



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!

BREAKFAST

MONDAY



Lemon Bread
Assorted Cereals
Fruit Variety
1% and Skim Milk

05

TUESDAY



Waffles
Assorted Cereals
Fruit Variety
1% and Skim Milk

06

WEDNESDAY



Frudel
Assorted Cereals
Fruit Variety
1% and Skim Milk

07

THURSDAY

Banana Muffin
Fruit Variety
1% and Skim Milk

01

Banana Muffin
Assorted Cereals
Fruit Variety
1% and Skim Milk

08

FRIDAY

Cheerios
Fruit Variety
1% and Skim Milk

02

Benefit Breakfast Bar
Assorted Cereals
Fruit Variety
1% and Skim Milk

09

Lemon Bread
Assorted Cereals
Fruit Variety
1% and Skim Milk

12

Waffles
Assorted Cereals
Fruit Variety
1% and Skim Milk

13

Frudel
Assorted Cereals
Fruit Variety
1% and Skim Milk

14

1/2 DAY
Banana Muffin
Assorted Cereals
Fruit Variety
1% and Skim Milk

15

1/2 DAY
Benefit Breakfast Bar
Assorted Cereals
Fruit Variety
1% and Skim Milk

16

NO SCHOOL

19

Waffles
Assorted Cereals
Fruit Variety
1% and Skim Milk

20

Frudel
Assorted Cereals
Fruit Variety
1% and Skim Milk

21

Banana Muffin
Assorted Cereals
Fruit Variety
1% and Skim Milk

22

Benefit Breakfast Bar
Assorted Cereals
Fruit Variety
1% and Skim Milk

23

Lemon Bread
Assorted Cereals
Fruit Variety
1% and Skim Milk

26

Waffles
Assorted Cereals
Fruit Variety
1% and Skim Milk

27

Frudel
Assorted Cereals
Fruit Variety
1% and Skim Milk

28

Banana Muffin
Assorted Cereals
Fruit Variety
1% and Skim Milk

29

1/2 DAY
Benefit Breakfast Bar
Assorted Cereals
Fruit Variety
1% and Skim Milk

30



Marshall Elementary Schools - Food Service

Alan Breneman, Food Service Director

Online meal account access: marshall.familyportal.cloud

This institution is an equal opportunity provider Menu is subject to change based on product availability

OCTOBER 2026