

Mental Health Resource & Referral Guide

A guide to available resources in the nine counties served by the NEO MHAT Project, plus details on giving a referral.



Last updated 5/28/2024

About the Mental Health Resource & Referral Guide

In 2023 Kent State University's Center for Public Policy and Health, in the College of Public Health, was awarded \$600,000 in grant funding by the Substance Abuse and Mental Health Administration to support the Northeast Ohio Mental Health Awareness Training (NEO MHAT) project. This is a collaborative project with the Educational Service Center of Northeast Ohio; Stark County Educational Service Center; Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County; and Stark County Mental Health and Addiction Recovery. The project spans 69 school districts in nine counties in Northeast Ohio. Using evidence-based mental health awareness trainings and community resource education, NEO MHAT trains teachers and relevant school personnel to connect children and youth to appropriate mental health resources. This guide was developed to assist those participating in NEO MHAT with identifying mental health resources.

This guide is not intended to provide immediate help with a crisis. Please call 911 if you are concerned about the immediate safety of an individual or the safety of others.

Call or text 988 to reach the Suicide and Crisis Lifeline for free, 24/7 confidential support for people in distress or for prevention and crisis resources for you or loved ones.

How to Use the Mental Health Resource & Referral Guide:

Page 3 includes a directory where you can click directly on the county you would like more information about.

All of the resources provided are for children and adolescents. When applicable, there is a specific age group listed.

Some resources may offer telehealth. Call any resource you are interested in to determine what resource is best for you and your situation.

Resources marked with an asterisk indicate that bilingual services are available, per the organization's website. This does not mean that other resources in this guide do not offer bilingual services. Please contact the resource you are interested in to learn more about services that are offered.

Don't let finances stop you from seeking or receiving mental health help. To learn what resources take your insurance or offer financial assistance call that resource for more information.

This resource guide highlights only some resources, it is not intended to be an inclusive list. Contact your local Alcohol, Drug, and Mental Health Board (ADHAM) Board for more resources.

The information in this guide is considered correct at the date of publication. Changes in circumstances may impact the accuracy of the information. Resources do not constitute endorsement, recommendation, or favoring. If you provide mental health services for youth within the nine counties served by the NEO MHAT grant and do not see your resource within this guide and would like it to be included, please contact Diana Kingsbury-Patel (dkingsb2@kent.edu).

Things to consider when giving a referral:

1. Remain calm.
2. Ask the person what referrals they are comfortable with and what they would be most interested in.
3. Assess the situation. If the situation turns into a crisis or the person is in danger of hurting themselves or others, call 911 immediately.
4. Avoid giving advice and be non-judgemental. Put yourself in their shoes and allow them to be in charge of their own path to recovery.

Directory

Click on the county you would like more information about to be taken directly to that page.

[National and State Resources](#)

[Carroll County Resources](#)

[Cuyahoga County Resources](#)

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National Resources

Please call 911 if you are concerned about the immediate safety of an individual or the safety of others.

Call or text 988 to reach the Suicide and Crisis Lifeline for free, 24/7 confidential support for people in distress or for prevention and crisis resources for you or loved ones.



Crisis Text Line: Text **4hope to 741-741**

NAMI Teen & Young Adult HelpLine

Available Monday Through Friday, 10:00 AM - 10:00 PM ET

Select 'Chat with Us' at <https://www.nami.org/Support-Education/NAMI-HelpLine/Teen-Young-and-Adult-HelpLine>

Text Friend to 62640 or call [1-800-950-NAMI](tel:1-800-950-NAMI) (6264).

