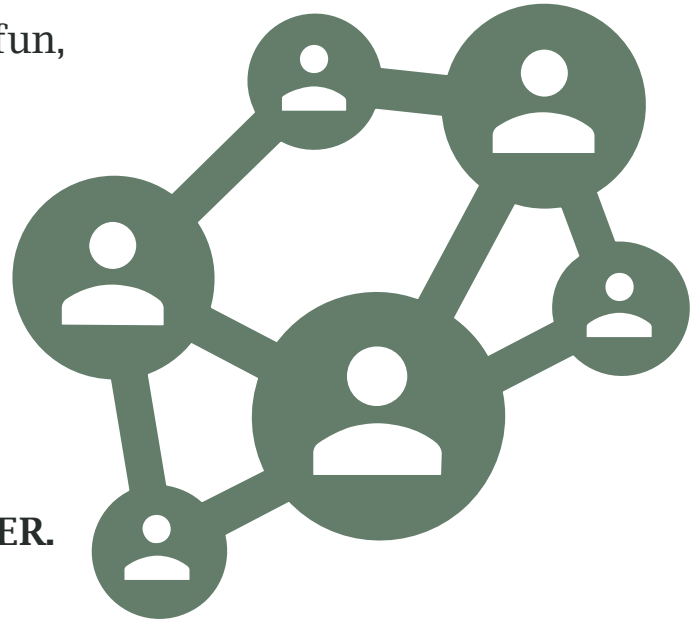
🤝 **CONNECT · BOND · GROW** 🤝

Looking for a place to connect, have fun, and build a meaningful relationship with a trusted adult at school?

Join the **Mentoring Club with Stephanie Mercado!**

🌟 **What Is Mentoring Club?**

Students will be **paired with a Highlands Middle School staff member** and spend time getting to know one another through fun, relaxed activities designed to build positive relationships.



🎲 **WHAT'S IN STORE?**

🎮 Fun games & activities

🍿 Snacks & treats

💬 Great conversations

🎨 Creative activities

😂 Lots of laughs

💙 Time to bond and build connections

✨ **BUILD A CONNECTION. MAKE A FRIEND. GROW TOGETHER.** ✨

Club Advisor: Stephanie Mercado

Come as you are, have some fun, and build a connection that can make your school experience even better!

💙 **Mentoring Club**

Because every student deserves someone in their corner.

SPRING MUSICAL

This year's show will be announced by the End of October!! Keep your Eyes and Ears open!





Do you like to Sing, Act and Dance?

Come out to the Interest Meeting TBA (Listen for announcements)

November 5th- **Auditorium**

- **If you intend on Auditioning for the show, you must be at the Interest meeting!**







Questions? See Mrs. Irlen in Rm 329 or email: jenniferirlen@wpcsd.k12.ny.us

Have you consistently made honor roll in 7th grade and are you on track to make honor roll in 8th grade?

If so, you may be eligible to join the National Junior Honor Society after quarter 1 of your 8th grade year!

National Junior Honor Society (NJHS)

NATIONAL JUNIOR HONOR SOCIETY

QUALIFICATIONS

- Open to 8th graders
- Must have a 92% average or higher in ALL classes in 7th grade and Quarter 1 of 8th grade

TIMELINE

- **After Q1** The list of candidates is made
- **December** Meeting with candidates about applications
- **February** Applications are due!
- **April** Induction Ceremony is held



CONTACT

Contact Caryn Friedman for more information at carynfriedman@wpcsd.k12.ny.us

NATIONAL JUNIOR HONOR SOCIETY



NYSSMA CLUB

Who:

Band, Orchestra, Chorus musicians
Piano, guitar players

Where & When:

Tuesdays, 2:45-4:15

Auditorium

What:

Practice music
Get coaching
Prepare for the NYSSMA
Festival
Play music with friends



Join Schoology Group:

W37Q-THVQ-WMZDR


QUEST CLUB
IMAGINE. EXPLORE. CREATE. TOGETHER.
YOUR STORY. YOUR QUEST. YOUR LEGACY.
ADVENTURE AWAITS. YOU BRING THE STORY. WE BRING THE QUEST.
SESSION ZERO
TUESDAY
OCTOBER 6
ROOM 341
WE MEET
EVERY OTHER
TUESDAY
ROOM 341
WE MEET ON THE TUESDAYS WHEN THE COURIER DOES NOT.
RUN BY YOUR GUIDE & TEACHER: MS. WISSMANN
IMAGINE | EXPLORE | CREATE | TEAMWORK | KINDNESS | BE LEGENDARY

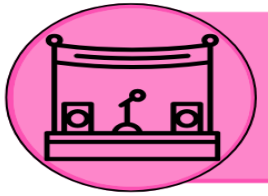
TALENT SHOW

Mrs. Davila (room 313)
Ms. Melendez (room 339)

JSTT-FK5Z-97XXQ

WHY?

