



October Snack

mpschoools.org/menus

			1 Chicken & Cheese Walking Tacos Broccoli, Apples	2 Flatbread with Hummus & Cheese Stick Carrots, Fruit Cup
5 Bagel & Chocolate Chickpea Spread Yogurt Cup, Celery, Fruit Cup	6 Smoked Turkey Sandwich Carrots, Grapes	7 Chickpea & Jelly Sandwich Grape Tomatoes, Fruit Cup	8 Pizza Flatbread Broccoli, Apples	9 Bologna & Cheddar Sandwich Carrots, Fruit Cup
12 Bagel with Apple Chickpea Spread Yogurt Cup, Celery, Fruit Cup	13 BBQ Chicken Bites & Crackers Carrots, Grapes	14 Roast Turkey & Cheddar Sandwich Grape Tomatoes, Fruit Cup	15 Chicken & Cheese Walking Tacos Broccoli, Apples	16 Flatbread with Hummus & Cheese Stick Carrots, Fruit Cup
19 Bagel & Chocolate Chickpea Spread Yogurt Cup, Celery, Fruit Cup	20 Smoked Turkey Sandwich Carrots, Grapes	21 Chickpea & Jelly Sandwich Grape Tomatoes, Fruit Cup	22 Pizza Flatbread Broccoli, Apples	23 Bologna & Cheddar Sandwich Carrots, Fruit Cup
26 Bagel with Apple Chickpea Spread Yogurt Cup, Celery, Fruit Cup	27 BBQ Chicken Bites & Crackers Carrots, Grapes	28 Roast Turkey & Cheddar Sandwich Grape Tomatoes, Fruit Cup	29 Chicken & Cheese Walking Tacos Broccoli, Apples	30 Flatbread with Hummus & Cheese Stick Carrots, Fruit Cup