LGBTQ+ Youth

LGBT National Youth Talkline - 1-800-246-7743

TrevorLifeline - 1-866-488-7386

TrevorText - Text START to 678-678

Resources for Finding a Mental Health Professional

Information from [National Alliance on Mental Illness on Finding a Mental Health Professional](#)

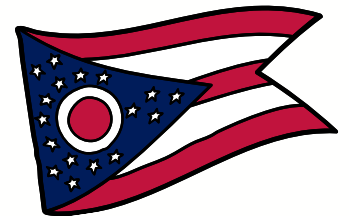
Find an African American Psychologist via [Association of Black Psychologist](#) or through [Therapy for Black Girls](#)

[Find an Asian Therapist](#)

[Find a Hispanic/Latino Therapist](#)

Ohio Resources

Ohio CareLine: 1-800-720-9616



Ohio Guidestone

Mental Health Services

330-343-8171 | www.ohioguidestone.org

On the website, select 'Locations' and then select 'Northeast Ohio' for your specific county.

Ohio Mental Health & Addiction Services

The resources at this link will connect you to the help you need. You can use this page to help you search for providers, or find ways to get immediate help.

<https://mha.ohio.gov/get-help/get-help-now/get-help-now>

Statewide Peer Support for Youth and Adults

<https://mha.ohio.gov/community-partners/peer-supporters/peer-supporters>

OhioRISE

As a part of Ohio Medicaid's effort to launch the next generation of Medicaid, ODM has launched OhioRISE (Resilience through Integrated Systems and Excellence), a specialized managed care program for youth with complex behavioral health and multisystem needs.

<https://managedcare.medicaid.ohio.gov/managed-care/ohiorise/ohiorise>

Carroll County

Local 24/7 Crisis Line: (330)-627-5240

ADAMH Board of Tuscarawas and Carroll Counties

Main Office:

119 Garland Dr. SW New Philadelphia, OH 44663

(330)-627-7912

<https://adamhtc.org/>

Mental Health Services

Mercy Hospital Carrollton Therapy Services (All ages)

(330).627.8873

<https://my.clevelandclinic.org/locations/directions/614-mercy-hospital-carrollton-therapy-services>

Southeast Health Care (All ages)

(330) 339-7850

<https://southeasthc.org/>

SpringVale Health Centers

(330) 343-6631

<https://springvalehealth.org/behavioral-health/school-based-children-adolescent-counseling/>

Family Services

Carroll County Family & Children First

(330) 627-3201

<https://carrollcountyohio.us/carroll-county-family-and-children-first/>

Works to coordinate systems and services among a collaboration of government family and child serving systems, along with private agencies and parents.

Cuyahoga County

Local 24/7 Crisis Line: (216)-623-6888

ADAMH Board of Cuyahoga County

2012 W. 25th Street, 6th Floor Cleveland, OH 44113

(216)-241-3400 | <https://adamhtc.org/>

Mobile Response & Stabilization Services (MRSS)

Provides crisis de-escalation, stabilization, and linkage services for youth ages 0 to 20 and their families

1-888-418-MRSS (6777) - **24/7 Hotline**

<https://www.adamhsc.org/resources/finding-help/by-service/crisis-services/mobile-response-stabilization-services-mrss>

Mental Health Services

Applewood Centers

(216) 521-6511

<https://www.applewoodcenters.org/>

Beech Brook

(216) 831-2255

<https://www.beechbrook.org/>

FrontLine Service

(216) 623-6555

<https://www.frontlineservice.org/>

*Humanistic Counseling Centers (All Ages)

(216)-839-2273

<https://hccc.org/>

May Dugan Center

(216) 631-5800 [Ext. 100]

<https://www.maydugancenter.org/>

Murtis Taylor Human Services System

(216) 238-4400

<https://www.murtistaylor.org/>

New Directions

(216) 591-0324

<https://newdirections.co/>

Positive Education Program

(216) 361-4400

<https://pepcleve.org/>

Recovery Resources

(216) 431-4131

<https://www.recres.org/>

Developmental

ASPIES

(330) 745-5115

<https://www.aspies.org/>

Prevention

Achievement Centers for Children(Ages 0-18)

