

October 2026

Iredell Statesville Schools

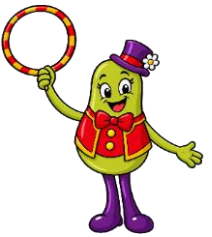
High School Lunch

Offered Daily: 1/2 pint Milk:

(~carb counts)

****Menu subject to change****

1% Unflavored (13), Chocolate FF (19) or Strawberry FF (19)

				
			Chef Salad (≈10) Cheese Pizza Wedge (29) Pork BBQ Sandwich(26) Chicken Pie with Roll (49) Mashed Potatoes (14) Green Beans (4) Pear Cup (19)	PBJ Sandwiches (66) Spicy Chicken Chunks with Roll (54) Corndog (30) Grilled Cheese Sandwich (32) Tomato Soup (18) with Crackers (10) Seasoned Potato Wedges (18) Strawberry Cup (21)
PBJ Sandwiches (66) Pepperoni Pizza Wedge (32) Chicken Chunks with Roll (45) Pork BBQ Sandwich(26) Tater Tots (14) Baby Carrots (6) Apple Cobbler (42)	PBJ Sandwiches (66) Hamburger (26) or Cheeseburger (28) Mozzarella Cheese Sticks (32) Roasted Chicken w/ Roll (33) Sweet Potato Fries (19) Baked Beans (30) Peach Cup (18)	Chef Salad (≈10) Cheese Pizza Wedge (29) Lasagna w/ Breadstick (52) Chicken Tenders with Breadstick (39) Garden Salad (5) Crispy Fries (19) Applesauce Cup (14)	Chef Salad (≈10) Chicken Filet Sandwich (39) Beefy Nachos (30) French Bread Pizza (28) Lettuce/Tomato (3) Sweet Yellow Corn (16) Fruit Cup (≈18)	PBJ Sandwiches (66) Spicy Chicken Sandwich (44) Pizza Crunchers (41) Hot Dog w/ or w/o Chili (30) Potato Emoticons (19) Creamy Cole Slaw (6) Fruit Ice Cup (22)
		PBJ Sandwiches (66) Pepperoni Pizza Wedge (32) Pork BBQ Rib Sub (35) Spicy Chicken Sandwich (44) Potato Emoticons (19) Green Beans (4) Strawberry Cup (21)	PBJ Sandwiches (66) Hamburger (26) or Cheeseburger (28) Grilled Cheese Sandwich (32) Chicken w/ Waffles (51) Tater Tots (14) Yams (35) Applesauce Cup (14)	PBJ Sandwiches (66) Cheese Pizza Wedge (29) Corndog Nuggets (30) Chicken Filet Sandwich (39) Crispy Fries (19) Black Eye Peas (20) Fruit Cup (≈18)
PBJ Sandwiches (66) Cheesy Dipping Sticks (28) Hot Dog w/ or w/o Chili (30) Spicy Chicken Chunks with Roll (54) Sweet Yellow Corn (16) Baked Beans (30) Pear Cup (19)	PBJ Sandwiches (66) Hamburger (26) or Cheeseburger (28) Fiestada Pizza (30) Chicken Tender with Roll (46) Sweet Potato Fries (19) Broccoli with Cheese (4) Peach Cup (18)	Chef Salad (≈10) Cheese Pizza Wedge (29) Mac & Cheese with Roll (64) Pork BBQ Sandwich(26) Tater Tots (14) Creamy Cole Slaw (6) Fruit Ice Cup (22)	Chef Salad (≈10) Spicy Chicken Sandwich (44) Beefy Nachos (30) Pizza Crunchers (41) Crispy Fries (19) Lettuce/Tomato (3) Baked Apples (24)	PBJ Sandwiches (66) Pepperoni Pizza Wedge (32) Mozzarella Cheese Sticks (32) Chicken Chunks with Roll (45) Potato Emoticons (19) Baby Carrots (6) Fruit Cup (≈18)
PBJ Sandwiches (66) Pizza Crunchers (41) Chicken Filet Sandwich (39) Mandarin Chicken with Rice (98) Glazed Carrots (10) Broccoli with Cheese (4) Applesauce Cup (14)	PBJ Sandwiches (66) Pepperoni Pizza Wedge (32) Beefy Nachos (30) Cheesy Dipping Sticks (28) Pinto Beans (19) Tater Tots (14) Mixed Fruit Cup (19)	Chef Salad (≈10) Chicken Tenders with Roll (46) Meatball Sub (33) Fish Sandwich with Cheese (44) Crispy Fries (19) Lettuce/Tomato/Pickle (3) Fruit Cup (≈18)	Chef Salad (≈10) Cheese Pizza Wedge (29) Pork BBQ Sandwich(26) Chicken Pie with Roll (49) Mashed Potatoes (14) Green Beans (4) Pear Cup (19)	PBJ Sandwiches (66) Spicy Chicken Chunks with Roll (54) Corndog (30) Grilled Cheese Sandwich (32) Tomato Soup (18) with Crackers (10) Seasoned Potato Wedges (18) Strawberry Cup (21)

Carbohydrate counts for fresh fruit vary widely (5–26) depending on the selection. For exact carbohydrate information, please contact the cafeteria manager.



Fresh Fruit is Offered Daily



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