

October 2026 Elementary - Middle Breakfast Menu



All Breakfast items are whole grain.

Offered Daily: 1 % & skim milk, and fresh fruit

Breakfast is free for all students.

Offered Daily: (MS/HS): Assorted Cereal

Bowls, Assorted Muffins, Breakfast

Rounds, Benefit Bars, and Bagels with
Cream Cheese

*Menu subject to change



monday

tuesday

wednesday

thursday

friday

28 Cinnamon Raisin Bagel Chocolate Chip muffin Apples and Pears	29 Chicken Sausage Pancake Bites Banana Chocolate Nature Valley Round Served with Oranges and Juice	30 Apple Frudel All Day Energy Platter Strawberries & Clementines	1 Egg and Cheese Croissant Blueberry Breakfast Bread Fresh Fruit Cup & Juice	2 Mixed Berry Yogurt Parfait with Granola Bagel with Cream Cheese Apples and Bananas
5 Strawberry Pancake Puffs Blueberry Muffin Apples and Pears	6 Ham and Cheese Croissant Apple Cinnamon Nature Valley Round Served with Oranges and Juice	7 Strawberry Banana Smoothie and Goldfish cracker All Day Energy Platter Strawberries and Clementines	8 Blueberry Snack'n Waffles Breakfast Bread Served with Fresh Fruit Cup & Juice	9 Warm Cinnamon Bun Bagel with cream cheese Apples & Bananas
12 Indigenous People's Days	13 French Toast Sticks Banana Chocolate Nature Valley Round Oranges and Juice	14 Chocolate Filled Crescent All Day Energy Platter Strawberries and Clementines	15 Sausage Breakfast Sandwich Breakfast Bread Fresh Fruit Cup & Juice	16 Yogurt Parfait with French Toast Bites Bagel with cream cheese Apples and Bananas
19 Strawberry Cream Cheese Bagel Blueberry Breakfast Bread Apples and Pears	22 Strawberry Pancake Puffs Apple Cinnamon Nature Valley Round Oranges and Juice	23 Powdered Sugar Donut All Day Energy Platter Strawberries & Clementines	24 Sausage, Egg, and Cheese Wake Up Wrap Breakfast Bread Fresh Fruit Cup & Juice	25 Warm Cinnamon Bun Bagel with cream cheese Apples and Bananas
26 Cherry Frudel Chocolate Chip Muffin Apples and Pears	27 Cheese Bosco Breadstick Banana Chocolate Nature Valley Round Served with Oranges and Juice	28 Strawberry Cream Cheese Bagel All Day Energy Platter Strawberries & Clementines	29 Pancake on a Stick Breakfast Bread Fresh Fruit Cup & Juice	30 Egg and Cheese Wake up Wrap Bagel with cream cheese Apples and Bananas