(216) 292-9700

<https://achievementcenters.org/>

East CLE Neighborhood Center

(216) 932-3626

<https://www.ecnc1986.org/>

*Hispanic UMADAOP

(216) 459-1222

<https://humadaop.org/>

*NAMI of Greater Cleveland

Peer Support

(216) 875-0226

<https://namigreatercleveland.org/>

Shaker Heights Youth Center

(216) 752-9292

<https://www.shakerheightsyouthcenter.org/>

Faith-Based Resources

*Catholic Charities Community Services

School-based prevention

(216) 391-2030

<https://www.ccdocle.org/>

Bellefaire Jewish Children's Bureau

Mental Health Recovery/Prevention

(216) 932-2800

<https://www.bellefairejcb.org/>

Naaleh Prevention

Mentoring/Referrals

(216) 591-6191

<https://naalehcleveland.org/>

Geauga County

Copeline Crisis Line: 1-888-285-5665 or 440-285-5665 to access a Crisis Intervention Specialist.

Geauga County Board of Mental Health and Recovery Services

13244 Ravenna Road, Chardon, OH 44024

(440)-285-2282

mhrs@geauga.org

<https://www.geauga.org/>

Mental Health Services

Abundant Life Counseling, LLC. (All Ages)

(440) 490-4011

<https://www.abundantlifecounselingandconsultingllc.com/>

Family Pride of Northeast Ohio, Inc. (All Ages)

(440) 286-1553

<http://www.familyprideonline.org/>

Jones-Wood Psychological (All Ages)

(440)-708-0188

<https://jones-woodpsychological.com>

Ravenwood Health (All Ages)

Also provides: Addiction Services

(440) 285-3568

<https://ravenwoodhealth.org/>

Redefined Counseling & Consulting (All Ages)

(440) 688-4308

<https://www.redefinedcounseling.com/>

Signature Health (Ages 2+)

(440) 578-8200

<https://www.signaturehealthinc.org/>

Ubuntu Wellness (All Ages)

(440) 214-9062

<https://www.ubuntuwellnessohio.com/clinical-counseling>

Faith-Based Resources

***Catholic Charities Community Services**

Mental Health Services, All Ages

(440) 285-3537

<https://www.ccdocle.org/counties/geauga>

Other

Torchlight Youth Mentoring Alliance

Help to foster the development of youth

(440) 352-2526

<https://torchlightyouthmentoring.org/#/home>

NAMI Geauga County

Peer Support, System Navigation (Ages 14+)

(440) 286-6264

<https://namigeauga.org/>

Lake County

24/7 Crisis Line: (440) 953-TALK (8255)

Compass Line (Non-Emergency Situations) (440) 350-2000

Lake County ADAMHS Board

(440) 350-3117 or (440) 918-3117 (Cleveland)

info@lakeadamhs.org

<https://www.helpthatworks.us/>

Transportation Line | Help with getting to/from behavioral health appointments at agencies affiliated with the Lake County ADAMHS Board | (440) 350-2050

Mental Health Services

Anchor Counseling (All Ages)

(440) 742-4656

<https://www.anchorcounselingohio.com/>

Crossroads Health (All Ages)

Also provides: Addiction services

(440)255-1700

Crossroads-lake.org

***Humanistic Counseling Centers (All Ages)**

(216)-839-2273

<https://hcccares.com/>

Insight Counseling and Wellness (All Ages)

Also provides: Addiction services

(440) 701-6170

<https://insightcounselingoh.com/>

Premier Behavioral Health Services

(440) 266-0770

<https://pbhsohio.com/>

Signature Health (All Ages)

(440)953-9999

signaturehealthinc.com

The Behavioral Wellness Group (All Ages)

(440) 392-2222

<https://behavioralwellnessgroup.com/>

Windsor Laurelwood Center for Behavioral Medicine (All Ages)

Addiction services

(440)-953-3000

<https://windsorlaurelwood.com/>

Faith-Based Resources

***Catholic Charities Community Services of Lake County**

Mental Health Services

(440) 352-6191

<https://www.ccdocle.org/locations/catholic-charities-lake-county>

Other

NAMI Lake County

Peer Support, System Navigation (Ages 14+)

(440) 639-1200

<https://namilakecountyohio.org/>

Torchlight Youth Mentoring Alliance

Help to foster the development of youth

(440) 352-2526

<https://torchlightyouthmentoring.org/#/home>

Portage County

**24/7 Crisis Line (330) 678-HELP (4357) - Townhall II or (330) 296-3555 (Coleman Behavioral Health)
Addiction Helpline (330) 678-3006**

