



October 2026

JUNIOR HIGH SCHOOL

BREAKFAST MENU

BREAKFAST PRICES:
Students (7-8): **FREE**
Adults: **\$2.70**

Weekly Special:

Yogurt Parfait Bar

Pick 2 Cart

All Breakfast Must Include
Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat
Milk

**Powering
potential.**

MON	TUES	WED	THURS	FRI
			Blueberry Muffin ¹ Top w/Vanilla Grahams Chicken & Cheese Biscuit	T. Sausage & Cheese English Muffin ² French Toast Sticks
Meatball ⁵ Breakfast Flatbread Pizza French Toast Sticks	Maple Glazed Bacon Donut ⁶ Ham & Cheese Croissant	Vanilla Confetti Snack'n Waffles ⁷ Breakfast Burrito	Turkey Pancake Wrap ⁸ WG Eggoji Waffles	Ham, Egg & Cheese Biscuit ⁹ Pancake Bites
Blueberry Muffin ¹² Square Egg & Cheese Croissant	Breakfast Burrito ¹³ French Toast Sticks	Turkey Sausage Biscuit ¹⁴ Cinnamon Churro Bites w/ Dip		
Chicken & Cheese ¹⁹ English Muffin Vanilla Confetti Snack'n Waffles	Egg, Bacon & Cheese Flatbread ²⁰ Glazed Cinnamon Roll	Breakfast Burrito ²¹ Vanilla Glazed Donut		
 Pumpkin Spice Day Pumpkin Donut Turkey Sausage Pancake Wrap ²⁶	Egg and Cheese ²⁷ Croissant WG Eggoji Waffles	Country Chicken ²⁸ Biscuit Vanilla Confetti Snack'n Waffles	WG Vanilla ²⁹ Glazed Donut T. Sausage, Egg & Cheese Biscuit	Bacon, Egg & Cheese Bowl w/ Tortilla ³⁰ French Toast Sticks

Menus are subject to change.
***WG=Whole Grain**

A variety of fresh fruits, juice & milk are offered daily with breakfast.

PICK 2 CART choices include: assorted cereals, assorted muffins, string cheese, hard boiled egg, cereal bars, Chex snacks, Nutri-Grain bars, Scooby Cinna-Grahams, Goldfish crackers, Pop Tarts.

Please communicate any questions about allergies or ingredients to the cafeteria manager.

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STUDENT
NUTRITION

This institution is an equal opportunity provider.

