

# T.E.S. Lunch **October** 2026

| Monday                                                                                                                                               | Tuesday                                                                                                                                                                                  | Wednesday                                                                               | Thursday                                                                                                                                                                               | Friday                                                                                    |
|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
|                                                                     |                                                                                                         |       | 1<br>Straw Hats<br>Fritos<br>Carrot Sticks<br>Fruit & Milk<br>                                      | 2<br>Chicken Nuggets<br>Shoestring Fries<br>Cucumber<br>Goldfish Crackers<br>Fruit & Milk |
| 5<br>Chili w/Fritos<br>String Cheese<br>Carrot Sticks<br>Ice Cream Cup<br>Fruit & Milk                                                               | 6<br>Pizza<br>Salad & Tomato<br>Cookie<br>Fruit & Milk<br>                                              | 7<br>Chicken Quesadilla<br>Refried Beans & Churro<br>Broccoli<br>Fruit & Milk<br>Salsa  | 8<br>Max Sticks<br>Marinara Sauce<br>Cucumber<br>Fruit & Milk                                                                                                                          | 9<br>Mandarin Chicken<br>Rice<br>Broccoli Slaw<br>Fruit & Milk                            |
| 12<br>Pizza<br>Salad & Tomato<br>Cookie<br>Fruit & Milk                                                                                              | 13<br>Chicken McHighland<br>Tater Tots<br>Slice Tomato<br>Carrot Sticks<br>Fruit & Milk                                                                                                  | 14<br>Corn Dog<br>Shoestring Fries<br>Cucumber<br>Fruit & Milk                          | 15<br>Chicken Nuggets<br>Mashed Potatoes<br>Snap Peas<br>Fruit & Milk<br>                           | 16<br>Turkey Sandwich<br>Sun Chips<br>Pork & Beans<br>Broccoli<br>Fruit & Milk            |
| 19<br>Max Sticks<br>Marinara Sauce<br>Broccoli<br>Fruit & Milk<br> | 20<br>Pizza<br>Salad & Tomato<br>Cookie<br>Fruit & Milk                                                                                                                                  | 21<br>Chili w/Fritos<br>String Cheese<br>Carrot Sticks<br>Ice Cream Cup<br>Fruit & Milk | 22<br>Baked Chicken<br>Mashed Potatoes & Gravy<br>Roll with Butter<br>Cucumber<br>Fruit & Milk<br> | 23<br>Nachos<br>Refried Beans<br>Carrot Sticks<br>Fruit & Milk                            |
| 27<br>Sunbutter Sandwich<br>Ranch Doritos<br>Fruit Cup & Carrots<br>Milk<br>Ranch                                                                    | 28<br><b>Intercession</b><br>Sunbutter Sandwich<br>Graham<br>Fruit Cup & Carrots<br>Milk<br>Ranch<br> | 29<br>Sunbutter Sandwich<br>Ranch Doritos<br>Fruit Cup & Carrots<br>Milk<br>Ranch       | 30<br><b>Week</b><br>Sunbutter Sandwich<br>Graham<br>Fruit Cup & Carrots<br>Milk<br>Ranch                                                                                              | 31<br>Sunbutter Sandwich<br>Ranch Doritos<br>Fruit Cup & Carrots<br>Milk<br>Ranch         |

Always 1% regular or non fat chocolate, Silk (lactose Free) regular or chocolate milk provided with lunch.

Fresh and canned fruit always served with lunch.

Highland School District is an equal opportunity provider.