Share your talent with the school! This includes singing, dancing, a comedy skit, playing an instrument and more!



STAGE CREW

We need students who will be part of stage crew. Stage crew is in charge of the lights and the set.

SCHOOLOGY CODE

8VKK-3R7D-56M3T



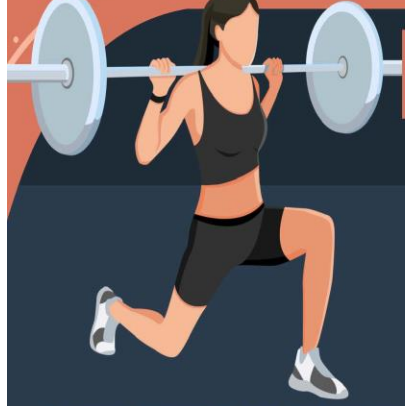
MEETING DATES

The interest meeting will happen in January. We will post the schedule in the Schoology course.



LOCATIONS

We will meet in room 313 and in the auditorium. The talent show takes place the Friday before spring break.



HIGHLANDS TeenFit

WITH MR. HARRISON

DO YOU WANT TO GET STRONGER OR FASTER?

Schoology Access Code: QJB8-Q9KJ-XZGPM

paulharrison@wpcsd.k12.ny.us

DO YOU WANT TO BE A BETTER ATHLETE?

DO YOU WANT TO FEEL BETTER MENTALLY AND PHYSICALLY?

ARE YOU TIRED OF ALWAYS FEELING TIRED?

DO YOU WANT TO BE THE BEST YOU?





After School
Thursdays 2:45pm
Fitness Center
We will start on October 8th

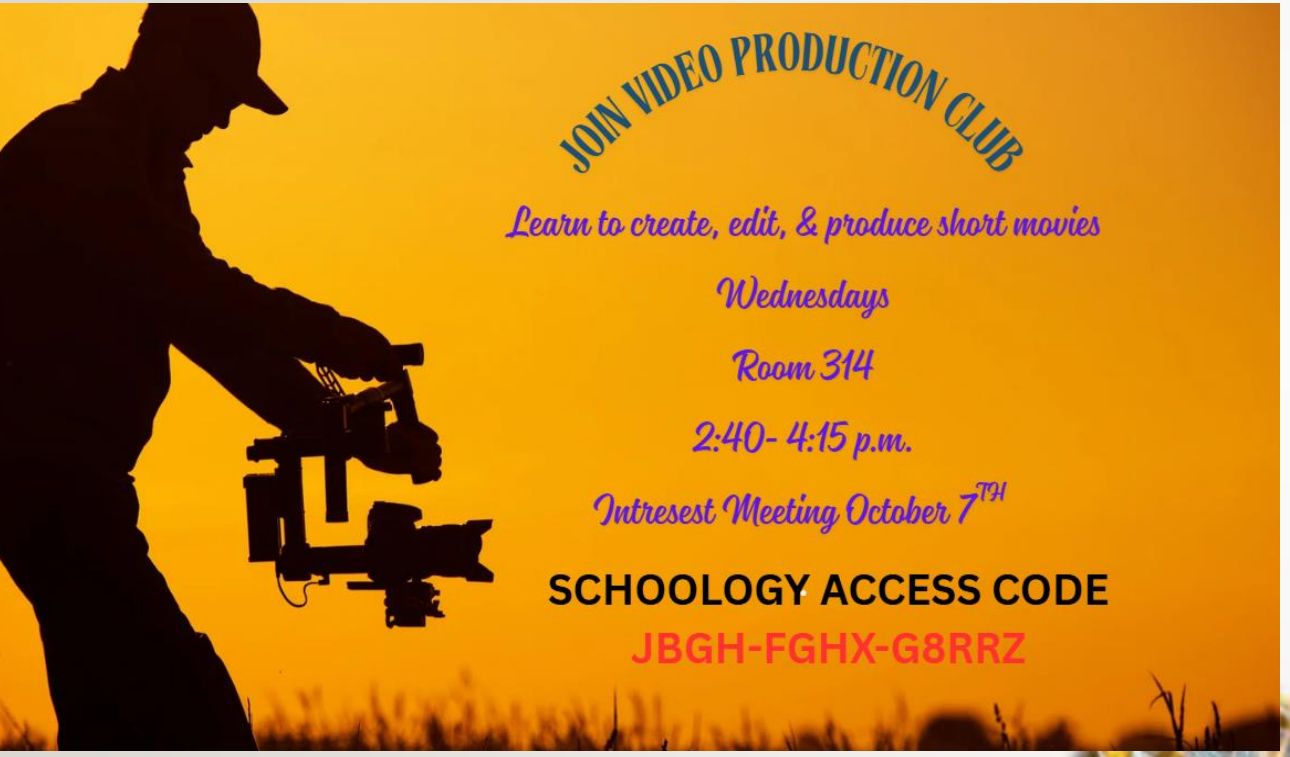
Exercises include but not limited to:

