

Online payments may be made at
SchoolCafe.com
This institution is an Equal
Opportunity Provider.

School Breakfast - FREE
We look forward to serving you!

KASD Elementary Breakfast Menu

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Maple Pancake Puffs OR Strawberry Pancake Puffs	Sausage, Egg & Cheese English Muffin	Warm Cinnamon Roll	Breakfast Pizza	Confetti Pancakes w/ Sausage Links
Cereal w/ String Cheese Cereal w/ Yogurt Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Milks	Cereal w/ String Cheese Cereal w/ Yogurt Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Milks	Cereal w/ String Cheese Cereal w/ Yogurt Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Milks	Cereal w/ String Cheese Cereal w/ Yogurt Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Milks	Cereal w/ String Cheese Cereal w/ Yogurt Assorted Fresh Fruit Assorted 100% Fruit Juice Assorted Milks

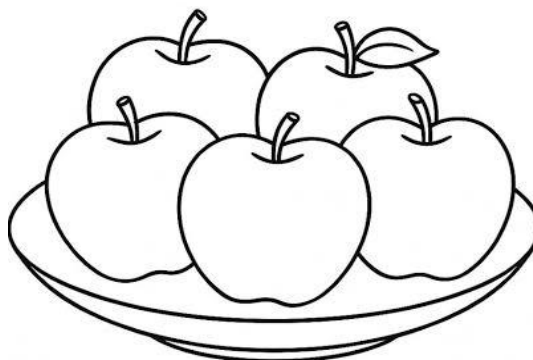
Breakfast is free every day!!

All breakfasts consist of whole grains, fruits, 100% fruit juice and choice of milk.

A total of 3 to 4 items must be taken to make a complete and no charge breakfast.

One of the items must be a fruit or 100% fruit juice.

This institution is an equal opportunity employer and provider. Menu subject to change without notice.



Just the Facts about Apples

- About 400–500 million pounds of apples are produced in PA every year.
- The majority of PA apple production is centered in the south-central region of the state.
- One-third of PA's apple crop is sold fresh; the remainder is processed for apple cider, applesauce, pies and juice.
- Apples are packed with nutrients and are an excellent source of dietary fiber.

paharvestofthemonth.org