



Middle School Lunch Menu

OCTOBER 2026



October Information:

- **Farm to School Month!** Locally grown produce featured every Tuesday!
- **October 9th: Schools Closed**
- **October 12-16th: National School Lunch Week!**
- **October 28th: Passport to Global Flavors!**



Available Daily

Assorted Salads, Subs, & Wraps
Grilled Cheese & Cheese Sandwich
Sun Butter & Jelly Sandwich
Assorted Grab & Go Bags
Fruit & Yogurt Parfaits
Hummus Platter

Daily Fruits & Veggies

Assorted Fresh Fruit
Assorted Dried Fruit
Fresh Veggie Bag
Carroteenies
Assorted Hummus

Sandwich Schedule

Monday - Bologna & Cheese
Tuesday - Italian Hoagie
Wednesday - Tuna/Egg Salad
Thursday - Turkey Ham & Cheese
Friday - Turkey & Cheese

Milk Options

1% White Milk
Fat Free White Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk

Passport To Global Flavors

Taste European Root Vegetable Slaw on Oct 28th!



Cabbage mixed with shredded root vegetables native to Europe such as carrots and beets are mixed with a sweet, tangy dressing in this bright, flavorful slaw

Monday October 5

Entrée

Buffalo Chicken Dip
Tostitos Corn Chips

Fruit & Vegetable

Crunchy Celery
Strawberry Slices

Tuesday October 6

Entrée

Homemade Beef a Roni
Homemade Breadstick

Fruit & Vegetable

Kale & Apple Salad
Juicy Peaches
100% Fruit Juice

**Penn Farm Spaghetti
Squash Bake**

Wednesday October 7

Entrée

Chicken Tenders
Whole Grain Dinner Roll

Fruit & Vegetable

Mashed Potatoes
Homemade Gravy
Chilled Apple Sauce

Thursday October 8

Entrée

Assorted Pats Pizza
Ranch Packet

Fruit & Vegetable

Fresh Carroteenies
Assorted Fruit Ice

Thursday October 1

Entrée

Chicken Sausage
Patties
French Toast Sticks

Fruit & Vegetable

Oven Baked Tater Tots
Fresh Orange Slices
100% Fruit Juice

Friday October 2

Entrée

Chicken Nuggets
Homemade Pasta Salad

Fruit & Vegetable

Baked Sweet Potatoes
Juicy Peaches

Friday October 9

**NO
SCHOOL**



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Monday October 12

Entrée

100% Beef Hot Dog
OR Corn Dog

Fruit & Vegetable

Crispy Baked Fries
Chilled Apple Sauce

Tuesday October 13

Entrée

Sweet Heat BBQ Pulled
Chicken Sandwich

Fruit & Vegetable

**Penn Farm Spiced
Candy Roaster Squash**

Mandarin Oranges
100% Fruit Juice

Homemade Cookie!

Wednesday October 14

Entrée

Assorted Pats Pizza
Ranch Packet

Fruit & Vegetable

Side Caesar Salad
Assorted Fruit Ice

Thursday October 15

Entrée

Doritos Walking Taco
w/Beef Taco Meat

Fruit & Vegetable

Steamed Corn
Cool Pears
100% Fruit Juice

Friday October 16

Entrée

Bone in Chicken Wings
Homemade Dinner Roll

Fruit & Vegetable

Warm Baked Beans
Juicy Peaches

Monday October 19

Entrée

Cheesy MAX sticks
Marinara Sauce

Fruit & Vegetable

Side Garden Salad w/
Italian Dressing
Cool Pears

Tuesday October 20

Entrée

Cheeseburger on
Whole Grain Bun

Fruit & Vegetable

**Penn Farm Roasted
Delicata Squash**

Chilled Apple Sauce
100% Fruit Juice

Wednesday October 21

Entrée

Colonial Fil'A Nuggets
Cheez its

Fruit & Vegetable

Waffle Fries
Juicy Peaches

Thursday October 22

Entrée

General Tso's Chicken
Veggie Fried Rice

Fruit & Vegetable

Steamed Broccoli
Juicy Pineapple
100% Fruit Juice

Friday October 23

Entrée

Assorted Pats Pizza
Ranch Packet

Fruit & Vegetable

Fresh Carroteenies
Assorted Fruit Ice

Monday October 26

Entrée

Chicken Patty
on Whole Grain Bun

Fruit & Vegetable

Broccoli & Cheese
Chilled Apple Sauce

Tuesday October 27

Entrée

Beef Nachos w/Beef
Taco Meat
Brown Rice

Fruit & Vegetable

**Penn Farm Cider Glazed
Butternut Squash**

Juicy Peaches
100% Fruit Juice

Wednesday October 28

Entrée

Assorted Pats Pizza
Ranch Packet

Fruit & Vegetable

Side Caesar Salad
Assorted Fruit Ice

**P2GF: European Root
Vegetable Slaw**

Thursday October 29

Entrée

Chicken Sausage Patties
French Toast Sticks

Fruit & Vegetable

Oven Baked Tater Tots
Fresh Orange Slices
100% Fruit Juice

Friday October 30

Entrée

Chicken Nuggets
Cheddar Goldfish

Fruit & Vegetable

Steamed Corn
Cool Pears

Meal Prices

All Colonial students eat
lunch at no cost

Student 2nd lunch: \$3.00

Adult Lunch: \$5.25

Adult Lunch Entrée: \$3.75



Check out our website at
www.colonialschooldistrict.org.
Click on parents & students link &
select lunch menus & nutrition. All
schools in Colonial School district
participate in the Community
Eligibility Provision which means the
first meal for daily breakfast and
lunch is provided at no charge to all
students. For convenience, students,
teachers and staff who wish to
purchase lunch meals and snacks
should have an active School Café
account and have money preloaded
on the account. To set-up an account
or make payments to an existing
account, please visit
www.schoolcafe.com.

Menu Subject to Change. This Institution is an Equal Opportunity Provider.