



OCTOBER 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast:
Cereal
Applesauce Cup

5

Lunch:
Chicken Nuggets
Hashbrown Cubes
Mandarin Orange

Breakfast:
Chorizo Burrito
Buddy Fruits

6

Lunch:
Pepperoni Pizza
Baby Carrots
Peaches

Breakfast:
Muffin Top
Peach Cup

7

Lunch:
Grilled Cheese
Fresh Broccoli
Pears

Breakfast:
Breakfast Bread
Bagged Watermelon

8

Lunch:
Turkey Corn Dog
Carrots & Celery Sticks
Fresh Fruit

Breakfast:
Cereal
Whole Fruit

9

Lunch:
Cheeseburger Sliders
Mini Peppers
Fresh Fruit

12

13

14

15

16

FALL BREAK (NO SCHOOL)

Breakfast:
Cereal
Buddy Fruit

19

Lunch:
Chicken Tacos
Refried Beans
Peaches

Breakfast:
Breakfast on a Stick
Frozen Fruit Cup

20

Lunch:
Deep Dish Pizza
Green Beans
Pears

Breakfast:
Muffin
Applesauce

21

Lunch:
Peanut butter and Jelly
Snap Peas
Mixed Fruit

Breakfast:
Waffle
Banana

22

Lunch:
Cheeseburger
French Fries
Fresh Fruit

Breakfast:
Pancakes
Apple Slices

23

Lunch:
Chicken Smackers
Corn
Fresh Fruit

Breakfast:
Cereal
Mandarin Orange Cup

26

Lunch:
Pepperoni Pizza
Mini Peppers
Mixed Fruit

Breakfast:
Breakfast Sandwich
Buddy Fruits

27

Lunch:
Hot Dog
Baked Beans
Pineapple

Breakfast:
Breakfast Bread
Fresh Fruit Cup

28

Lunch:
Beef Rotini
Carrots & Celery
Applesauce

Breakfast:
Waffle
Mango Cup

29

Lunch:
Chicken Patty Sandwich
Sweet Potato Fries
Fresh Fruit

Breakfast:
Mini Pancakes
Apple slices

30

Lunch:
Peanut butter and Jelly
Red Potatoes
Fresh Fruit



SCAN ME

SCAN
FOR
ONLINE
MENU



CONNECT WITH US ON
SOCIAL MEDIA BY
SEARCHING "WESD
NUTRITION SERVICES".

DID YOU KNOW?
PUMPKINS ARE NOT
ACTUALLY VEGETABLES—
THEY ARE A TYPE OF FRUIT
AND BELONG TO THE SAME
PLANT FAMILY AS

**MENU SUBJECT TO CHANGE DUE
TO PRODUCT AVAILABILITY**