



# EMS OCTOBER LUNCH MENU

| MONDAY                                                                                                                                                         | TUESDAY                                                                                                                                      | WEDNESDAY                                                                                                                                         | THURSDAY                                                                                                                                                    | FRIDAY                                                                                                               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                |                                                                                                                                              |                                                                                                                                                   | <b>1</b><br>Chicken Tenders W/Roll<br>Pizza<br>Hamburger<br>Corn dog<br>Seasoned Corn<br>Salad bar<br>Tropical Fruit<br>Fresh Fruit<br>Milk                 | <b>2</b><br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Broccoli<br>Salad bar<br>Apple Sauce<br>Milk  |
| <b>5</b><br>Popcorn Chicken<br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Steamed Broccoli<br>Salad bar<br>Mandarin Oranges<br>Milk            | <b>6</b><br>Max Cheese Sticks<br>W/ Marinara Sauce<br>Pizza<br>Hamburger<br>Corndog<br>Carrots<br>Salad bar<br>Pineapple Fresh Fruit<br>Milk | <b>7</b><br>Chicken Nuggets W/ Roll<br>Pizza<br>Mashed Potatoes W/<br>Gravy<br>Salad bar<br>Peaches<br>Milk                                       | <b>8</b><br>Macaroni & Cheese<br>W/ Little Smokies<br>Pizza<br>Hamburger<br>Corn dog<br>Seasoned Corn<br>Salad bar<br>Tropical Fruit<br>Fresh Fruit<br>Milk | <b>9</b><br><div style="text-align: center;"> <b>NO</b><br/> <b>SCHOOL</b> </div>                                    |
| <b>12</b><br>French Toast Sticks<br>w/Sausage<br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Tri Tater<br>Salad bar<br>Mandarin Oranges<br>Milk | <b>13</b><br>Beef Ravioli<br>Pizza<br>Hamburger<br>Corndog<br>Salad bar<br>Pineapple Fresh<br>Fruit<br>Milk                                  | <b>14</b><br>Cheeseburger<br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Potato Wedges<br>Salad bar<br>Peaches<br>Milk             | <b>15</b><br><div style="text-align: center;"> <b>NO</b><br/> <b>SCHOOL</b> </div>                                                                          | <b>16</b><br><div style="text-align: center;"> <b>NO</b><br/> <b>SCHOOL</b> </div>                                   |
| <b>19</b><br>Italian Meatballs<br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Green Beans<br>Salad bar<br>Mandarin Oranges<br>Milk              | <b>20</b><br>Spicy Chicken Patty Sandwich<br>Pizza<br>Hamburger<br>Corndog<br>Mix Veggies<br>Salad bar<br>Pineapple Fresh Fruit<br>Milk      | <b>21</b><br>BBQ Pulled Pork Sandwich<br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Potato Wedges<br>Salad bar<br>Peaches<br>Milk | <b>22</b><br>Sriracha Chicken W/ Roll<br>Pizza<br>Hamburger<br>Corn dog<br>Carrots<br>Salad bar<br>Tropical Fruit<br>Fresh Fruit<br>Milk                    | <b>23</b><br>Crisпитos<br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Broccoli<br>Apple Sauce<br>Milk |
| <b>26</b><br>WG Drumstick w/Roll<br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Green Beans<br>Salad bar<br>Mandarin Oranges<br>Milk            | <b>27</b><br>WG Pancakes<br>Sausage<br>Pizza<br>Hamburger<br>Corndog<br>Salad bar<br>Tri Tater<br>Pineapple Fresh Fruit<br>Milk              | <b>28</b><br>BBQ Meatball<br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Broccoli<br>Salad bar<br>Peaches<br>Milk                  | <b>29</b><br>Burrito W Cheese Sauce<br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Green Beans<br>Salad bar<br>Mandarin Oranges<br>Milk      | <b>30</b><br>Pizza<br>Sub Sandwich<br>Reg. Chicken<br>Patty Sandwich<br>Broccoli<br>Salad bar<br>Apple Sauce<br>Milk |