Air Squats, lunges, push-ups, sit-ups, jumping

Video Production Club

Location: room 314
ADVISOR: MS. GOUDREAU





Short Video
Behind the scenes at Highlands

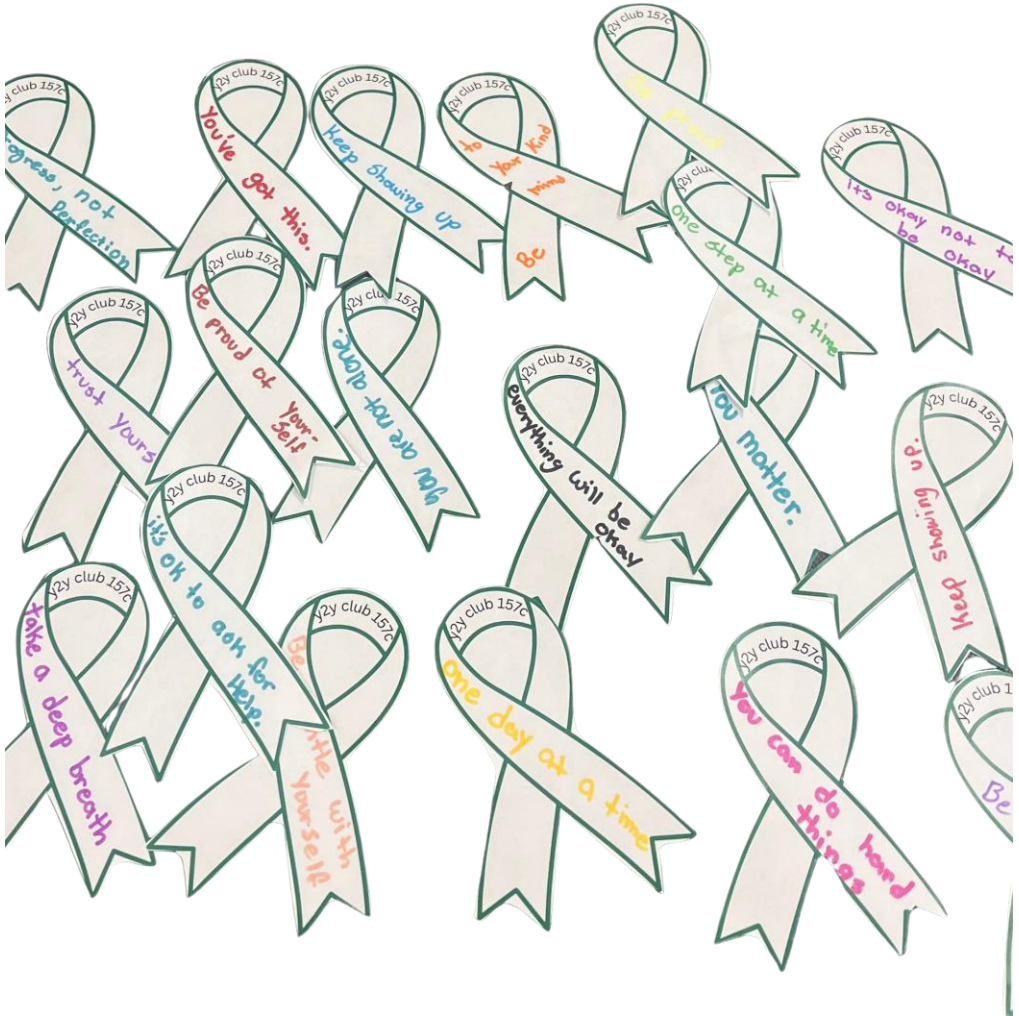


Co – Create

1. HIGHLIGHT FIELD DAY FOR HL'S WEBPAGE
2. YEARBOOK PROMO
3. MOVING UP CEREMONY 2027

Youth 2 Youth Club

Wednesdays, starting in October!
See Ms. Hernandez, ROOM 157C



Why join?

- 🚫 *Promote drug & alcohol awareness*
- 🧠 *Promote mental health*
- 💪 *Be a role model for your peers*
- 🎉 *Plan fun events & activities*

The Student Assistance Program ~ promoting the emotional well-being of students by helping them make healthy decisions and remain substance free.