INTERNATIONAL ACADEMY DAILY LUNCH OPTIONS!

CHICKEN PATTIES: SPICY & REGULAR
CHICKEN TENDERS w/ MUFFIN, BAKED FRENCH FRIES
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!

Beef and Cheese Tatchos
Beef andCheeseoverCrispy TaterTots Served with refried beans and Toppings

Chicken Alfredo
Diced chicken in creamy Cheese Sauce tossed with Tender Pasta
Served with Garlic Bread and sauteed Mushrooms

Macaroni & Cheese
Whole grain pasta tossed in
a creamy cheddar cheese sauce
served with fresh steamed Broccoli

Sweet & Sour Chicken
Crispy battered chicken bites glazed in a sweet and sour sauce over WG rice with Asian mixed veggies.

Blackhawk Burger
All Beef Burger topped with
Crispy Lettuce, tangy Thousand Island Dressing and American Cheese on a WG Bun

2 Soft Tacos
Beef or Chicken and Cheese with a variety of toppings to choose from
Served with refried beans

Grilled Cheese Sandwich
Creamy American Cheese melted between WG Bread slices, Grilled and Served with Tomato Soup

Loaded Popcorn Chicken Tot Bowl
Crispy Popcorn Chicken and creamy Cheddar Cheese Sauce over crispy tater tots.

WING WEDNESDAY!
Crispy Chicken Wings tossed in a variety of sauces to choose from
Served with Crispy Cucumbers and Carrots and Ranch Dressing

Bosco Sticks
Mozzarella cheese filled breadsticks served with Marinara Sauce

Beef and Cheese Nachos
Beef and Cheese on Crispy tortilla chips with optional toppings
Served with refried beans

Chicken Schwarma
Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions
Served with Crispy Waffle Fries

Popcorn Chicken Bowl
Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and seasoned chicken gravy.

New Menu Item! Southwest Crunch Burger!!
An all beef patty topped with a blend of cheese, onions, peppers and spices. Topped with crispy tortilla strips for an added crunch!

Sloppy Joe Sandwich
A true comfort food! Seasoned ground beef tossed with a variety of seasonings and sauce and put on a bun. You may want to use a bib, they don't call it "sloppy" for nothing!

Spaghetti w/ Meatballs
Spaghetti served with your choice of either marinara or meat sauce and perfectly seasoned Italian meatballs. Served with garlic bread.

Chicken and Waffles
Crispy White meat breaded Chicken Strips
Served with Sweet Belgian Waffles,
Syrup Cup and optional Sweet Potato Fries

Dorito Taco Cheese Bowl
Crispy Baked Nacho Cheese Doritos
Topped with Beef and Cheese Sauce
Served with refried beans

All Beef Hot Dog Bar
Assorted toppings include all beef chili, cheese sauce, assorted veggie toppings and MORE!

Hungry Howie's Pizza
Your choice of Cheese, Pepperoni OR Veggie hand tossed pizza!
Gluten Free is also available with pre-order ONLY.

menu subject to change without notice
this institution is an equal opportunity provider

IA BREAKFAST

Offered Daily
in the Cafe 7:15am - 7:55am

Choose from Cold and Hot Choices including Apple Cinnamon Texas Toast, Breakfast Sandwiches, Yogurt Parfait
Bagels, Muffins
Cereal Bars, Cereal
All Breakfasts include up to a full cup of fruit and/or Juice and a
1% white or chocolate milk

Join us in learning about Michigan Produce!
Seasonal Carrots,Blueberries, Apples, Salad Greens, Sweet Potatoes and Much More!

DAIRY free

gluten FREE

100% VEGETARIAN

Gluten Free options available per medical request.
Pre-Order is Required
Vegetarian and Dairy Free options available.
Please call the number below for ANY of the above requests.
248.341.5671

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