



HIGHLANDS ELEMENTARY BREAKFAST



OCTOBER

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/28/2026	9/29/2026	9/30/2026	10/1/2026	10/2/2026
Breakfast Entrée Grab n Go Fruit Loop Waffle 1/2 C Peach Cup FF or 1% White Milk	Breakfast Entrée Benefit Bar - Banana Chocolate Chip 1/2 C Peach Cup FF or 1% White Milk	Breakfast Entrée Chocolate Muffin w/ Belly Bears Apple Juice Box FF or 1% White Milk	Breakfast Entrée Cinnamon Toast Muffin WG 1/2 C Fresh Apple Slices FF or 1% White Milk	Breakfast Entrée WG Donut Ring - Powdered Very Berry Juice Box FF or 1% White Milk
OFFER VS SERVE: ADDITIONAL FRUIT SERVED DAILY DRIED CRANBERRIES OR RAISIN STUDENTS TAKE 3/4 (ENTRÉE=2+ 1 FRUIT=REIMBURSABLE MEAL)				
10/5/2026	10/6/2026	10/7/2026	10/8/2026	10/9/2026
Breakfast Entrée Grab n Go Maple Waffle 1/2 C Peach Cup Dried Cranberries	Breakfast Entrée WG Fudge Poptart w/ Belly Bears 1/2 C Cinnamon Applesauce FF or 1% White Milk	Breakfast Entrée Hadley Farms Cinnamon Roll Apple Juice Box FF or 1% White Milk	Breakfast Entrée Sausage Pancake on a Stick 1/2 C Fresh Apple Slices FF or 1% White Milk	Breakfast Entrée WG Donut Ring - Chocolate Very Berry Juice Box FF or 1% White Milk
OFFER VS SERVE: ADDITIONAL FRUIT SERVED DAILY DRIED CRANBERRIES OR RAISIN STUDENTS TAKE 3/4 (ENTRÉE=2+ 1 FRUIT=REIMBURSABLE MEAL)				
10/12/2026	10/13/2026	10/14/2026	10/15/2026	10/16/2026
Breakfast Entrée Grab n Go Fruit Loop Waffle 1/2 C Peach Cup FF or 1% White Milk	Breakfast Entrée Benefit Bar - Banana Chocolate Chip 1/2 C Cinnamon Applesauce FF or 1% White Milk	Breakfast Entrée Chocolate Muffin w/ Belly Bears Apple Juice Box FF or 1% White Milk	Breakfast Entrée Cinnamon Toast Muffin WG 1/2 C Fresh Apple Slices FF or 1% White Milk	Breakfast Entrée WG Donut Ring - Powdered Very Berry Juice Box FF or 1% White Milk
OFFER VS SERVE: ADDITIONAL FRUIT SERVED DAILY DRIED CRANBERRIES OR RAISIN STUDENTS TAKE 3/4 (ENTRÉE=2+ 1 FRUIT=REIMBURSABLE MEAL)				
10/19/2026	10/20/2026	10/21/2026	10/22/2026	10/23/2026
Breakfast Entrée Grab n Go Maple Waffle WG 1/2 C Peach Cup FF or 1% White Milk	Breakfast Entrée WG Fudge Poptart w/ Belly Bears 1/2 C Cinnamon Applesauce FF or 1% White Milk	Breakfast Entrée Hadley Farms Cinnamon Roll Apple Juice Box FF or 1% White Milk	Breakfast Entrée Sausage Pancake on a Stick 1/2 C Fresh Apple Slices FF or 1% White Milk	Breakfast Entrée WG Donut Ring - Chocolate Very Berry Juice Box FF or 1% White Milk
OFFER VS SERVE: ADDITIONAL FRUIT SERVED DAILY DRIED CRANBERRIES OR RAISIN STUDENTS TAKE 3/4 (ENTRÉE=2+ 1 FRUIT=REIMBURSABLE MEAL)				
10/26/2026	10/27/2026	10/28/2026	10/29/2026	10/30/2026
Breakfast Entrée Grab n Go Fruit Loop Waffle 1/2 C Peach Cup FF or 1% White Milk	Breakfast Entrée Benefit Bar - Banana Chocolate Chip 1/2 C Cinnamon Applesauce FF or 1% White Milk	Breakfast Entrée Chocolate Muffin w/ Belly Bears Apple Juice Box FF or 1% White Milk	Breakfast Entrée Cinnamon Toast Muffin WG 1/2 C Fresh Apple Slices FF or 1% White Milk	Breakfast Entrée WG Donut Ring - Powdered Very Berry Juice Box FF or 1% White Milk

OFFER VS SERVE: ADDITIONAL FRUIT SERVED DAILY DRIED CRANBERRIES OR RAISIN STUDENTS TAKE 3/4 (ENTRÉE=2+ 1 FRUIT=REIMBURSABLE MEAL)

Food Service Director: swaffensmith@goldenams.com

Menu Subject to Change

PART TIME CAFETERIA POSITIONS ARE CURRENTLY AVAILABLE! SEE WEBSITE OR CONTACT THE FOOD SERVICE DEPARTMENT FOR DETAILS 724-226-2400 xt. 4180

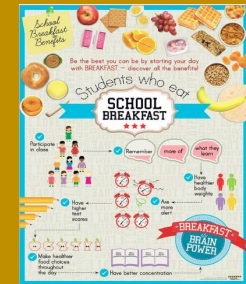
This institution is an equal opportunity provider and employer

What is a Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a 1/2 cup)
and
Choice of Milk
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

Fruit May Include:
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, fruit punch, grape or apple cran), fresh fruit selection including apples, bananas and oranges



Students eat FREE/Adult Prices - Breakfast \$3.05

MENU SUBJECT TO CHANGE