

October 2026 Gluten Free Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1-Oct	2-Oct
			Egg and Cheese on a GF Bagel Apple Slices	Danimals Vanilla Yogurt Cup Cheese Stick Fresh Pear
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct
GF Bagel w/ Butter or Cream Cheese Fresh Apple	Egg and Cheese on a GF Bagel Apple Slices	GF Cereal Apple Cinnamon Cheerios Cheese Stick Orange	Veggie Egg Bites Apple Slices Crackers	Danimals Strawberry Yogurt Cup Cheese Stick Fresh Pear
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
	Egg and Cheese on a GF Bagel Apple Slices	GF Cereal Apple Cinnamon Cheerios Cheese Stick Orange	GF Bagel w/ Butter or Cream Cheese Fresh Apple	Danimals Vanilla Yogurt Cup Cheese Stick Fresh Pear
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct
GF Bagel w/ Butter or Cream Cheese Applesauce	Egg and Cheese on a GF Bagel Apple Slices	GF Cereal Apple Cinnamon Cheerios Cheese Stick Orange	Veggie Egg Bites Apple Slices Crackers	Danimals Strawberry Yogurt Cup Cheese Stick Fresh Pear
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct
GF Bagel w/ Butter or Cream Cheese Fresh Apple	Egg and Cheese on a GF Bagel Apple Slices	GF Cereal Apple Cinnamon Cheerios Cheese Stick Orange	GF Bagel w/ Butter or Cream Cheese Fresh Apple	Danimals Vanilla Yogurt Cup Cheese Stick Fresh Pear

Available Daily: GF Bagel w/Cheesesticks or Vanilla Yogurt Cup w/Fruit or Turkey & Cheese Roll

All Meals Served with Vegetables, Fruit and/or Juice, Fat Free, 1% or FF Chocolate Milk

