



Breakfast Menu

Monday - Breakfast Pizza
 Tuesday - Waffles with Syrup
 Wednesday - Eagle Breakfast Sandwich
 Thursday - French Toast Tornado
 Friday - Blueberry Muffin / Cheese Stick or Yogurt
 Low Fat Milk, Fruit Juice and Fruit

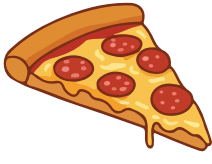
Salad Menu

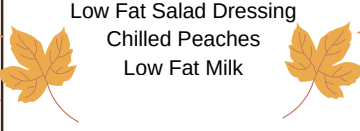
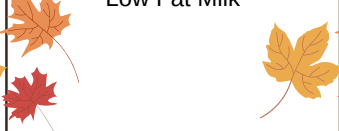
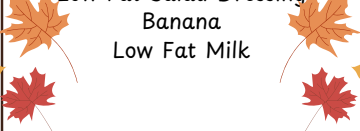
Monday - Ham and Cheese Chef Salad
 Tuesday - Classic Caprese Salad
 Wednesday - Harvest Chicken and Apple Salad
 Thursday - Sticks and Stuff
 Friday - Cobb Salad
 All Salads made fresh daily!

Sandwich Menu

Monday-Ham and Cheese
 Tuesday -Bologna and Cheese
 Wednesday-Turkey and Cheese
 Thursday-Chicken Caesar Wrap
 Friday-Chicken Pesto Wrap
 Peanut Butter, Jelly and Egg Salad Sandwich offered Daily.

All Sandwiches made fresh daily by Cafeteria Staff.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>♥ = Made from scratch with love!</p>	<p>hello FALL</p> 	<p>All Meals for all students are served at NO Charge!</p> 	<p>Build Your Own Burger Bacon Cheeseburger on a Wheat Roll or Buffalo Chicken Wrap ♥Eagle Sauce, Pickles Lettuce, Tomato/Onion Baked Beans Baked French Fries Tossed Salad Low Fat Salad Dressing Banana Low Fat Milk</p> 	<p>Stuffed Crust Pepperoni, Cheese or Cook's Choice ♥Tweety's Fruity Broccoli Salad Zucchini Tossed Salad Low Fat Salad Dressing Chilled Mixed Fruit Low Fat Milk</p> 
<p>Sweet and Sour Chicken ♥Savory Rice BBQ Pork Rice Bowl Egg Rolls Green Beans BBQ Sauce Golden Sauce ♥Pineapple Coleslaw Tossed Salad Low Fat Salad Dressing Chilled Applesauce Low Fat Milk</p> 	<p>Macho Nacho or Poutine with Beef Gravy and Mozzarella Cheese Seasoned Beef Shredded Lettuce Diced Tomato/Pickle Onions Cheddar Cheese/Salsa Roasted Street Corn Tossed Salad Low Fat Salad Dressing Chilled Peaches Low Fat Milk</p> 	<p>Italian Pasta Feast ♥Three Cheese Baked Rigatoni or Chicken Alfredo over Rigatoni Carrots Garlic Rolls Tossed Salad Low Fat Salad Dressing Chilled Pears Low Fat Milk</p> 	<p>Dress your own Hotdog Hot Dog on a Wheat Roll or Buffalo Chicken Wrap ♥Michigan Sauce Ketchup, Mustard, Relish, Diced Onion Tator Tots Baked Beans Tossed Salad Low Fat Salad Dressing Banana Low Fat Milk</p> 	<p>Stuffed Crust Pizza Pepperoni, Cheese Cook's Choice ♥Frito Cowboy Coleslaw Steamed Broccoli Tossed Salad Low Fat Salad Dressing Chilled Mixed Fruit Low Fat Milk</p> 

