

HIGH SCHOOL LUNCH MENU



Valley Center School District

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		Meal Price \$3.45 October Total \$69.00	1 Chicken Drummies Mashed Potatoes, Gravy, Baked Beans, Broccoli, Wheat Roll, Fruit Cocktail, Milk	2  Pizza Tossed Salad, Breadstick, Sweet Peppers, Frozen Treat, Milk
5 Steak Fingers Mashed Potatoes, Gravy, Roll, Green Beans, Carrots, Peaches, Milk 	6 Mac & Cheese Smokies, Broccoli, Carrots, Cookie, Orange, Milk	7 Fajita Chicken Salad Mexican Beans, Steamed Corn, Diced Tomato, cheese, Tortilla Chips, Pineapple, Churro, Milk	8 Biscuit & Gravy Scrambled Eggs, Sausage Link, Tri Taters, Juice Blend, Mandarin Oranges, Milk 	9 BBQ Pork Sandwich French Fries, Baked Beans, Zucchini Slices, Apple, Milk 
12 Grilled Cheese Chicken Noodle Soup, Broccoli, Chips, Peppers, Gelatin, Milk	13 Chicken Nuggets Mashed Potatoes, Gravy, Green Beans, Roll, Cinnamon Apples, Milk	14 Corn Dog Baked Beans, Chips, Cucumber Slices, Carrots, Frozen Treat, Milk	15 Professional Development No school	16 Comp Day No School 
19 Chili Corn Chips, Broccoli, Cinnamon Roll, Pineapple, Milk 	20 Chicken Tenders Mashed Potatoes, Gravy, Steamed Carrots, Wheat Roll, Tropical Fruit, Milk	21 Tater Tot Casserole Steamed Peas & Carrots, Cookie, Cucumbers, Banana, Milk	22 French Toast Sticks Scrambled Eggs, Sausage, Tri Taters, Juice Blend, Orange, Milk	23  Pizza Tossed Salad, Breadstick, Sweet Peppers, Apple, Milk
26 Popcorn Chicken Mashed Potatoes, Gravy, Steamed Carrots, Tropical Fruit, Wheat Roll, Milk	27 Waffle Sandwich w/sausage Scrambled Eggs, Tri Taters, Juice Blend, Peaches, Milk	28 Nachos w/meat Mexican Beans, Lettuce, Tomato, Cheese, Fresh Broccoli, Banana, Cookie, Milk	29 Crispito-chicken/cheese Spanish Rice, Frito Salad, Carrots, Orange, Milk 	30 Sloppy Joes Baked Beans, Carrots, Peppers, Chips, Frozen Treat, Milk

• Menu Subject to Change Without Notice

• This Institution is an Equal Opportunity Provider