Mental Health and Recovery Board of Portage County

155 E. Main St. Kent, OH 44240

(330) 673-1756

<https://www.mental-health-recovery.org/>

Mental Health Services

Aurora Counseling & Consulting, LLC (All Ages)

(330) 826-1122

<https://www.auroracounselingandconsulting.com/>

Children's Advantage (All Ages)

(330) 296-5552

<https://childrensadvantage.org/>

Coleman Health Services

(330) 673-1347

<https://www.colemanservices.org/>

Counseling for Wellness, LLC

(330) 677-2000

<https://sites.google.com/view/counselingforwellnessllc>

Family & Community Services

(330) 677-4124

<https://fcsserves.org/>

Healing Strides Counseling Services, LLC

(216) 264-0337

<http://www.healingstridescounseling.com/>

***Humanistic Counseling Centers (All Ages)**

(216)-839-2273

<https://hcccares.com/>

Kent Psychological Associates

(330) 673-5812

<https://kentpsychological.com/>

Live to Thrive, LLC

(330) 422-8777

<https://livetothrivellc.com/>

Mindfully (Formerly Nancy Lowrie & Associates, LLC)

(440) 846-0862

<https://www.lowrieandassociates.com/>

Simply Amazing Family Environment

(330) 422-9005

<https://familyenvironment.org/>

Summit Psychological Associates

(330) 296-3700

*Psychiatry

<https://www.summit-psychological.org/>

Townhall II

(330) 678-3006

<https://www.townhall2.com/>

Developmental

ASPIES

(330) 745-5115

<https://www.aspies.org/>

Stark County

24/7 Local Crisis Hotline (330) 452-6000

Stark County Mental Health & Addiction Recovery

121 Cleveland Ave SW

Canton, OH 44702

(330) 455-6644

info@starkmhar.org

<https://starkmhar.org/>

Mental Health Services

Alliance Family Health Center (Ages 14+)

(330) 249-7011

<https://www.alliancefamilyhealth.org/>

Barbara Fordyce & Associates (All ages)

(330) 492-2006

<https://www.bfordyce.com/>

Child and Adolescent Behavioral Health (Ages 0-24)

Alcohol and Drug Support, Peer Support, & More

(330) 454-7917

<https://www.childandadolescent.org/>

Coleman Health Services (All Ages)

(330) 438-2400

<https://www.colemanservices.org/>

CommQuest Services (All Ages)

Also provides: Addiction Recovery, Support Services

(330) 455-0374

<https://www.commquest.org/>

Emerald Pine Grief & Trauma Services (All ages)

(330) 546-0199

<https://www.emeraldpine.net/>

HWS Best Health Counseling (All ages)

(330) 442-2664

<https://www.hwsbesthealth.com/>

Lifecare Family Health & Dental Center (Ages 10+)

(330) 454-2664

<https://www.lifecarefhdc.org/>

Pathway Caring for Children (Ages 2+)

(330) 493-0083

<https://www.pathwaycfc.org/>

Stark County TASC (Ages 14+)

Addiction Recovery Services

(330) 479-1912

<https://www.starktasc.org/>

Other

Canton Community KidSummit Against Drugs

Prevention Programs (Ages 8-
Adolescence)

(330) 453-1155

<https://www.starkhelpcentral.com/resource/canton-community-kidsummit-drugs/>

Children's Network of Stark County

System Navigation (Ages 0-22)

(330) 451-1700

<http://www.starkchildrensnetwork.org/>

NAMI Stark County

Peer Support, System Navigation
(Ages 14+)

(330) 455-6264

<https://namistarkcounty.org/>

Stark Community Support Network

Community Outreach (All Ages)
(330) 455-2260

<https://starkcommunitysupportnetwork.com/>

Developmental

ASPIES

(330) 745-5115

<https://www.aspies.org/>

Summit County

Copeline Crisis Line: 1-888-285-5665 or 440-285-5665 to access a Crisis Intervention Specialist.

