

Lunch Menu

Plainview Old Bethpage Elementary School

October
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Cheesy Stuffed Bread Sticks 
With Marinara Sauce Dip
Or Crispy Popcorn Chicken
And Crispy Potato Puffs 
Fresh NY Local Apple

MEATLESS MONDAY

6 Meatball Hero Pizza Bagel  
With Green Beans
Garden Salad
Fresh Orange 

7 Whole Grain Pancakes with Sausage And Fresh Strawberries 
Or Crispy Popcorn Chicken
All With Sweet Potato Fries
Garden Salad

BRUNCH FOR LUNCH TODAY!

1 Nachos Grande 
Or Mozzarella Sticks 
Sauteed Corn & Black Bean Salsa
Garden Salad
Apple Slices

2 Classic Cheese Pizza 
 
Pepperoni Pizza  
Chicken Nuggets 
Whole Wheat Dinner Roll 
Roasted Broccoli
Garden Salad
Fresh Pear

18 
COLUMBUS DAY

13 Baked Chicken Tenders Pizza Bagel  
All With Buttered Corn
Garden Salad
Fresh Orange 

14 Whole Grain Waffles with Sausage And Fresh Blueberries
Or Crispy Popcorn Chicken
All With Sweet Potato Fries
Garden Salad

BRUNCH FOR LUNCH TODAY!

15 Nachos Grande 
Or Mozzarella Sticks 
Sauteed Corn & Black Bean Salsa
Garden Salad
Apple Slices

16 Classic Cheese Pizza 
 
Pepperoni Pizza  
Chicken Nuggets 
Whole Wheat Dinner Roll 
Roasted Broccoli
Garden Salad
Fresh Pear

19 Nachos with Cheese 

Or Crispy Popcorn Chicken
All With Crispy Potato Puffs 
Fresh NY Local Apple

MEATLESS MONDAY

20 Homemade Mac & Cheese  
Pizza Bagel  
Roasted Garlic Cauliflower
Fresh Orange 

HARVEST

21 Whole Grain Pancakes with Sausage And Fresh Strawberries 
Or Crispy Popcorn Chicken
All With Sweet Potato Fries
Garden Salad

IT'S STUDENT APPRECIATION DAY

22 Classic Tex Mex Burrito 
Or Mozzarella Sticks 
Black Beans
Garden Salad
Apple Slices

23 Classic Cheese Pizza 
 
Pepperoni Pizza  
Chicken Nuggets 
With Whole Wheat Dinner Roll 
All With Roasted Broccoli
Garden Salad
Fresh Pear

26 Mozzarella Sticks 
With Marinara Sauce Dip
Or Crispy Popcorn Chicken
All With Crispy Potato Puffs 
Garden Salad
Fresh NY Local Apple

MEATLESS MONDAY

27 General Tso's Chicken 
Pizza Bagel  
All With Steamed Carrots
Garden Salad
Fresh Orange 

28 Whole Grain Waffles with Sausage And Fresh Blueberries
Or Crispy Popcorn Chicken
All With Sweet Potato Fries
Garden Salad

BRUNCH FOR LUNCH TODAY!

29 Nachos Grande 
Or Mozzarella Sticks 
Sauteed Corn & Black Bean Salsa
Garden Salad
Apple Slices

30 Classic Cheese Pizza 
 
Pepperoni Pizza  
Chicken Nuggets 
With Whole Wheat Dinner Roll 
All With Roasted Broccoli
Caesar Salad  
Fresh Pear



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Meal prices

ALL MEALS ARE FREE
second lunches can be purchased for \$3.00
Gluten free/vegetarian options are available

For more information contact

General Manager-Megan McDonnell

at mmcdonnell@potholes.com Made With Natural Ingredients
516-434-3230

Available Daily: Popcorn Chicken (m-w-f), Grilled Cheese, Turkey or Ham Based Sandwiches, Not a Nut Sunbutter and Jelly Sandwiches, Bagel (butter or cream cheese) w/ Cheese Sticks, Yogurt Parfait or Garden Entrée Salad w/Cheese & Dinner Rolls
Daily Fruit & Veg Choices: Asstd. Fresh & 100% Fruit Juices. Fresh Carrots Sticks

Daily Milk Choice: 1% White, Fat Free White, Fat Free Chocolate.  Made With Organic Ingredients

