



NSLP K-8 A la Carte

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
Turkey & Cheddar Cheese Sandwich • Southwest Chicken Salad w/Breadstick	Chipotle Chicken Wrap • A La Carte, Garden Salad	BBQ Chicken Sandwich • Chicken Caesar Salad w/ breadstick • WG Vegetarian Caesar Wrap	Ranch Chicken Wrap • Southwest Chicken Salad w/Breadstick • WG Sunbutter & Jelly Sandwich w/ String Cheese	WG Turkey Swiss Sandwich • Chicken Caesar Salad w/ breadstick
Steamed Carrots • Celery Orange Slices	Squash Medley Applesauce	Baby Carrots • Roasted Potatoes Pear Slices	Corn • Seasoned Black Beans Pineapple	Broccoli • Italian Chickpea Salad Fruit Salad
5	6	7	8	9
Turkey & Cheddar Cheese Sandwich • Southwest Chicken Salad w/Breadstick	Chipotle Chicken Wrap • A La Carte, Garden Salad	BBQ Chicken Sandwich • Chicken Caesar Salad w/ breadstick • WG Vegetarian Caesar Wrap	Ranch Chicken Wrap • Southwest Chicken Salad w/Breadstick • WG Sunbutter & Jelly Sandwich w/ String Cheese	WG Turkey Swiss Sandwich • Chicken Caesar Salad w/ breadstick
Corn • Pickle Chips Orange Slices	Carrot Coins • Celery Applesauce	Broccoli • Red Pepper Strips Pear Slices	Black Beans • Green Cabbage Pineapple	Baby Carrots • Peas & Carrots Cantaloupe
12	13	14	15	16
Turkey & Cheddar Cheese Sandwich • Southwest Chicken Salad w/Breadstick	Chipotle Chicken Wrap • A La Carte, Garden Salad	BBQ Chicken Sandwich • Chicken Caesar Salad w/ breadstick • WG Vegetarian Caesar Wrap	Ranch Chicken Wrap • Southwest Chicken Salad w/Breadstick • WG Sunbutter & Jelly Sandwich w/ String Cheese	WG Turkey Swiss Sandwich • Chicken Caesar Salad w/ breadstick
Celery • Green Beans Applesauce	Steamed Carrots • Green Pepper Pear Slices	Black Beans • Corn Apple Slices	Broccoli • Baby Carrots Cantaloupe	Roasted Potatoes • Cucumber Fruit Salad
19	20	21	22	23
Turkey & Cheddar Cheese Sandwich • Southwest Chicken Salad w/Breadstick	Chipotle Chicken Wrap • A La Carte, Garden Salad	BBQ Chicken Sandwich • Chicken Caesar Salad w/ breadstick • WG Vegetarian Caesar Wrap	Ranch Chicken Wrap • Southwest Chicken Salad w/Breadstick • WG Sunbutter & Jelly Sandwich w/ String Cheese	WG Turkey Swiss Sandwich • Chicken Caesar Salad w/ breadstick
Steamed Carrots • Celery Applesauce	Three Bean Salad • Green Beans Apple Slices	Broccoli Pear Slices	Roasted Potatoes • Cucumber Slices Pear Slices	Mild Hot Sauce • Lemon Pineapple
26	27	28	29	30
Turkey & Cheddar Cheese Sandwich • Southwest Chicken Salad w/Breadstick	Chipotle Chicken Wrap • A La Carte, Garden Salad	BBQ Chicken Sandwich • Chicken Caesar Salad w/ breadstick • WG Vegetarian Caesar Wrap	Ranch Chicken Wrap • Southwest Chicken Salad w/Breadstick • WG Sunbutter & Jelly Sandwich w/ String Cheese	WG Turkey Swiss Sandwich • Chicken Caesar Salad w/ breadstick
Steamed Carrots • Celery Orange Slices	Squash Medley Applesauce	Baby Carrots • Roasted Potatoes Pear Slices	Corn • Seasoned Black Beans Pineapple	Broccoli • Italian Chickpea Salad Fruit Salad