

# October School Release Day Breakfast



COMMUNITY SITES 2026

[mps.schools.org/menus](https://mps.schools.org/menus)

14

Blueberry  
Pomegranate  
Bar

Apples

15

Blueberry  
Waffles

Fruit Cup

16

Bagel &  
Chocolate  
Spread

Apples

MILK INCLUDED WITH EACH MEAL.

For nutrition facts and allergens, visit [schoolcafe.com/MinneapolisPublicSchools](https://schoolcafe.com/MinneapolisPublicSchools). Menu subject to change.  
This institution is an equal opportunity provider.



**WE DO NOT SERVE PORK HERE.**

No servimos cerdo aqui.

Waxaan halkan kuma adeegi doofaarka.

Peb tsis pab nqaij npuas no.