



ECE LUNCH MENU

OCTOBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Turkey Corn Dog Protein Box	2 Beef & Cheese Taco* Grilled Cheese Sandwich ✓
5 BBQ Chicken Bites	6 Teriyaki Beef Rice Bowl* 🍷 Pupusa, Bean & Ch ✓	7 Burrito, Bean & Cheese ✓ H	8 Smashed Cheeseburger 🍷 Protein Box	9 Beef & Cheese Taco* Black Bean Burger 🍷 ✓
12 Beef & Cheese Taco* Pizza, Ch Galaxy ✓	13 Chicken Tenders w Mini Bun H Burrito, Bean & Cheese ✓ H	14 Homestyle Turkey Bowl 🍷 Black Bean Burger 🍷 ✓	15 Teriyaki Beef Rice Bowl* 🍷 Falafel Wrap 🍷 H ✓	16 Grilled Cheese Sandwich ✓
19 Chicken Tenders w Mini Bun H Burrito, Bean & Cheese ✓ H	20 Beef & Cheese Taco* Falafel Wrap 🍷 H ✓	21 Homestyle Turkey Bowl 🍷 Pizza, Ch Galaxy ✓	22 Smashed Cheeseburger 🍷 Black Bean Burger 🍷 ✓	23 Grilled Cheese Sandwich ✓
26 Chicken Quesadilla Falafel Wrap 🍷 H ✓	27 Teriyaki Beef Rice Bowl* 🍷 Pupusa, Bean & Ch ✓	28 Chicken Tenders w Mini Bun H Burrito, Bean & Cheese ✓ H	29 Smashed Cheeseburger 🍷 Protein Box	30 Beef & Cheese Taco* Black Bean Burger 🍷 ✓

✓ Vegetarian option 🍷 Fresh Prepped * Contains Beef

All meals are served with a fruit, vegetable and 1% low-fat milk. All grains offered are whole grain rich.

Menu subject to change based on product availability.

This institution is an equal opportunity provider