County of Summit Alcohol, Drug Addition, & Mental Health Services Board

1867 West Market Street, Suite B2,

Akron, OH 44313

330-762-3500

adm@admboard.org

<https://www.admboard.org/>

Mental Health Services

Akron Children's Hospital

Psychiatric Intake Resource Center

24/7 Telephone triage, crisis services, referral
to mental health services

(330) 543-7472

<https://www.akronchildrens.org/pages/Psychiatric-Intake-Response-Center.html>

Child Guidance & Family Solutions.

(330) 794-4254

<https://www.cgfs.org/>

Greenleaf Family Center

(330) 376-9494

<https://www.greenleafctr.org/>

***Humanistic Counseling Centers (All Ages)**

(216)-839-2273

<https://hcccares.com/>

The Blick Center

(330) 762-4525

<https://www.blickcenter.org/>

Summit Psychological Associates

(330) 535-8181

<https://www.summit-psychological.org/>

Prevention

NAMI Summit County

(330) 252-1188

<https://namisummit.org/>

Developmental

ASPIES

(330) 745-5115

<https://www.aspies.org/>

Other

Summit Help

A website to connect people with support, treatment, housing, and employment resources. You can filter by age, service, or payments accepted.

www.summithelp.org

Tuscarawas County

Local 24/7 Crisis Line 330-343-1811

ADAMH Board of Tuscarawas and Carroll Counties

Main Office:

119 Garland Dr. SW New Philadelphia, OH 44663

330-364-6488

<https://adamhtc.org/>

Mental Health Services

Chrysalis Counseling Center (All ages)

(330) 364-9360

<http://www.chrysaliscounseling.com/>

Living Tree Recovery Centers (All ages)

(740) 229-7290

<https://www.recovery-tree.com/>

New Life Counseling (All ages)

(330) 343-6600

<https://www.newlifedover.com/>

**Noah's Hope Child Advocacy Center of
Tuscarawas**

(330)-364-2777

<https://www.noahshopecac.org/>

Southeast Health Care (All ages)

(330) 339-7850

<https://southeasthc.org/>

SpringVale Health Centers

(330) 343-6631

<https://springvalehealth.org/behavioral-health/school-based-children-adolescent-counseling/>

Wellmore Centre (All ages)

(234) 801-2469

<https://www.wellmorecentre.com/>

Family Services

***Tusc. County Family & Children First
Council**

(330)-343-2286

<https://tcfcfc.org/>

The Village Network

(740) 922-2144

<https://thevillagenetwork.org/>

Developmental

ASPIES

(330) 745-5115

<https://www.aspies.org/>

Other

NAMI - Carroll & Tusc. Counties

Peer Support (All ages)

(330) 308-8604

Wayne County

Local 24/7 Crisis Hotline: (330)-264-9029 | Substance Use Crisis Line: (330)-466-0678

The Mental Health & Recovery Board of Wayne (& Holmes) Counties

1985 Eagle Pass
Wooster, OH 44691
(330)-264-2527

<https://www.whmhrb.org/>

Mental Health Services

Bowden & Associates (All Ages)
(330) 345-3461
<https://www.achievethebest.org/>

The Counseling Center of Wayne and Holmes Counties
Mental Health Services
Main Office: (330)-264-1590
Toll Free: (877)-264-9029
<https://www.ccwhc.org/>

Chrysalis Family Solutions (All Ages)
(330) 439-5651
<https://chrysalisfamilysolutions.com/>

One-Eighty (All Ages)
330-264-8498
<https://www.one-eighty.org/>

Prevention

NAMI - Wayne and Holmes Counties
(330)-264-1590
<https://www.namiwayneholmes.org/>

Support

PALS Support Group
A grief support group for people affected by a loved one's suicide. Meetings every fourth Tuesday each month.
(330)-264-1590
<https://www.namiwayneholmes.org/Suicide-Awareness-and-Support>

Developmental

ASPIES
(330) 745-5115
<https://www.aspies.org/>