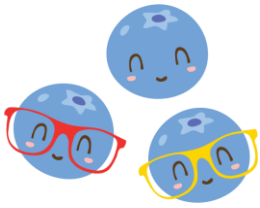
LANOKA HARBOR BREAKFAST MENU

# October 2026



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | 1<br>Chocolate Chip French Toast | 2<br>Blueberry Muffin |
| 5<br>Mini Cinnamon Cream Cheese Filled Bagels | 6<br>Breakfast Pizza | 7<br>Banana Muffin | 8<br>French Toast Sticks with Syrup | 9<br>Breakfast Banana Split |
| 12<br>SCHOOLS CLOSED | 13<br>Breakfast Pizza | 14<br>Egg & Cheese Croissant | 15<br>Mini French Toast Bites | 16<br>Strawberries & Cream Overnight Oats Cup |
| 19<br>Blueberry Muffin | 20<br>Breakfast Pizza | 21<br>Mini Strawberry Cream Cheese Filled Bagels | 22<br>French Toast Sticks with Syrup | 23<br>Dutch Waffle |
| 26<br>Mini Maple Pancakes | 27<br>Breakfast Pizza | 28<br>Egg, Sausage & Cheese Maple Flatbread | 29<br>Mini French Toast Bites | 30<br>Banana Muffin |

**MAKE IT A MEAL!**
Choose at least 3 of 4 meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

**Breakfast Prices**

| | |
|---|---|
| Student | $1.85 |
| Adult | $2.50 |

**Available Daily**
Assorted Cereal
Fresh Fruit
100% Fruit Juice

**Fruit Selection**
Assorted Fresh and cupped Fruit. Featured Fruit: Polar Pears
Students may choose two ½ cup servings.

**Milk Selection**
1% white milk, FF Chocolate & FF Strawberry

**Your Dining Services Team**
Jim Greene
Food Service Director
609-971-2020 Ext:2046
james.greene@metzcorp.com

https://schoolpaymentportal.com/Default.aspx

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz