



Menu Subject to Change

Connellsville Area School District

Middle School Lunch Menu

Grades 6-8

October 2026



**Breakfast available
Daily**

**Student Breakfast &
Lunch Free**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		Additional Fruit and/or Vegetable choices offered daily may include:  Seasonal Fresh Fruit Fresh Vegetables Chilled Canned Fruit 100% Fruit Juice Garden Salad Daily Lunch includes choice of entrée, fruits, vegetables grain/bread and milk. <i>Student must select a minimum of 3 out of the 5 items offered for a reimbursable meal. One item must be a Fruit or Vegetable</i> Choice of Non-Fat White Milk, 1% & Flavored Milk available daily with all meals Choice of Assorted Fruits with all meals. Adult Breakfast \$3.25 Adult Lunch \$5.25
<u>Pepperoni & Cheese Calzone</u>	28	<u>Falcon Chipotle Bowl</u>	29	<u>Salisbury Steak</u>	30	<u>Popcorn Chicken Bowl</u>	1	<u>Smokehouse Cheddar Burger w/Fried Onions</u>	2	
Marinara Sauce Steamed Carrot Coins Seasoned Potato Wedges Jello Cup		w/Tortilla Wrap Lime & Cilantro Rice Queso Cheese Sauce California Blend Veggies		w/Dinner Roll Mashed Potatoes & Gravy Corn Italian Icee Cup		Popcorn Chicken Mashed Potatoes & Gravy Corn Homemade Roll		Seasoned Curly Fries Baby Carrots w/Ranch		
<u>Sweet N Sour Chicken</u>	5	<u>Taco Tuesday</u>	6	<u>Penne Alfredo</u>	7	<u>Chicken Tenders</u>	8	<u>Deep Dish Pizza</u>	9	
Stir Fry Vegetables WG Rice Dinner Roll		Hard Shell Taco w/Taco Meat, Cheese & Toppings Salsa Rice Mixed Vegetables		w/ or without Chicken Garlic Breadstick Steamed Broccoli		Mashed Potatoes & Gravy Green Beans Homemade Roll		Curly Fries Steamed Carrot Coins Italian Icee Cup		
<u>Mini Pancakes</u>	12	<u>Walking Taco</u>	13	<u>BBQ Pork Sandwich w/Pickles</u>	14	<u>Popcorn Chicken Bowl</u>	15	<u>Schoolmade Pizza Specialty: White Pizza</u>	16	
w/Syrup Sausage Patties Hash Browns 100% Fruit Juice		Taco Beef/Cheese & Toppings Tortilla Chip Bag Tater Tots Churro		Seasoned Curly Fries Side Salad		Popcorn Chicken Mashed Potatoes & Gravy Corn Homemade Roll		Seasoned Curly Fries Side Salad		
<u>General Tso Chicken</u>	19	<u>Grilled Cheese Sandwich</u>	20	<u>Pasta w/Meat Balls</u>	21	<u>Chicken & Gravy over Biscuits</u>	22	<u>Buffalo Chicken Pizza</u>	23	
Steamed Broccoli WG Rice Egg Roll		Tomato Soup Tater Tots Sweet Peas		Garlic Breadstick Green Beans Side Salad Jello Cup		Mashed Potatoes & Gravy Corn WG Cookie		Seasoned Curly Fries Side Salad Jello Cup		
<u>"Nashville Hot"</u>	26	<u>Falcon Chili Bowl</u>	27	<u>Pierogies!!</u>	28	<u>Popcorn Chicken Bowl</u>	29	<u>Meatball Hoagie w/Cheese</u>	30	
Chicken Nuggets Dinner Roll Broccoli Oven Baked Fries		w/Toppings Corn Bread Tater Tots Mixed Vegetables		Cheese Stick Cabbage & Noodles Steamed Carrots Dinner Roll		Popcorn Chicken Mashed Potatoes & Gravy Corn Homemade Roll		Side Salad Seasoned Curly Fries Icee Fruit Sorbet Haloween Treat!		



Seasonal Fall Foods

Apples & Pears - These fruits are full of Fiber and Vitamins

Winter Squash - Butternut & Acorn Squash provide Vitamins A & C to Support your Immune System

Kale and Chard /Dark Leafy Greens - Help you with digestion and overall health

Beets & Sweet Potatoes - Offer great antioxidants and essential nutrients



Alternate Daily Entrées

PB&J, Yogurt Parfaits, Grilled Chicken Salad, Chef Salad
Crispy Chicken Filet Sandwich /Cheeseburger etc.

Now Hiring - Substitute Cafeteria Workers - Call Food Service Office @ 72 628 - 3300 Ext 1316-1317

Connellsville Area School District is an equal opportunity employer & provider

BREAKFAST

Daily Breakfast includes choice of entrée, fruits, 100% Juice Option and/or vegetables and milk. Student must select a minimum of 3 items for a reimbursable meal.

Hot: Breakfast Pizza
Alternate Hot Entrée &
Cold: Assorted Grab & Go

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9/14/2026