What Youth Are Saying About
VAPING & MENTAL HEALTH

PAYS 2025 Data

What is PAYS?

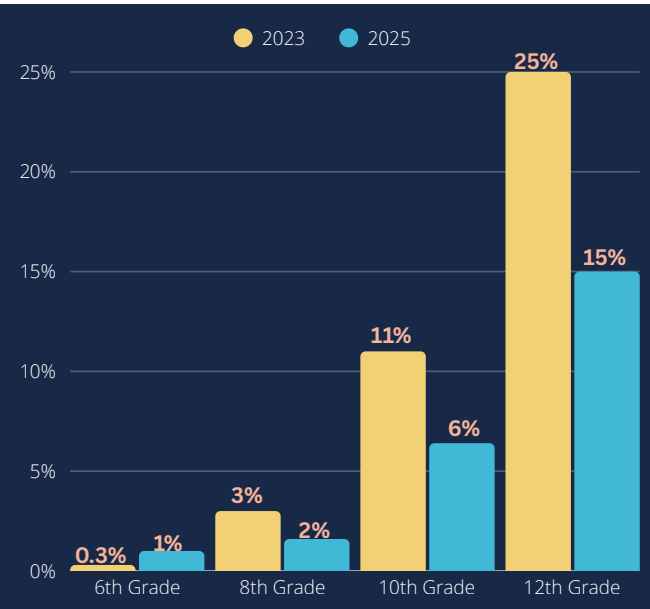
The Pennsylvania Youth Survey (PAYS) is a student survey administered in odd-numbered years (e.g. 2021, 2023, 2025) to youth in 6th, 8th, 10th, and 12th grades in participating schools throughout the state. The questions asked in the survey cover many types of attitudes, knowledge, behaviors, and experiences.

2025 DASD PAYS Participation

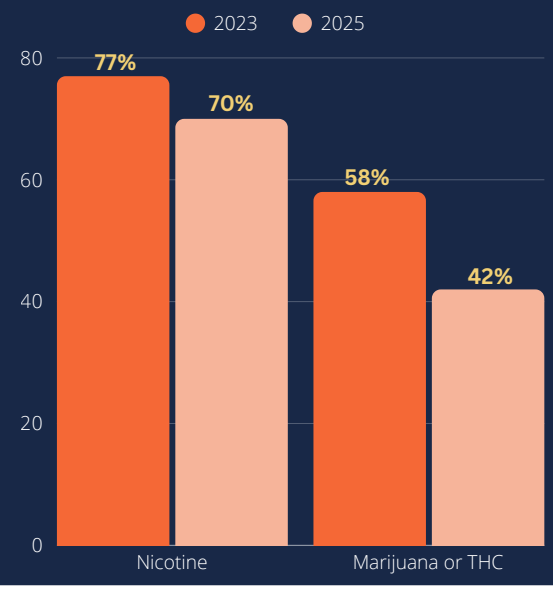
6th	924
8th	842
10th	798
12th	544

Total student participation:

3,108



The DASD lifetime use of using a vape/e-cigarette has overall decreased from 2023 to 2025.

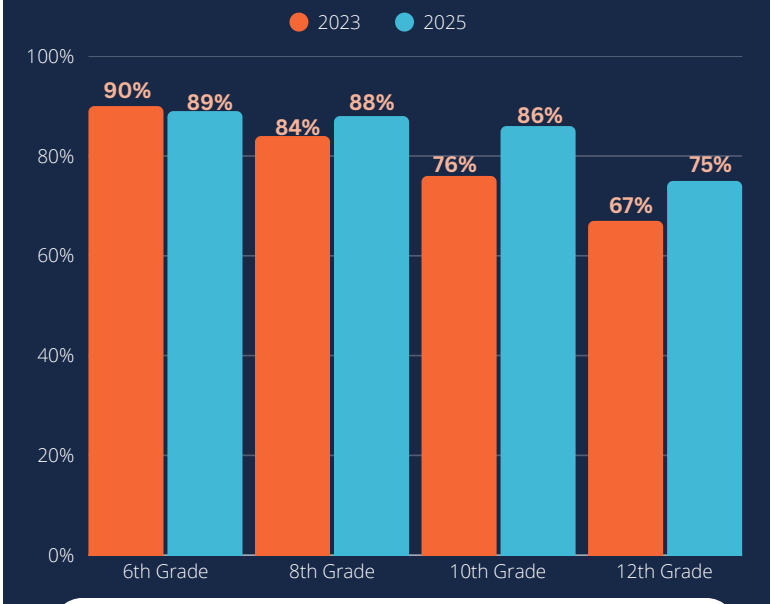


DASD youth reported a significant decrease in Nicotine and Marijuana/THC in their vapes/e-cigarettes.

91% of DASD students said that people are at a moderate or great risk of harming themselves if they use a vape or e-cigarette once or twice a day (compared to 88% in 2023).

88% of DASD students said that "friends feel it would be wrong or very wrong to use an electronic vapor product such as vape or e-cigarette" (compared to 81% in 2023).

Stress, anxiety, loneliness, and frustration are all emotions that can negatively impact student health when youth do not have the strategies and supports to cope effectively.



DASD students reported that in the past month, their overall mental health was good.

When feeling sad, lonely, or worried, DASD students reported that they talked to...

Parents/Caregivers: 46%

Friends: 43%

School Staff: 8%

75% of DASD students say that adults at their school stop bullying when they see/hear it or a student tells them about it (compared to 71% in 2023).

79% of DASD students say that they have not been bullied in the past 12 months (up 1% from 2023).

Of the DASD students that reported being bullied, 5% said it was online or on social media.

Learn more about youth vaping & mental health on our website (www.dtownctc.org - scan QR) & follow us on social media:

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CTC is funded in part by the Chester County Department of Drug & Alcohol Services.