



October Super Power Box

COMMUNITY SITES 2026

mps.schools.org/menus

			1 Tortilla Chips & Salsa Fruit, vegetable, & milk offered	2 Flatbread & Hummus Fruit, vegetable, & milk offered
5 Bagel & Chocolate Chickpea Spread Fruit, vegetable, & milk offered	6 Granola Bites and Yogurt Fruit, vegetable, & milk offered	7 Chickpea & Jelly Sandwich Fruit, vegetable, & milk offered	8 Egg & Cheese Protein Pack Fruit, vegetable, & milk offered	9 Pretzel & Turkey Stick Fruit, vegetable, & milk offered
12 Bagel & Apple Chickpea Spread Fruit, vegetable, & milk offered	13 Crackers & Cheese Cup Fruit, vegetable, & milk offered	14 Animal Crackers & Yogurt Fruit, vegetable, & milk offered	15 Tortilla Chips & Salsa Fruit, vegetable, & milk offered	16 Flatbread & Hummus Fruit, vegetable, & milk offered
19 Bagel & Chocolate Chickpea Spread Fruit, vegetable, & milk offered	20 Granola Bites and Yogurt Fruit, vegetable, & milk offered	21 Chickpea & Jelly Sandwich Fruit, vegetable, & milk offered	22 Egg & Cheese Protein Pack Fruit, vegetable, & milk offered	23 Pretzel & Turkey Stick Fruit, vegetable, & milk offered
26 Bagel & Apple Chickpea Spread Fruit, vegetable, & milk offered	27 Crackers & Cheese Cup Fruit, vegetable, & milk offered	28 Animal Crackers & Yogurt Fruit, vegetable, & milk offered	29 Tortilla Chips & Salsa Fruit, vegetable, & milk offered	30 Flatbread & Hummus Fruit, vegetable, & milk offered

For nutrition facts and allergens, visit schoolcafe.com/
MinneapolisPublicSchools. Menu subject to change.
This institution is an equal opportunity provider.



WE DO NOT SERVE PORK HERE.

No servimos cerdo aqui.

Waxaan halkan kuma adeegi doofaarka.

Peb tsis pab naqij npuas no.