Breakfast Menu

Plainview Old Bethpage Elementary School

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Egg and Cheese Sandwich Round Granola Breakfast Bar 100% Juice Fruit Punch	2 Egg and Cheese Sandwich Or Mini French Toast 100% Apple Juice
5 Egg and Cheese Sandwich Or Homemade Muffins Fresh Red Delicious Apple	6 Egg and Cheese Sandwich Or Cinnamon Toast Crunch Cereal Bar Fresh Orange	7 Egg and Cheese Sandwich Or Homemade Muffins Fresh Pear	8 Egg and Cheese Sandwich Round Granola Breakfast Bar 100% Juice Fruit Punch	9 Egg and Cheese Sandwich Or Mini French Toast 100% Apple Juice
12 	13 Egg and Cheese Sandwich Or Cinnamon Toast Crunch Cereal Bar Fresh Orange	14 Egg and Cheese Sandwich Or Homemade Muffins Fresh Pear	15 Egg and Cheese Sandwich Round Granola Breakfast Bar 100% Juice Fruit Punch	16 Egg and Cheese Sandwich Or Mini French Toast 100% Apple Juice
19 Egg and Cheese Sandwich Or Homemade Muffins Fresh Red Delicious Apple	20 Egg and Cheese Sandwich Or Cinnamon Toast Crunch Cereal Bar Fresh Orange	21 Egg and Cheese Sandwich Or Homemade Muffins Fresh Pear	22 Egg and Cheese Sandwich Round Granola Breakfast Bar 100% Juice Fruit Punch	23 Mini French Toast Egg and Cheese Sandwich 100% Apple Juice
26 Egg and Cheese Sandwich Or Homemade Muffins Fresh Red Delicious Apple	27 Egg and Cheese Sandwich Or Cinnamon Toast Crunch Cereal Bar Fresh Orange	28 Egg and Cheese Sandwich Or Homemade Muffins Fresh Pear	29 Egg and Cheese Sandwich Round Granola Breakfast Bar 100% Juice Fruit Punch	30 Egg and Cheese Sandwich Or Mini French Toast 100% Apple Juice



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

ALL MEALS ARE FREE FOR QUESTIONS AND CONCERNS CONTACT:
MEGAN MCDONNELL
MMCDONNELL@POBSCHOOLS.ORG
OR NORTONM@WHITSONS.COM

AVAILABLE DAILY: 100% FRUIT JUICE, APPLES, ORANGES, PEARS, 1%WHITE, FAT FREE WHITE AND CHOCOLATE MILKS

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Vegetarian | Made With Natural Ingredients | Pork | Smart Choice | Made With Organic Ingredients

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.