

# Discovery Kids Infant Feeding Plan

Child's name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's name: \_\_\_\_\_

|                  | Frequency of Feedings | Approximate amount per Feeding | Will you bring from home? (must be labeled and dated) | Details about Feeding |
|------------------|-----------------------|--------------------------------|-------------------------------------------------------|-----------------------|
| Mother's Milk    |                       |                                |                                                       |                       |
| Whole Milk       |                       |                                |                                                       |                       |
| Formula          |                       |                                |                                                       | Brand of Formula:     |
| Cereal           |                       |                                |                                                       | Rice and/or Oatmeal   |
| Baby food        |                       |                                |                                                       |                       |
| Table Food       |                       |                                |                                                       |                       |
| Other (describe) |                       |                                |                                                       |                       |

If infant room staff feels your child is hungry and in need of a bottle outside of their feeding window, can they offer a bottle earlier than scheduled?

\_\_\_\_\_ no, please do not feed earlier than the scheduled time frame.

\_\_\_\_\_ Yes. Staff can offer a bottle up to \_\_\_\_\_ minutes before scheduled feeding time.

\_\_\_\_\_ Yes. Staff can offer a bottle if needed at their discretion.

Please circle all that your child has tried

Pea Green Bean Sweet Potato Carrot Squash Pumpkin Pear Apple Peach Banana Mango Prune

(Snacks- 6 to 11 months old)- Gerber Puffs Yogurt Melts Lil Crunchies Teethers Teether Wheels

**6 months to 11 months – All meals will also be served with a fruit or veggie listed above with additional variety from the kitchen below**

Cherry Apricot Raspberries Blueberries Blackberries Strawberries Cinnamon Pineapple Orange Broccoli Corn

**Breakfast/Lunch:** Please circle all that you would like us to offer

**Protein:** Meat, Cheese, Yogurt, Egg, Infant Cereal

**PM Snack:** Please circle all that you would like us to offer

Bread, Crackers, Infant cereal, Ready to eat cereal (such as Chex, Kix, Cheerios)

Type of Bottle and Nipple: \_\_\_\_\_

I plan to come to the center to nurse/feed my baby at the following time(s): \_\_\_\_\_

My usual pick-up time will be: \_\_\_\_\_

**At the end of the day, please do the following with thawed and frozen breast milk:**

Table Food is served daily from the Benson Public Schools cafeteria.

Today's date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Teacher Signature: \_\_\_\_\_

**Please flip over to other side of page.**