FPS Lunch Menu Oct 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BLT Wrap Chips Strawberry Cup Milk	2 Cheeseburger Fries Celery & Carrots Oranges
5 Mac & Cheese Roll Peaches Milk	6 Beef Nachos Fiesta Beans Pineapples Milk	7 Turkey & Cheese Sandwich Chips Pears Milk	8 Chicken Alfredo Broccoli WG roll Grapes Milk	9 NO SCHOOL
12 NO SCHOOL	13 Chipotle Chicken Bowl Rice Corn Milk	14 Spaghetti W Meat Sauce Salad WG Roll Strawberry Milk	15 Spicy/Non Spicy Chicken Wrap Curly Fries Sliced Apples Milk	16 BBQ Meatballs Fries Blueberries
19 Chili Cheese Hot Dog Baked beans Strawberry slushie Milk	20 Cheese Enchilada Rice Mango Milk	21 Bean & Cheese Burrito Chips Blueberries Milk	22 Chicken & Cheese Crispitos Broccoli Grapes Milk	23 Country Fried Steak w Gravy Scalloped Potatoes Roasted Zucchini Oranges Milk
26 Philly Cheese Steak Sandwich (Provolone) Peppers & Onions Apple Milk	27 Beef Tacos Beans Corn Orange slices Milk	28 Chow Mein Noodles Popcorn Chicken Peaches Milk	29 Pizza Salad Bar Fruit Slush Milk	30 Chicken Nuggets Mac & Cheese Mangos

Lunch is FREE
For All Children Every Day
Daily Choice

Yogurt Box

Fruit & Veggie Bar
sides with all lunch choices
Romaine Lettuce
Carrots
Celery
Cucumbers
Cherry Tomatoes
Sweet Bell Peppers
Fresh Apple, Orange, Pear
100% Fruit Juice
Choice of Milk

Condiments
Ketchup, Mayo, Mustard
BBQ, Ranch

Students must select half cup fruit or vegetable to make a complete meal.

Adult lunch $6.50

Menu subject to change & seasonal availability. Questions? Call Chef Zeke Potter, Food Service Director, 269-722-3363