



Winter Lakes High School Lunch Menu October 2026

Mon.	Tue.	Wed.	Thu.	Fri.
			1 Chicken Strips Tuna Sandwich Vegetables and Fruit Milk	2
5 Pizza Sticks Cheeseburger Vegetables and Fruit Milk	6 Grilled Cheese Fish Sticks Vegetables and Fruit Milk	7 Chicken Noodle Soup Yogurt Basket Vegetables and Fruit Milk	8 Pizza Sub Sandwich Vegetables and Fruit Milk	9 No School Work Day
12 CornDog Turkey Cheese Melts Vegetables and Fruit Milk	13 Chicken Leg w/Roll Burrito Vegetables and Fruit Milk	14 Taco Wraps Yogurt Basket Vegetables and Fruit Milk	15 Mozz Sticks Sloppy joes Vegetables and Fruit Milk	16
19 Fajita Wraps Cheeseburger Vegetables and Fruit Milk	20 Pizza Sticks Sub Sandwich Vegetables and Fruit Milk	21 Chicken Alfredo Yogurt Basket Vegetables and Fruit Milk	22 BBQ Pork Sandwich Corndog Vegetables and Fruit Milk	23
26 Chicken Nuggets Mozz Sticks Vegetables and Fruit Milk	27 Fish Sticks Mac n Cheese Vegetables and Fruit Milk	28 Pork Rib w/ Potato's Yogurt Basket Vegetables and Fruit Milk	29 Taco Soup w/Chips PB&J Packs Vegetables and Fruit Milk	30

***Students must take THREE components (Grain, Protein, Fruit, Vegetable, Milk) *One item must be a Fruit or Veggie**

1% white milk & fat free milk offered, Fruit & veggies served with all meals. Menu subject to change based upon product availability.

This institution is an equal opportunity provider.