Monday	Tuesday	Wednesday	Thursday	Friday
<div>12</div> <div> <p>No School Enjoy your Day!</p> </div>	<div>13</div> <div> <p>Baked Soft Pretzel with Cheese Sauce or Poutine with Beef Gravy and Mozzarella Cheese Roasted Street Corn Tossed Salad Low Fat Salad Dressing Chilled Peaches Low Fat Milk</p> </div>	<div>14</div> <div> <p><u>Italian Pasta Feast</u> Breaded Mozzarella Sticks with Penne and Marinara Sauce Chicken Alfredo over Penne Carrots Garlic Roll Tossed Salad Low Fat Salad Dressing Chilled Pears Low Fat Milk</p>  </div>	<div>15</div> <div> <p><u>Build Your Own Burger</u> Bacon Cheeseburger on a Wheat Roll Hot Honey Chicken and Cheddar on a Croissant ♥Eagle Sauce, Pickles Lettuce, Tomato/Onion Baked Beans Baked French Fries Tossed Salad Low Fat Salad Dressing Banana Low Fat Milk</p>   </div>	<div>16</div> <div> <p><u>Stuffed Crust Pizza</u> Pepperoni, Cheese Cook's Choice ♥Italian Tortellini with Vegetables Steamed Broccoli Tossed Salad Low Fat Salad Dressing Chilled Mixed Fruit Low Fat Milk</p>  </div>
<div>19</div> <div> <p>Chicken Nuggets or BBQ Pork Rice Bowl ♥Savory Rice Green Beans BBQ Sauce Golden Sauce ♥Pineapple Coleslaw Tossed Salad Low Fat Salad Dressing Chilled Applesauce Low Fat Milk</p>  </div>	<div>20</div> <div> <p>Brunch for Lunch French Toast with Syrup Baked Ham Poutine with Beef Gravy and Mozzarella Cheese Roasted Potatoes Cherry Tomatoes and Cucumbers Tossed Salad Low Fat Salad Dressing Chilled Peaches Low Fat Milk</p> </div>	<div>21</div> <div> <p><u>Italian Pasta Feast</u> Cheeseburger Pasta Bake or Meatball Subs Carrots Tossed Salad Low Fat Salad Dressing Chilled Pears Low Fat Milk</p>  </div>	<div>22</div> <div> <p><u>Dress your own Hotdog</u> Hot Dog on a Wheat Roll or Buffalo Chicken Wrap ♥Michigan Sauce Ketchup, Mustard, Relish, Diced Onion Tator Tots Baked Beans Tossed Salad Low Fat Salad Dressing Banana Low Fat Milk</p>   </div>	<div>23</div> <div> <p><u>Stuffed Crust Pizza</u> Pepperoni, Cheese Cook's Choice ♥Zesty Pasta Salad Steamed Broccoli Tossed Salad Low Fat Salad Dressing Chilled Mixed Fruit Low Fat Milk</p>  </div>
<div>26</div> <div> <p>Chicken Strips BBQ Pork Rice Bowl ♥Loaded Lo Mein Dumplings Green Beans BBQ Suace Golden Sauce ♥Pineapple Coleslaw Tossed Salad Low Fat Salad Dressing Chilled Applesauce Low Fat Milk</p>  </div>	<div>27</div> <div> <p><u>Taco Bar</u> or Poutine with Beef Gravy and Mozzarella Cheese Soft or Crunchy Shells Seasoned Beef Shredded Lettuce Diced Tomato Cheddar Cheese/Salsa Roasted Sweet Corn Tossed Salad Low Fat Salad Dressing Chilled Peaches Low Fat Milk</p>  </div>	<div>28</div> <div> <p><u>Italian Pasta Feast</u> ♥Three Cheese Baked Rigatoni or Chicken Alfredo over Rigatoni Carrots Garlic Rolls Tossed Salad Low Fat Salad Dressing Chilled Pears Low Fat Milk</p>  </div>	<div>29</div> <div> <p><u>Build Your Own Burger</u> Cheeseburger on a Wheat Roll Hot Honey Chicken and Cheddar on a Croissant ♥Eagle Sauce, Pickles Lettuce, Tomato/Onion Baked Beans Baked French Fries Tossed Salad Low Fat Salad Dressing Banana Low Fat Milk</p>  </div>	<div>30</div> <div> <p><u>Stuffed Crust Pizza</u> Pepperoni, Cheese Cook's Choice ♥Caprese Pesto Pasta Salad Steamed Broccoli Tossed Salad Low Fat Salad Dressing Chilled Mixed Fruit Low Fat Milk</p>  </div>

Soup Menu

- ♥ Soups are made from scratch daily!
- Monday - Beef, Macaroni and Tomato
- Tuesday - Chicken and Rice Soup
- Wednesday - Loaded Baked Potato Soup
- Thursday - Beef Chili
- Friday - Cook's Choice

Students must take three components to make a reimbursable meal!

Parfait Menu

- Monday - Berry, Berry Fruit Parfait
- Tuesday - Strawberry, Blueberry Parfait
- Wednesday - Strawberry, Banana Parfait
- Thursday - Banana Split Parfait
- Friday - Berry, Berry Fruit Parfait
- All parfaits served with ♥Granola

