

**LINCOLN PUBLIC SCHOOLS
HEALTH & WELLNESS COMMITTEE
MEETING AGENDA**

Meeting Date: September 30, 2026
Meeting Time: 8:00 AM
Meeting Location: Lincoln High School Media Center

1. Welcome and Introductions
 - a. Student Groups
2. Review Annual Health and Wellness Report to School Committee
3. Review Goals and Action Steps for 2026-27
 - a. Family Engagement
 - i. School Improvement Plans
 - ii. Review the 1st quarter checklist
 - b. School Nutrition - Advisory Board
 - i. Action planning for the year
 - c. Mental Health Awareness
 - i. Wellness Spotlight
 - ii. Staff and family learning opportunities
 - a. SBMH Grant
 - iii. Middle school grant
 - d. Food Waste Recycling
4. RIHSC Breakfast
 - a. October 21, 2026 - Crowne Plaza, Warwick - 7:00 am – 10:00 am
5. 2026 – 2027 Meeting Dates
 - a. December 2, 2026
 - b. February 3, 2027
 - c. May 2027 - TBD
6. Adjourn

Posted: September 23, 2026