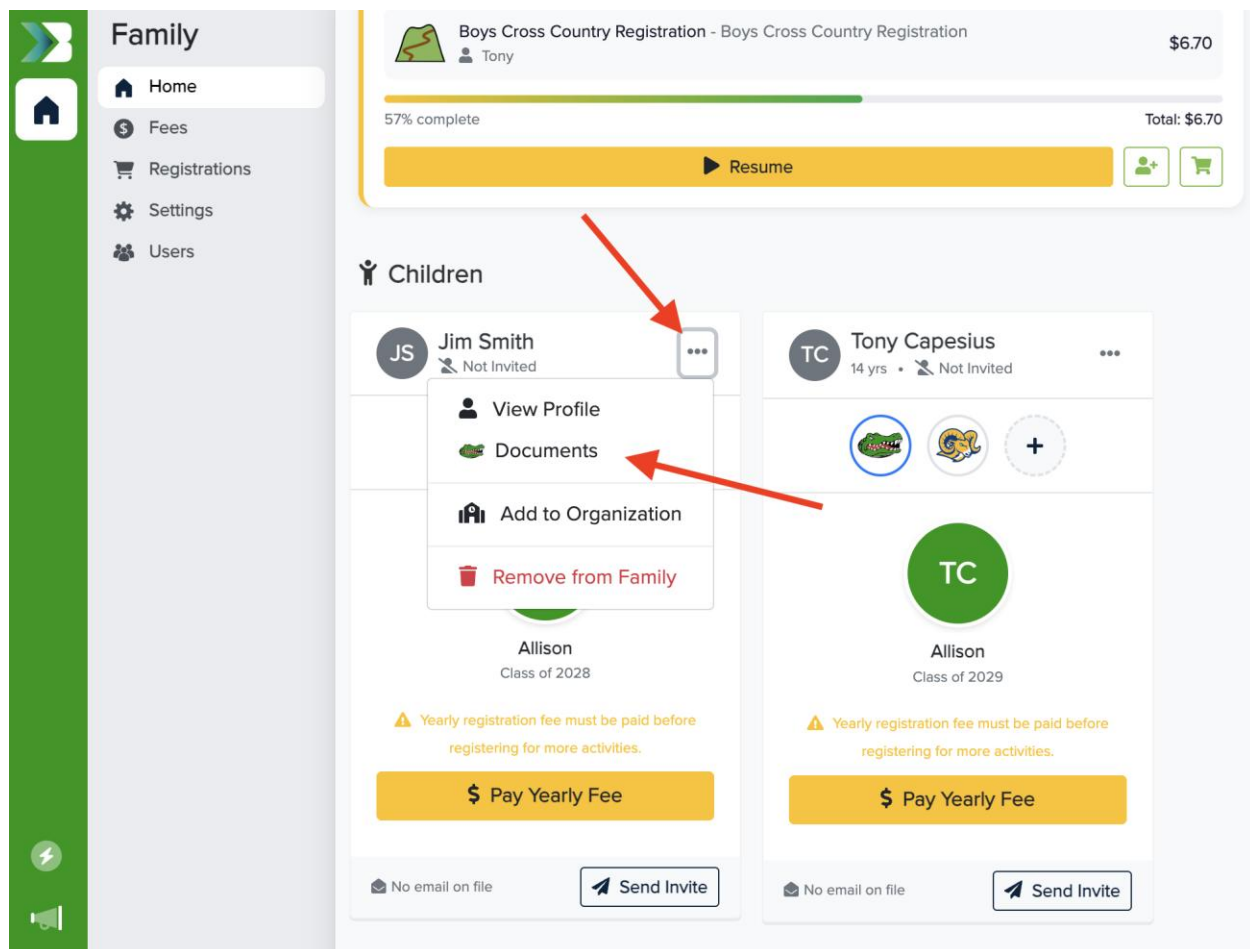


How to Upload a Physical

How to upload a student physical in your student / family account.

March 2, 2026

1. To upload a Physical, first log into your Family Dashboard. Then find your child's student card. Click the 3 dots on the student, and then select Documents.



The School Documents section is found on your child's profile under their student card in the Family Dashboard. This is where you'll find the documents and forms that school wants you to fill out, such as the Physical form, reside. From here you can also see the documents and forms you've already completed, as well as where you'll go if you need to re-upload a document like a physical.

Student

Dashboard

My Profile

My Families

My Students

Allison

Submit

Submit

Test Link Bug

Submit

Sample

Test Of New Document Stuff

Submit

Test of Wisconsin Scenario - one year physical

Physical

Submit

Test of Wisconsin Scenario - two year physical

Physical

Submit

Sample

True

Signed and Completed Documents

	Name	Signee	Signed	
✓ Submit NEW	Basic Physical	Brett Capesius	3/2/2026 - 1:18 PM	3/1/2026 - 484 Days Left
✓	Questions about Food		2/25/2026 - 1:19 PM	

About Documents

Requested Documents: You can upload a new requested document at any time using the "Submit NEW" button.
Other Documents: Click "Submit" to complete agreements and waivers.

2. Under the Documents header, click the green button next to the Physical form. If you also see a yellow button, that is a sample of the document you're being asked to upload or sign or an additional link to help complete the necessary document.

The screenshot shows a student portal interface. On the left is a dark blue sidebar with a logo and navigation links: Student, Dashboard, My Profile, My Families, My Students, and Allison. The main content area is titled 'Documents' and shows a list of requested documents for Allison. A red arrow points to the 'Submit' button for the 'Basic Physical' document.

Current 2025-26

Documents

Students / Jim Smith / Documents

Allison 2025-26

Jim Smith
Sophomore | Class of 2028

Overview Awards Documents Eligibility Fees Fundraising Injuries Registrations

Requested Documents

Submit	1234
Submit	Basic Physical * Physical
Submit	Double Approval * Physical
Submit	Multiple Files *
Submit	Multiple Files *
Submit	PIAA Parent/Guardian Certification Form (Section 7)

3. Upload the Physical document(s), fill out the rest of the page as needed, and then click Submit Document at the bottom. Please be aware that uploading the Physical form doesn't remove the "request" for the physical under School Documents. It remains there in case you need to upload a new one in the future.

2023-2024

Jim Smith

Sophomore

OverviewAwards

Requested Documents

Submit

Submit

Submit

Submit

Submit

Submit

Submit

Submit

Submit

Basic Physical

Upload Documents

Upload Front Page

Browse

Required*

Upload Back Page

Browse

Required*

No file chosen

You can upload PDFs, JPEGs or PNGs (max 50MB per file).

Notes

Optional notes for school staff

Physical Examination Date *

mm/dd/yyyy

Please provide the date the physical was performed.

Parent/Guardian Signature *

Brett Capesius

By typing your name, you are electronically signing this document.

Signing As

brett.capesius@gobound.com

Date

March 2, 2026

Close

Submit Document