

Highland Middle School Lunch **October** 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Straw Hats Fritos Broccoli Slaw Carrots Fruit & Milk	2 Chicken Nuggets Shoestring Fries Cucumber Goldfish Cracker Fruit & Milk
5 Chili & Fritos Cheese, Broccoli Cucumber & Carrots Ice Cream Cup Fruit & Milk	6 Pepperoni Ripper Salad & Tomato Broccoli & Cookie Fruit & Milk	7 Chicken Quesadilla Refried Beans Churro, Broccoli Peppers, Cucumber Fruit & Milk	8 Max Stick Marinara Sauce Salad Cucumber Fruit & Milk 	9 Mandarin Chicken Rice, Snap Peas Broccoli Slaw Cucumber Fruit & Milk
12 Pepperoni Ripper Salad & Tomato Broccoli & Cookie Fruit & Milk 	13 Chicken McHighland Tater Tots Salad, Carrots Tomato, Shred Lettuce Fruit & Milk	14 Corn Dog Shoestring Fries Carrots & Broccoli Fruit & Milk	15 Chicken Nuggets Mashed Potatoes Cucumber Goldfish Cracker Fruit & Milk 	16 Turkey Sandwich Sun Chips Tomato, Broccoli Pork & Beans Fruit & Milk
19 Max Stick Marinara Sauce Salad Cucumber Fruit & Milk	20 Pepperoni Ripper Salad & Tomato Broccoli & Cookie Fruit & Milk 	21 Chili & Fritos Cheese, Broccoli Cucumber & Carrots Ice Cream Cup Fruit & Milk	22 Chicken Drum Stick Mashed Potatoes Gravy & Roll Carrots, Cucumber Fruit & Milk	23 Nachos Refried Beans Cucumber Mini Peppers Fruit & Milk
26 Sunbutter Sandwich Ranch Doritos Fruit Cup Baby Carrots Ranch Cup & Milk 	27 Sunbutter Sandwich Graham Fruit Cup Baby Carrots Ranch Cup & Milk	28 Sunbutter Sandwich Ranch Doritos Fruit Cup Baby Carrots Ranch Cup & Milk	29 Sunbutter Sandwich Graham Fruit Cup Baby Carrots Ranch Cup & Milk 	30 Sunbutter Sandwich Ranch Doritos Fruit Cup Baby Carrots Ranch Cup & Milk

Always 1% white or non fat chocolate milk and Silk (lactose free) white or chocolate milk provided.

Fresh and Canned fruit always served with Lunch.

Highland schools are an equal opportunity provider.