



MOTIVATIONAL INTERVIEWING

A Relational Conversation Approach



Facilitated by:
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FREE virtual in depth training for ALL helping professionals!

Motivational Interviewing (MI) is a strategy to have a collaborative conversation to strengthen a person's own motivation for and commitment to change. After this training, participants will have gained practical, evidence-based (MI) skills and insight into helping clients walk toward positive behavior change.

Participants will be able to:

- Identify & apply the 5 critical principles of MI
- Name & apply 5 core skills of MI
- Distinguish where a client is on the Stages of Change model and identify appropriate strategies

Virtual participation is required. All participants will receive certificates after the end of the last workshop. In addition, SCOE's Bridges to School Success (provider # 1000182) is approved by CAMFT to sponsor continuing education for LMFT, LCSW, LPCC, and LEP's. SCOE maintains responsibility for this program and its course content. This course has been approved by CAMFT for 20 hours of continuing education credit by the California Board of Behavioral Sciences. For CEUs, must participate **in the two full day workshops and first 4 scheduled workshops**. CEU course completion certificates will be awarded at the end of the course in exchange for completed evaluation forms.

Register for the Fall or Spring training and monthly workshops via Zoom:

REGISTER: <https://bit.ly/4fyG17u>

*For CEUs, must attend both full day trainings **AND** 4 practice workshops

Fall Training: 9am-4pm

MI Part I: 8/19/26

MI Part II: 10/14/26

Fall Practice Workshops:

8:30am-10:30am

Workshop 1: 9/2/26

Workshop 2: 10/7/26

Workshop 3: 11/4/26

Workshop 4: 12/2/26

Spring Training: 9am-4pm

MI Part I: 1/13/2027

MI Part II: 3/10/2027

Spring Practice Workshops:

8:30am-10:30am

Workshop 1: 02/03/27

Workshop 2: 03/03/27

Workshop 3: 04/07/27

Workshop 4: 05/05/27

For more information about our trainers or this course, visit:

<https://bit.ly/4gPiLo3> or contact us at: Bridges@ShastaCOE.org

Join the mailing list for news and updates! <https://bit.ly/4cuq14h>

