

Lunch Menu

Fairfield Elementary Schools

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



NATIONAL
FARM TO
SCHOOL
MONTH
OCTOBER

5 Homemade Mac & Cheese
Or
Chicken and Waffles
Fresh Apple
Steamed Peas

6 Walking Taco
With Brown Rice
Salsa
And Lettuce Topping
Or
Chicken and Waffles
100% Grape Juice
Kidney Beans

7 French Toast
With Homemade
Caramelized Apples
Or
Chicken and Waffles
Fresh Banana
Fresh Baby Carrots

8 Meatball Hero
freshly baked meatballs
mixed in a rich tomato
sauce inside a soft roll
topped with melted
mozzarella
Or Chicken Nuggets
With Whole Wheat
Dinner Roll
100% Apple Juice
Sweet Corn

9 Classic Cheese Pizza
Or Pepperoni Pizza
Or
Chicken Nuggets
With Whole Wheat
Dinner Roll
Fresh Banana
Fresh Baby Carrots

CT Grown for CT Kids Week - featuring Lettuce and Apples from our CT Farms

12 Veggie Bean Quesadilla
hand crafted cheesy
quesadilla, stuffed with
black beans, onions and
sauteed peppers
Or Cheesy Stuffed Bread
Sticks
With Tomato Sauce Dip
Fresh Orange
Fresh Baby Carrots

13 Cheese Steak
Sandwich
Or
Cheesy Stuffed Bread
Sticks
With Tomato Sauce Dip
100% Grape Juice
Sweet Corn
Side Salad

14 Pasta with Meat Sauce
Or
Cheesy Stuffed Bread
Sticks
With Tomato Sauce Dip
Fresh Apple
Grape Tomatoes

15 Chicken Corn Dog
With Cole Slaw
Or
Cheesy Stuffed Bread
Sticks
With Tomato Sauce Dip
100% Apple Juice
Sauteed Spinach

16 Classic Cheese Pizza
Or Bacon Pizza
Or
Cheesy Stuffed Bread
Sticks
With Tomato Sauce Dip
Fresh Banana
Kidney Beans

National School Lunch Week

19 Grilled Cheese
Sandwich Meltdown Café
golden toasted bread with
melted gooey cheese
pressed and prepared in-
house
Or
Crispy Popcorn Chicken
With Brown Rice
Fresh Apple
Broccoli Bites

20 Nachos Grande
Or
Crispy Popcorn Chicken
With Brown Rice
100% Grape Juice
Kidney Beans

21 Fluffy Whole Grain
Waffles
With Crispy Turkey
Sausage Links
Or
Crispy Popcorn Chicken
With Brown Rice
Fresh Orange
Grape Tomatoes

22 Crispy Chicken
Drumstick
With Pretzel
And Honey Mustard
Dressing
Or
Crispy Popcorn Chicken
With Brown Rice
100% Apple Juice
Sweet Corn

23 Classic Cheese Pizza
Or Pepper and Onion
Pizza
Or
Crispy Popcorn Chicken
With Brown Rice
Fresh Melon Cup
Fresh Baby Carrots

26 Veggie Burger
Or
Mozzarella Sticks
With Tomato Sauce Dip
Fresh Orange
Steamed Spinach

27 Baked Chicken Tenders
With Yellow Rice
Or
Mozzarella Sticks
With Tomato Sauce Dip
100% Grape Juice
Fresh Baby Carrots
Side Salad

28 Classic Beef Burger
Or Cheeseburger
Or
Mozzarella Sticks
With Tomato Sauce Dip
Fresh Banana
Kidney Beans

29 Yard Bird Classic
Chicken Sandwich
Or
Mozzarella Sticks
With Tomato Sauce Dip
100% Apple Juice
Steamed Peas

30 Classic Cheese Pizza
Or Meatball Pizza
Or Mozzarella Sticks
With Tomato Sauce Dip
Fresh Apple
Grape Tomatoes
Orange and Cream
Sidekick

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



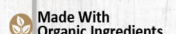
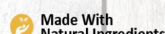
LUNCH PRICES:

Lunch-\$3.60 Reduced-Free

Second Entree-\$3.50

Second Full Meal-\$5.50

Milk-\$0.75



DAILY ALTERNATE LUNCHES:

VEGAN/GLUTEN FREE: Enchilada Chili
Veggaboll (Bean Chili served with Rice and Tortilla
Chips)

Caesar Salad with Grilled Chicken

Bagel Lunch (Bagel, Yogurt, String Cheese, Cream

